



**Date:** \_\_\_\_\_  
**Series:** God Saves and Protects Us  
Summer Year 1, Lesson 8

# Cain and Abel

**Take Home Point:** \*GOD SEES OUR SIN, BUT...  
*God loves us no matter what.*

\*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (*CAPS*). The children respond with the second part of the phrase (*italics*).

**Bible Event:** Genesis 4:1-16, 25

**We will help children know:**

- The Bible Event of Cain and Abel.
- Even after Cain killed Abel, God loved him and protected him.
- Even after we sin, God still loves us and protects us through his Son Jesus' death on the cross.

**We will help the children feel:**



- Repentant for their sins.
- Reassured that, because of Jesus, they are forgiven.
- Eager to turn from sin and to righteousness.

**We will help the children do:**

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event.
- Craft: Broken Heart Picture
- Snack: Healthy Heart Snack
- Game: Balloon Heart Pop Up
- Teach Albie the Take Home Point: GOD SEES OUR SIN, BUT...*God loves us no matter what.*
- Sing and Pray.

Kingdom Quest Year 1 - Lesson 8 - 1

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Large Group Opening</b> 	3  5	Puppet Presentation  Bible Event	<i>Puppet Presentation:</i> <ul style="list-style-type: none"> <li>Bubba puppet holding a cup containing a 4" piece of brown yarn or string</li> <li>Bible</li> </ul> <i>Bible Event:</i> <ul style="list-style-type: none"> <li>Bible</li> <li>easel and two clips or clothes pins</li> <li>Mystery Box containing: <ul style="list-style-type: none"> <li>farmer prop (gardening trowel)</li> <li>shepherd prop (shepherd's staff)</li> <li>red heart on white cardstock</li> <li>white cardstock heart on white paper</li> <li>black crayon</li> </ul> </li> </ul>
<b>Small Group Application</b> 	8 9 10 11	Activity 1: Craft-Broken Heart Picture Activity 2: Snack-Healthy Heart Snack Activity 3: Game-Balloon Heart Pop Up Prayer Time	<i>Activity 1: Craft</i> <ul style="list-style-type: none"> <li>Copy Appendix A on red paper, one per child. Cut out and cut in half on line</li> <li>Copy Appendix B (with cross) on white cardstock, one per child</li> <li>tape</li> <li>crayons or markers</li> </ul> <i>Activity 2: Snack</i> <ul style="list-style-type: none"> <li>napkins, cups, water or juice</li> <li>circle cereal</li> <li>raisins</li> <li>marker</li> </ul> <i>Activity 3: Game</i> <ul style="list-style-type: none"> <li>inflated heart shaped balloon or balloon with heart drawn on with permanent marker</li> <li>black washable marker</li> <li>wet wipe with cross drawn on with permanent marker</li> </ul>
<b>Large Group Wrap-up</b>	13 13	Singing (Optional) Lesson Review with Puppet Skit	<ul style="list-style-type: none"> <li>your choice of music</li> <li>Albie puppet</li> <li>Example of craft</li> <li>Example of snack</li> </ul>

## Pre-Session Singing (10 minutes)

**Purpose:** When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.

## Large Group Opening (15 minutes)



**Purpose:** The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.

## Puppet Presentation

*Supplies: Bubba puppet holding a cup containing a piece of 4" brown yarn or string; Presenter holds a Bible*

**Presenter:** Boys and girls, let's call Bubba. (Children call "Bubba".)

Bubba: (With head hung down he says sadly) Hi everyone.

**Presenter:** Bubba, what's the problem and why are you holding a cup?

Bubba: Look what is in my cup.

**Presenter:** (Peeks in and screams) Aaack!

Bubba: That is exactly what my mom said.

**Presenter:** I guess I just wasn't prepared to see a worm in a cup. Why is it in there?

Bubba: It's my pet worm, Wormy. Judy gave our mom a bunch of stinky flowers and mom hugged her, kissed her and said, "What a sweet thing to do!"

**Presenter:** Moms do like flowers Bubba.

Bubba: I wanted my mom to like me too so I tried to give her my pet worm. She did not say, "What a sweet thing to do!", she just screamed. I love Wormy and I thought my mom would too.

**Presenter:** It must have made you feel really bad when your mother screamed.

Bubba: I did feel bad, but mostly I was mad.

**Presenter:** I'm confused. Why would you be mad?

Bubba: I am mad at Judy because mom loves her more. So I hit Judy. Mom made me sit in time out. Judy will probably plan a sneak attack and hit me back. It just isn't fair!

**Presenter:** Bubba, your problem reminds me of today's Bible event about two brothers, Cain and Abel.

Bubba: Did one of them give their mother a worm?

**Presenter: No. Abel gave a gift to God and God liked it a lot. When Cain tried to give a gift to God, God didn't like it as much.**

Bubba: Why not?

**Presenter: God saw that Cain's heart was not very thankful. Cain was really mad because God didn't like his gift as much as his brother's.**

Bubba: Did Cain hit Abel?

**Presenter: You will have to listen to the Bible event to find out what happened. You do need to understand that your mother still loves you and she won't let Judy hit you back.**

Bubba: That's good.

**Presenter: Would you like to learn more about this Bible event?**

Bubba: Yes I would.

**Presenter: First, let's practice the take home point. I'll say the first part and you say the second part.**

Bubba: OK

**Presenter: \*GOD SEES OUR SIN, BUT...now you say, "God loves us no matter what."**

Bubba: God loves us no matter what.

**Presenter: Do you think you can teach the boys and girls?**

Bubba: Sure.

**Presenter: OK everybody, \*GOD SEES OUR SIN, BUT...**

Bubba: (and everyone): God loves us no matter what.

**Presenter: One more time. \*GOD SEES OUR SIN, BUT...**

Bubba: (and everyone): God loves us no matter what.

**Presenter: Wonderful. Say "goodbye" Bubba.**

Bubba: Bye everyone!

## **Bible Event:** Mystery Box

*Supplies: Bible; easel; two clips or clothes pins; Mystery Box containing a farmer's prop such as a gardening trowel; shepherd prop such as a shepherd's staff; red heart on white cardstock; white cardstock heart on white paper; black crayon*

Presenter holds the Bible

**This is God's word, the Bible. It tells us the truth. Remember last week how we learned about Adam and Eve? They were the first people God made. Even though they lived in a perfect garden, they disobeyed God and God made them leave the garden. Later they had two sons and named them Cain and Abel.**

**Cain and Abel grew up to be very different from one another. Cain was a farmer who grew crops. Show farmer's prop.**

**Abel was a shepherd who took care of flocks of animals. Show shepherd's prop.**

**But that wasn't the only way Cain and Abel were different from one another. Take out the red heart picture. Fix it to easel.**

**Abel's heart was filled with love for the Lord, just like this red heart reminds us of love. But look at Cain's heart. Take out white heart picture and fix it to easel.**

**Cain's heart wasn't filled with God's love. It was empty. Because it was empty, it had room for something very ugly to grow in it. And that is exactly what happened.**

**One day, Abel, who loved the Lord, gave one of his animals as a sacrifice to God. God knew Abel's heart and knew the sacrifice was given with love, and it pleased him. Cain also gave a sacrifice. He was a farmer, so he gave some of his crops to God. But God knew Cain's heart was not filled with love. God was not pleased with Cain's sacrifice. Remember, Cain's heart was empty. It was not filled with love.**

Take out a black crayon and scribble in the white heart.

**So now something ugly filled his empty heart. Cain's heart was filled with selfishness. His heart was filled with anger. His heart was filled with hatred. He didn't just want to hit his brother, he wanted to kill him.**

**God loved Cain and warned him about sinning. "Cain," God said, "if you do what is right, I will accept you. But if you do not do what is**

right, sin is waiting to take over your life.” What do you think happened? Cain did not listen to God’s love. Instead, he listened to the hate in his heart. Cain invited Abel to a field where he attacked him and Abel died. Cain sinned terribly. Show the farmer’s prop striking as a weapon.

God knew what had happened. He saw it. God came to Cain and asked, “Where is your brother?” Cain said, “I don’t know. Am I supposed to take care of my brother?” God then told Cain, “I saw what you did. You hurt your brother, Abel, and he died. You must be punished. You can no longer be a farmer here. Instead, you must wander the earth with no place to call home.” Cain was frightened and said, “The punishment is too great.” He continued, “People will see me and kill me.”

God still loved him even though Cain did terrible sin. God said, “I will protect you. No one will hurt you.” God put a mark on Cain’s head and said, “Whoever hurts Cain, will be punished even greater!” So no one tried to hurt Cain. Isn’t that something? God saw Cain’s sin, but God still loved him. Later, God showed love to Adam and Eve by giving them another son named Seth. Seth loved God as much as Abel.

We all sin. Maybe we haven’t done a sin as big as killing someone. But God hates all sin, even little ones. We sin when we hit a brother, yell at a sister, refuse to share with a friend, or disobey a parent. Will God still love us and protect us? Of course he will.

In fact, he loved us so much he sent his Son Jesus to take our punishment so we will be forgiven. Jesus died on the cross to take our punishment. Remember how God put a mark on Cain? God takes his finger and makes an imaginary mark on our foreheads. It’s the mark of the cross. That means, because of Jesus, our sins are forgiven and we know God loves us.

Boys and girls, let’s practice the take home point together. I will say the first part and you repeat the last part. **\*GOD SEES OUR SIN, BUT ...God loves us no matter what.**

Let’s fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
In Jesus’ name.  
Amen.

**Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**GOD loves US no MAT-ter WHAT.**

**YES he DOES. YES he DOES.**

**GOD loves US no MAT-ter WHAT.**

**GOD loves U-s.**

# Small Group Application (30 minutes)



**Purpose:** Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.

## Activity 1: Craft “Broken Heart Picture”

**Supplies:** Copies of Appendix A on red paper, one per child, cut out and cut in half on dotted line; copy Appendix B (with cross) on white cardstock, one per child; crayons or markers; tape

Boys and girls, today we are going to decorate a broken heart picture.

First, you can color the heart on white paper that says, “God still loves us.” Now I will help you tape the two halves of the other heart over the white heart so it opens in the middle.

Read the outside heart then open the heart and read the inside heart.

When we sin, it is like our hearts are closed. But Jesus died so we can be forgiven and our sinful hearts can be healed. I wonder what sins we do that we should ask God to forgive?



Review the Bible Event.

**How were Cain and Abel different from one another?** (Cain was a farmer, Abel a shepherd. Abel’s heart was filled with love; Cain’s heart was empty.)

**Let’s practice the take home point. \*GOD SEES OUR SIN, BUT...God loves us no matter what.**

**Let’s fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.**



Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

### **Song:**

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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YES he DOES. YES he DOES.  
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GOD loves U-s.

## **Activity 2: Snack "Healthy Heart Snack"**

*Supplies: napkins, cups, water or juice; circle cereal; raisins; marker*

**\*\*\*CAUTION:** *Be aware of food allergies children may have, before you give them anything to eat.*

Before class, draw a heart on the napkins.

Before we eat our snack, let's fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.



Boys and girls, today we are going to eat a snack that looks like a heart and is good for your heart. I will give you some cereal and I want you to put in on the lines on your napkin. When your heart is finished, I will put some raisins in it and you can eat this healthy snack.

Because we, too, are sinners, it is like our hearts are sick. God makes our hearts healthy by loving us and by sending Jesus to rescue us, even when we sin. Jesus rescued us by dying on the cross and taking our punishment so our sins can be forgiven.

Review the Bible event.

**What did Cain do? Why?** *(He killed Abel because he was jealous that God accepted Abel's sacrifice and not his.)*

Let's practice the take home point. **\*GOD SEES OUR SIN, BUT...God loves us no matter what.**

### **Song:**

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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YES he DOES. YES he DOES.  
GOD loves US no MAT-ter WHAT.  
GOD loves U-s.**

### **Activity 3: Game "Balloon Heart Pop Up"**

*Supplies: inflated balloon with heart drawn on with permanent marker (or heart-shaped balloon); black washable marker; wet wipe with cross drawn on with permanent marker*

**Boys and girls, today we are going to try to keep the balloon in the air and not let it hit the ground.**

Begin with them standing in a circle, being free to move around. After they have done this successfully, hold the balloon and say,

**This balloon reminds us of offering our love to God. This is like Abel who offered him a sacrifice. A sacrifice is a way of giving something to God, saying, "I love you." We give our hearts to God when we tell him that we love him and want to do things for him and want to serve him by helping others.**

Let them continue the game. When the balloon hits the ground, take a water-based marker and scribble on it. Say: **There are times when we don't show God's love, when we sin. It's just like marking the balloon with this marker.**

Next, have the kids on their knees continuing the pop up game. Now when the balloon hits the floor; scribble some more on it with the marker. Say: **These marks indicate times we've been mean or when we've hurt others.**

At the close, gather the children in a circle and have them look at the balloon.

**Sometimes our heart can be filled with sin. How do we get rid of it? The Bible says that God sees our sin, but he still loves us. God gave us a way to remove our sins. Who knows what that is? Show the wet wipe with the cross marked on it.**

**The cross reminds us of what Jesus did to take away our sins. Let's see what happens when we rub this over the marks. *Marks come off.***

Review the Bible event.

**Even though God loved Cain, what punishment did he receive for killing his brother?** *(He told Cain that he could no longer farm and would roam the land away from God, but that God would keep others from killing him.)*

**Let's practice the take home point. \*GOD SEES OUR SIN, BUT...God loves us no matter what.**

**Let's fold our hands and pray. Repeat after me.**

Dear God,  
We love you.  
Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

### **Song:**

**Let's sing our song of the week.** *(To the tune of London Bridge)*  
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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YES he DOES. YES he DOES.  
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## **Prayer Time**

**How does God show us that he still loves us?** *(He sent Jesus to die on the cross to take the punishment for our sins. Now we are forgiven.)*

Ask children for prayer requests and pray as a group for child's request.

**Let's practice the take home point. \*GOD SEES OUR SIN, BUT...God loves us no matter what.**

**Let's fold our hands and pray. Repeat after me.**

Dear God,  
We love you.  
Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
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Amen.

**Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

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**YES he DOES. YES he DOES.**

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**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

# Large Group Wrap-Up (10 minutes)



**Purpose:** *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

**Singing:** (Optional, two or three songs, as time allows)

*Supplies: Albie the puppet, sample of today's craft and snack.*

## Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

**Presenter:** We want to welcome all our guests today and thank them for coming. (If you give guests a gift for coming, do it now.)

**Presenter:** Albie, look at the craft the children made today. It is a Broken Heart Picture. The children are going to teach you our take home point. Listen carefully.

**Presenter:** (says to kids):

**\*GOD SEES OUR SIN, BUT...**

Kids say:

...God loves us no matter what.

**Presenter:** (says to Albie):

**\*GOD SEES OUR SIN, BUT...**

Albie says:

*You broke my heart! (sobs)*



**Presenter:** Albie, look at the snack we ate. It is a Healthy Heart Snack. Now listen carefully to the take home point.

**Presenter:** (says to kids):

**\*GOD SEES OUR SIN, BUT...**

Kids say:

...God loves us no matter what.

**Presenter:** (says to Albie):

**\*GOD SEES OUR SIN, BUT...**

Albie says:

*Raisins look like dried up grapes!*

**Presenter:** Albie, today we played a game called Balloon Heart Pop Up. Now, please listen closely to the take home point.

**Presenter:** (says to kids):

**\*GOD SEES OUR SIN, BUT...**

Kids say:

...God loves us no matter what.

**Presenter:** (says to Albie):

**\*GOD SEES OUR SIN, BUT...**

Albie says:

*Someday I am going to ride a balloon to the moon!*

**Presenter says:**

**Albie, listen one last time.**

**\*GOD SEES OUR SIN, BUT...**

Kids response:

...God loves us no matter what.

**Presenter:** (says to Albie):

**\*GOD SEES OUR SIN, BUT...**

*Albie's response:*

(Warms up his singing voice with “*Mee, mee, mee, mee...*” and sings in a silly dramatic opera-like voice)  
**\*GOD SEES OUR SIN, BUT...God loves us no matter what.**

**Presenter says to Albie:                      Good job, Albie!**

Albie can leave stage or join in the prayer and song.

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because he died, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

**Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**GOD loves US no MAT-ter WHAT.  
YES he DOES. YES he DOES.  
GOD loves US no MAT-ter WHAT.  
GOD loves U-s.**

**Goodbye boys and girls. Remember that God loves you and forgives you no matter what you do.**

