



**Date:** \_\_\_\_\_  
**Series:** God Made Everything  
Summer Year 1, Lesson 5

# God Rested on the Seventh Day

**Take Home Point:** \*GOD BLESSED THE SEVENTH DAY... *We can spend time with God.*

\*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (*CAPS*). The children respond with the second part of the phrase (*italics*).

**Bible Event:** Genesis 2:2-3

**We will help children know:**

- The Bible event of God resting on the seventh day after finishing the work of creation.
- God set a pattern for our lives: six days of work then a day to spend time with him.
- Spending time with God includes going to church, reading the Bible, praying, singing and worshipping God.

**We will help the children feel:**




- Special because God would set aside a day to spend time with him.
- Loved because God created everything.
- Thankful and refreshed to stop their “work” and enjoy a day of rest.

**We will help the children do:**

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event.
- Craft: Book
- Snack: Celebration Sundae
- Game: Seven is Special
- Teach Albie the Take Home Point: GOD BLESSED THE SEVENTH DAY...*We can spend time with God.*
- Sing and Pray.

Kingdom Quest Year 1- Lesson 5 - 1

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Large Group Opening</b> 	3  5	Puppet Presentation  Bible Event	<i>Puppet Presentation:</i> <ul style="list-style-type: none"> <li>Judy puppet</li> <li>Bible</li> </ul> <i>Bible Event:</i> <ul style="list-style-type: none"> <li>rocking chair</li> <li>Big Book <i>God Made Our World</i> (order from <a href="http://www.grouppublishing.com">www.group publishing.com</a>)</li> </ul>
<b>Small Group Application</b> 	7 8 8 9	Activity 1: Craft-Book  Activity 2: Snack-Celebration Sundae  Activity 3: Game-Seven is Special Bowling  Prayer Time	<i>Activity 1: Craft</i> <ul style="list-style-type: none"> <li>Appendix A and B copied back-to-back on cardstock, 1 per child</li> <li>assemble booklets before class (cut and staple)</li> <li>crayons or markers</li> <li>items to decorate (sequins or glitter &amp; glue)</li> </ul> <i>Activity 2: Snack</i> <ul style="list-style-type: none"> <li>napkins, cups, water or juice</li> <li>ice cream</li> <li>syrups</li> <li>sprinkles</li> <li>bowls</li> <li>spoons</li> <li>ice cream scoop</li> </ul> <i>Activity 3: Game</i> <ul style="list-style-type: none"> <li>7 two-liter bottles, 6 wrapped in blue construction paper and one wrapped in red</li> <li>playground ball or basketball</li> <li>marker</li> <li>masking tape</li> </ul>
<b>Large Group Wrap-up</b> 	11 11	Singing (Optional)  Lesson Review with Puppet Skit	<ul style="list-style-type: none"> <li>your choice of music</li> <li>Albie puppet</li> <li>Example of craft</li> <li>Example of snack</li> </ul>

## **Pre-Session Singing (10 minutes)**

**Purpose:** *When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.*

## **Large Group Opening (15 minutes)**



**Purpose:** *The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.*

## **Puppet Presentation**

*Supplies: Judy puppet; Presenter holds a Bible*

**Presenter:** Boys and girls, let's call Judy. (Children call "Judy".)

Judy: (sounds excited) Hi everyone!

**Presenter:** Hi, Judy. You sound happy today.

Judy: I am.

**Presenter:** Why?

Judy: It is Sunday!!

**Presenter:** What about Sunday makes you happy?

Judy: I get to come to church. I love it here.

**Presenter:** What are some of the things you enjoy about church?

Judy: I enjoy learning about people in the Bible.

**Presenter:** There are some interesting characters in the Bible. What else do you like about church?

Judy: I enjoy learning about Jesus and how much he loves me.

**Presenter:** That is exciting. What else?

Judy: I like singing, making crafts and playing games.

**Presenter:** We do all those thing here. What else do you like about church?

Judy: There are people here who are nice to me and love me. I LOVE coming to church.

**Presenter:** Those are a lot of good reasons to love church.

Judy: Every day I ask my mom, "Is it church day yet?"

**Presenter: Wow. You ask her that every day?**

Judy: Yes I do. It is such a special day to me.

**Presenter: Judy that is a perfect word to describe Sunday...special.**

Judy: It is very special to me.

**Presenter: That is exactly how God planned it.**

Judy: What do you mean?

**Presenter: God was busy for six days creating the world. On the seventh day that we call Sunday, God rested.**

Judy: I'm sure I'd be tired if I made all that stuff.

**Presenter: Today, we will be learning that God made the seventh day special for spending time with him. Would you like to learn more about this Bible event?**

Judy: Yes I would.

**Presenter: First, let's practice the take home point. I'll say the first part and you say the second part.**

Judy: OK

**Presenter: \*GOD BLESSED THE SEVENTH DAY.... now you say, "We can spend time with God."**

Judy: We can spend time with God.

**Presenter: Do you think you can teach the boys and girls?**

Judy: Sure.

**Presenter: Okay everybody, \*GOD BLESSED THE SEVENTH DAY...**

Judy: (and everyone): We can spend time with God.

**Presenter: One more time. \*GOD BLESSED THE SEVENTH DAY...**

Judy: (and everyone): We can spend time with God.

**Presenter: Wonderful. Say "goodbye" Judy.**

Judy: Bye everyone!

## **Bible Event:** Interactive Storytelling

*Supplies: rocking chair; Big Book: God Made Our World*

Presenter holds the Bible

**Boys and girls, we've been learning the Bible event of how God made everything. I would like you to help me tell the story. To do this, I would like you to finish what I'm saying. I'll start and say, "And it was..." and you'll finish by saying the word "good." Let's practice, "And it was..." Indicate to the children to say the word "good."**

**In the beginning, God was there all by himself. Then God made the world. On the first day, he made light. And it was... (Indicate to the children to say the word "good"). On the second day, he made the sky above and the waters below. And it was...(good). On the third day, he made the dry land appear and on it grew all the green grass, trees and flowers. And it was...(good). On the fourth day, he filled the sky with the sun, moon, and stars. And it was...(good). On the fifth day, he filled the oceans with fish and the sky with birds. And it was... (good). On the sixth day, he made all the animals and he made people, too. And it was...(good).**

**What did God make on the seventh day? Can anyone guess? God made nothing. Instead, he decided to make the seventh day special. God set apart the seventh day for people to have rest, to remember all that he has done and to honor him. This is a day God said I will stop all my work and remember what I've done. It will be special for you, too. You stop doing your work and remember your time with me.**

Bring a rocking chair on stage, sit there with the big book *God Made Our World* and invite a child to come sit on your lap (*if they wish*) and read with you. Ask the children, who likes to be rocked by their parents and read to?

**Would you come up and sit on my lap and rest with me? This is kind of nice, isn't it? Do you like this kind of rest? I wonder how that is like going to church. Let's read this book.**

Read *God Made Our World* (Bible Big Book) to the children. It would be helpful to have someone else hold the book and turn the pages as you read.

Continue to explain as the child is on your lap.

**It usually feels very safe and comfortable to sit on your parents' lap and have them read to you and explain things. This is also what God wants to do with us. But, we can't see God. We can't sit on his lap. So how do we set aside time where we can learn from him? Where could**

this happen? He doesn't have a big rocking chair that we can sit in. I wonder what we can do. Does anyone have a guess? (*Guesses may include devotions at home. Lead answers to coming to church.*) **Yes**, when we come church, we talk to God when we sing songs to him and pray. He talks to us when we discover what the Bible says. This is like sitting on God's lap and resting with him.

Boys and girls, let's practice the take home point together. I will say the first part and you repeat the last part. **\*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

Let's fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
On the seventh day you rested.  
Help me spend time with you.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

### **Song:**

Let's sing our song of the week. (To the tune of *London Bridge*)  
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**WE** can **SPEND** time **WI**-th **GOD**.  
**WI**-th **GOD**. **WI**-th **GOD**.  
**WE** can **SPEND** time **WI**-th **GOD**.  
**HE** wants **US** to.

# Small Group Application (30 minutes)



**Purpose:** Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.

## Activity 1: Craft “Book”

*Supplies: Copies of Appendix A and B, copied back to back on cardstock; markers or crayons; items to decorate (sequins, glitter and glue, etc.)*

Before class, assemble the booklets.

**Boys and girls, today we are going to color and decorate your special booklets. First, follow along while I read it to you. When finished reading, say: Now you may color and decorate your booklets.**

Review the Bible Event.

**What did God create on the seventh day? (Nothing.)**

**Let’s practice the take home point. \*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

**Let’s fold our hands and pray. Repeat after me.**

Dear God,  
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On the seventh day you rested.  
Help me spend time with you.  
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## Song:

**Let’s sing our song of the week.** (To the tune of *London Bridge*)  
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HE wants US to.**

## Activity 2: Snack “Celebration Sundae”

*Supplies: napkins, cups, water or juice; Ice cream; syrups; sprinkles; bowls; spoons; ice cream scoop*

**\*\*\*CAUTION:** *Be aware of food allergies children may have, before you give them anything to eat.*

Before we eat our snack, let’s fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
On the seventh day you rested.  
Help me spend time with you.  
Thank you, thank you, thank you.  
In Jesus’ name.  
Amen.

Boys and girls, today we are going to have a very special snack. It’s not often we get ice cream in Kingdom Quest. Ice cream is a special treat. Often, it is served at special occasions like birthdays and parties. We want to celebrate the seventh day of creation with ice cream today, because God blessed and made the seventh day special. Now tell me what you want on your Celebration Sundae.

Review the Bible event.

**What does God want us to do on the seventh day?** (*Rest, spend time with him and honor him.*)

Let’s practice the take home point. **\*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

### **Song:**

**Let’s sing our song of the week.** (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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**HE** wants **US** to.

## Activity 3: Game “Seven Is Special Bowling”

*Supplies: 7 two-liter bottles, 6 wrapped in blue construction paper and one wrapped in red; playground ball; marker; masking tape. Write the numbers 1 through 6 on the blue bottles and number 7 on the red one.*

Line up the seven bottles in a straight line across. Make a line with masking tape ten feet away from the bottles.



**Boys and girls, today we are going to play Seven Is Special Bowling. I will need two children to be the pinsetters.** (Rotate children so everyone has a turn setting pins.) **The red pin is special, to help remind you that the seventh day is special.**

Have children stand behind the line and take turns rolling a ball at the bottles. Every time the red one with the number seven written on it is knocked down, all the kids sit down and rest for about 15 seconds.

Review the Bible event.

**How can we spend time with God?** (*Answers may include going to church, praying, singing, worshiping, devotions, listening to Bibles stories.*)

**Let's practice the take home point. \*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
On the seventh day you rested.  
Help me spend time with you.  
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Amen.**

**Song:**

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## Prayer Time:

Let's give thanks and praise to God for making the world and blessing the seventh day to spend time with him.

Ask children for prayer requests and pray as a group for child's request.

**Let's practice the take home point. \*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

**Let's fold our hands and pray. Repeat after me.**

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**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

# Large Group Wrap-Up (10 minutes)



**Purpose:** *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

**Singing:** (Optional, two or three songs, as time allows)

*Supplies: Albie the puppet, sample of today's craft and snack.*

## Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

**Presenter:** We want to welcome all our guests today and thank them for coming.  
(If you give guests a gift for coming, do it now.)

**Presenter:** Albie, look at the craft the children made today. It shows the seven days it took God to create the world. The children are going to teach you our take home point. Listen carefully.

**Presenter:** (says to kids):

**\*GOD BLESSED THE SEVENTH DAY...**

Kids say:

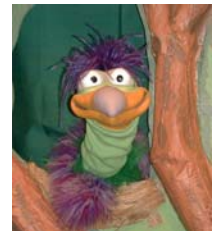
...We can spend time with God.

**Presenter:** (says to Albie):

**\*GOD BLESSED THE SEVENTH DAY...**

*Albie says:*

*We can spend all our money on coloring books!*



**Presenter:** Albie, look at the snack we ate. It is a Celebration Sundae. Now listen carefully to the take home point.

**Presenter:** (says to kids):

**\*GOD BLESSED THE SEVENTH DAY...**

Kids say:

...We can spend time with God.

**Presenter:** (says to Albie):

**\*GOD BLESSED THE SEVENTH DAY...**

*Albie says:*

*I like spinach on my ice cream!*

**Presenter:** Albie, today we played a game called Seven is Special Bowling. Now, please listen closely to the take home point.

**Presenter:** (says to kids):

**\*GOD BLESSED THE SEVENTH DAY...**

Kids say:

...We can spend time with God.

**Presenter:** (says to Albie):

**\*GOD BLESSED THE SEVENTH DAY...**

*Albie says:*

*Bowling gives me wrinkles!*

**Presenter says:**

**"Albie, listen one last time.**

**\*GOD BLESSED THE SEVENTH DAY...**

...We can spend time with God.

**\*GOD BLESSED THE SEVENTH DAY...**

*Albie's response:*

(Warms up his singing voice with “*Mee, mee, mee, mee...*” and sings in a silly dramatic opera-like voice)

**\*GOD BLESSED THE SEVENTH DAY...We can spend time with God.**

**Presenter says to Albie: Good job, Albie!**

Albie can leave stage or join in the prayer and song.

**Let's fold our hands and pray. Repeat after me.**

**Dear God,**

**We love you.**

**On the seventh day you rested.**

**Help me spend time with you.**

**Thank you, thank you, thank you.**

**In Jesus' name.**

**Amen.**

**Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

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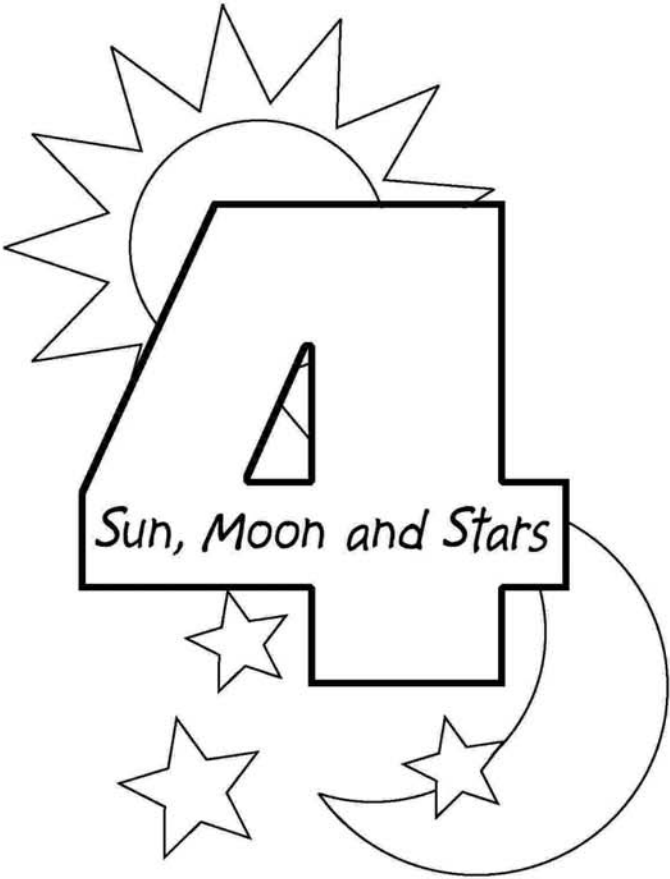
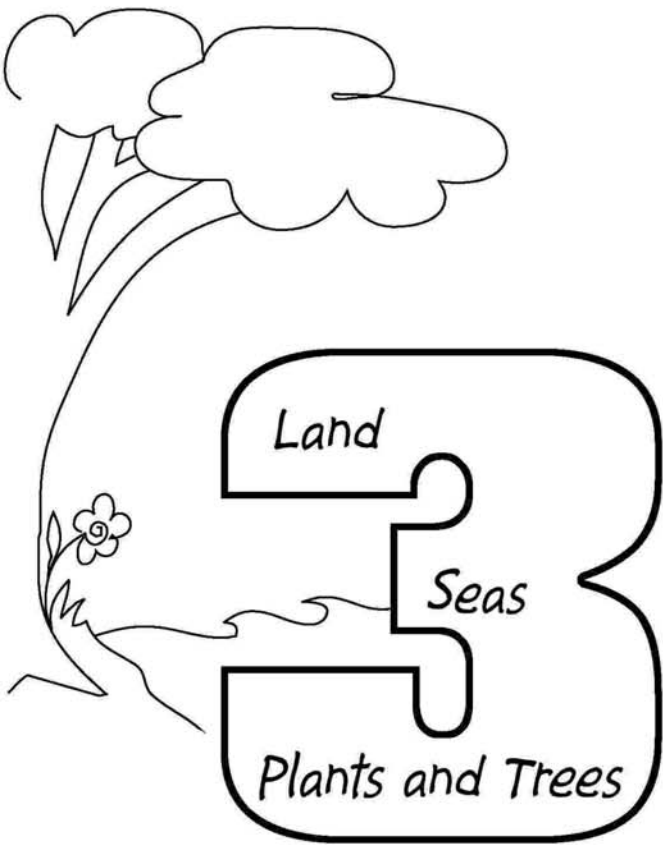
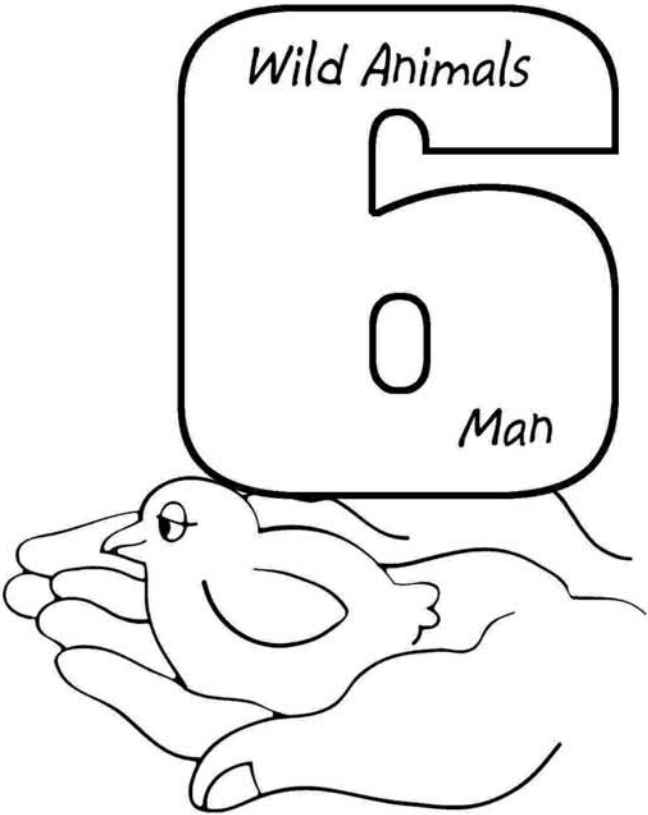
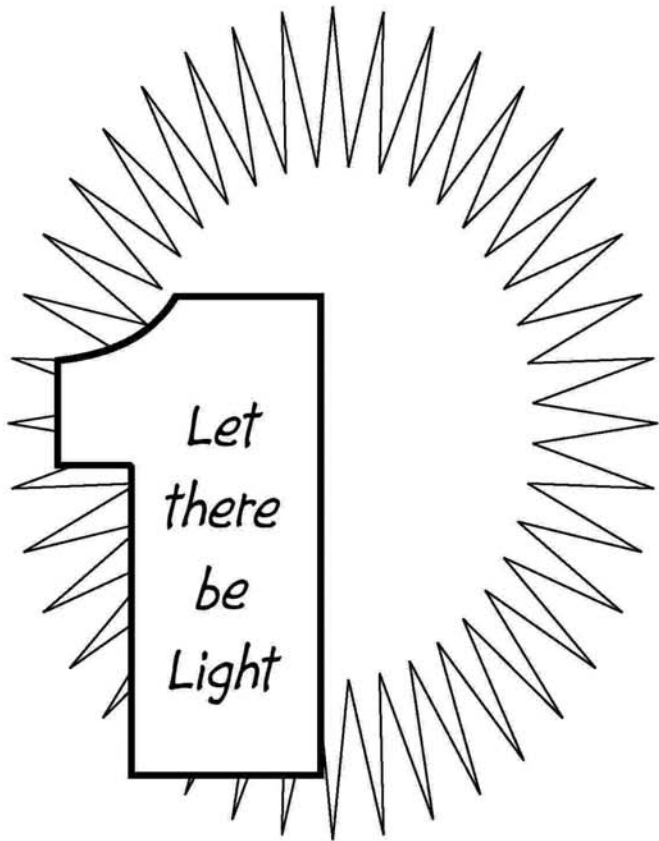
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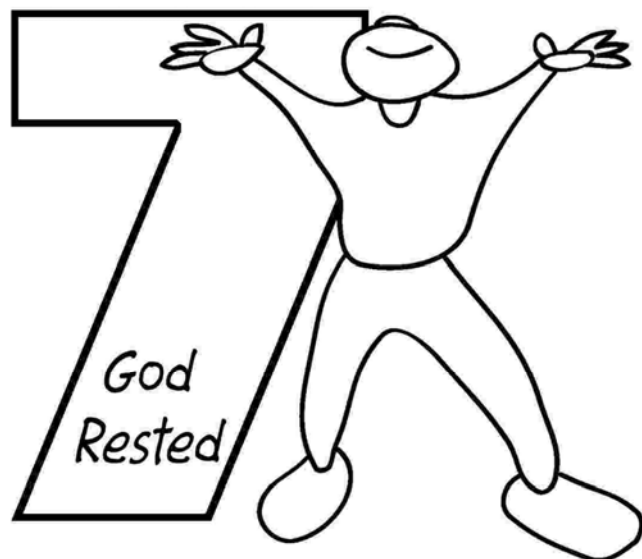
**WE can SPEND time WI-th GOD.**

**HE wants US to.**

**Goodbye boys and girls. Remember that God loves you and he wants you to spend time with him.**



God Blessed the  
7th Day...



Spend Time with God

