



Date: _____
Series: Resurrection
Spring Year 1, Lesson 49

Jesus Appears to the Women

Take Home Point: *Jesus is alive!

*Repeat this phrase throughout the lesson. The leader says the phrase and the children repeat it.

Bible Event: Matthew 28:1-10

We will help children know:

- Jesus is alive even if they can't see him.
- Jesus loves them.
- Jesus became alive and appeared to the women.

We will help the children feel:




- Secure in knowing that Jesus is always with them.
- Jesus loves them.
- Delighted that Jesus is alive.

We will help the children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack of donut holes to remind us of the rock that was rolled away.
- Make a craft that rolls away the rock.
- Play a game called *Roll the Rock*.
- Take home a copy of *God Talk at Home* to reinforce the leaning of today's Take Home Point: ***Jesus is alive!**

Kingdom Quest Year 1, Age 2-3, Lesson 49 - 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> Judy puppet
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<p><i>Activity 1: Bible Event</i></p> <ul style="list-style-type: none"> Group Publishing's Big Book: <i>The Miracle of Easter</i> (from www.grouppublishing.com) or a child's picture Bible <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> donut holes; option, grapes napkins cups and water <p><i>Activity 3: Craft</i></p> <ul style="list-style-type: none"> Appendix A, copied on white card stock dinner-sized white paper plate small brass fasteners (brads) black construction paper torn into 2" squares white tissue paper cut into 1" squares black, brown and gray crayons paper punch glue sticks <p><i>Activity 4: Game</i></p> <ul style="list-style-type: none"> two large sacks stuffed with crumpled newspaper to resemble rocks masking tape
Large Group Wrap-Up (5-10 minutes) 	12	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> your choice of music craft example from Activity 3

Warm-Up: (10 minutes prior to class. May be used also for the first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as Lego building blocks, wooden blocks, play centers and simple puzzles, so that these young children can become engaged in their new environment and learn to let go of Mom and Dad. If necessary, Mom and Dad are invited to play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.

Puppet Presentation:

Judy Hears the Good News

Supplies: Judy puppet

Presenter: Boys and girls, let's call out Judy.

Kids call for Judy. **Judy...Judy...Judy!**

Judy: Hi, everybody.

Presenter: Hi, Judy. Have you heard the Good News?

Judy: What does Good News mean?

Presenter: Good news is when something wonderful happens. Today we are talking about something very wonderful.

Judy: I know, I know what it is! It would be the best news of all.

Presenter: What, Judy?

Judy: If I got a pink pony!

Presenter: A pink pony! Boys and girls, have you ever seen a pink pony? Pause for feedback.

Judy: I have. There is one at the store. It's not only pink, but it has sparkles all over it.

Presenter: Oh, a toy pony. I guess you are right. Even if I haven't seen one, I believe you really saw one.

Judy: It would be the best news ever if my mom bought it for me.

Presenter: Yes, it would be good news and you would want to tell everyone.

Judy: Of course!

Presenter: Well, today we are learning something that is even better news. It is *really* Good News.

Judy: What could be better news than a pink pony?

Presenter: This is the really Good News: Jesus is alive!

Judy: What do you mean?

Presenter: Let me tell you the Bible event. Are you ready?

Judy: I want to hear the Good News too.

Presenter: Yes, Judy, I want you to hear the Good News. Here we go. Jesus died on the cross. He was buried in a cave. A big rock was rolled in front of the cave. Mary, Jesus' friend and some other women were very sad because Jesus had died. After three days, the women went to the place where Jesus was buried. An angel rolled the big rock away. The cave was empty! Where was Jesus? They did not know what to think. Then Jesus appeared to Mary and the women. The women knew then that Jesus was alive! This was Good News. They wanted to tell everyone that Jesus was no longer dead—he was alive. That is the Good News the Bible tells us—that Jesus is alive, even if we can't see him! Let's all say, *Jesus is alive! *Jesus is alive!*

Presenter: Judy, do you see how that is Good News?

Judy: Wow, it sure is Good News. Is it better than getting a pink pony?

Presenter: Yes Judy, even better than getting a pony. Boys and girls, we are going to pray now. Let's fold our hands, Repeat after me:

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
He died for us. He died for us.
Now he is alive! Now he is alive!
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Presenter: Now, Judy, could you help the boys and girls learn a new song?

Judy: Sure, I love to sing.

Song: To the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

JESus IS aLIVE.
JESus IS aLIVE.
HE CAME to SAVE us ALL.
JESus IS aLIVE.

Small Group Application: (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Jesus Appears to the Women

Supplies: Big Book: The Miracle of Easter, published by Group, or the Easter event in a children's picture Bible—order from www.grouppublishing.com

Part One: Read the Bible Event

Read *The Miracle of Easter* or a children's picture Bible.

Part Two: Act Out the Bible Event

Supplies: Children's' Picture Bible

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.

Jesus' body was put in a cave.

- After Jesus died on the cross, his body was put in a cave. What do you think it was like in the cave? Do you think it was light or dark? Wait for answer.
- That's right, it was dark in the cave. Some men rolled a very big rock in front of the cave because Jesus told everyone he would come back to life after three days. They thought that a big rock would keep Jesus in the cave. Let's pretend to roll a big heavy rock.

Mary and her friends go to the cave.

- After three days, Mary and her friends went to the cave. The big rock was rolled away by an angel. Jesus was not in the cave! Mary and her friend were very surprised and afraid. Show me a surprised face.
- An angel was at the cave. Let's pretend to move our wings like an angel.
- Let's repeat the words of the angel: "Do not be afraid." **Do not be afraid.**
- "Jesus is not here." **Jesus is not here.** Shake your heads "no."
- "He has risen, just as he said." Raise hands.
- Then the women went to tell their other friends that even though Jesus had died on the cross, he is alive now. The angel said they would see Jesus soon.

The women tell everyone the Good News.

- The women ran from the place where the angel talked to them. Let's pretend to run.
- They were excited because the angel told them Jesus was alive. Could it be true? Just then, Jesus appeared to the women. They were so excited that they knelt at his feet. Show me how you can kneel all the way down.
- Let's stand and give yourself a big hug.
- The women knew Jesus loved them very much. They knew he would be with them. They knew he was God's Son. Even though he died on the cross, he was now alive. Jesus told them, "Tell others the Good News—I am alive. I will soon visit them, also."

Action: cover eyes, repeating:

- Boys and girls put your hands over your eyes.
- Can you see me? No? But I'm still here, right? Even if you can't see Jesus, he is right here with us. Yes, he is—and that is Good News. Take your hands off your eyes and let's say together, *Jesus is alive! **Jesus is alive!**

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, **Dear God,**

We love you. **We love you.**

Thank you for Jesus. **Thank you for Jesus.**

He died for us. He died for us.
Now he is alive! Now he is alive!
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Song: To the tune of *Farmer in the Dell*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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HE CAME to SAVE us ALL.
JESus IS aLIVE

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: *Jesus is alive! Jesus is alive!

Activity 2: Snack

Supplies: donut holes (two or three per child—option, grapes), napkins, cups and water

Boys and girls, I bet you have never eaten rocks have you? Today we are going to eat pretend rocks. Before we eat our pretend rocks, let's say a prayer. Fold your hands and bow your head. Repeat after me.

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
He died for us. He died for us.
Now he is alive! Now he is alive!
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.

Pass out a napkin and glass of water and start with one donut hole.

See how your donut hole looks like a big rock. The rocks we are eating are a lot smaller than the rock that was rolled away from Jesus' tomb. When you see rocks, you can remember that an angel rolled away the big rock from Jesus' grave and that Jesus is alive!

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus is alive! Jesus is alive!

You can eat your pretend rocks now. If you want more, make sure you say please and thank you.

Song: To the tune of *Farmer in the Dell*

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Activity 3: Craft

Supplies:

- *Appendix A copied on cardstock*
- *white dinner-size paper plate*
- *black, brown and gray crayons*
- *glue sticks*
- *black construction paper torn into pieces approximately 2 x 2-inches*
- *white tissue paper cut into 1" squares*
- *small brass fastener--one per child*

Boys and girls, today we are going to make a craft like the cave where Jesus was buried and rose from the dead. First, you can color your rock.

Pass out Appendix A and a paper plate, one per child. Pass out gray, brown or black crayons.

Give them glue sticks and the torn black construction paper.

Now we are going to glue these black pieces on the cave entrance to show it is dark and empty.

When children are finished, say,

Now we will glue the white tissue paper onto Jesus' clothes.

While they are doing that, attach the brass brad to the "rock," about a half-inch from the bottom. When children are finished gluing the tissue paper, attach the "rock" (*paper plate*) to the front of the cave (*on "X" at the bottom.*) Punch a hole with a hole-punch and push the brad through and fasten it on the back. Show the children how the rock was rolled to cover the cave opening and then how the angels rolled it away.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus is alive! Jesus is alive!

Let's pray now. Fold your hands and repeat after me.

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
He died for us. He died for us.
Now he is alive! Now he is alive!
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Song: To the tune of *Farmer in the Dell*
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Activity 4: Learning Game

Supplies: two large sacks stuffed with crumpled newspaper and taped shut, masking tape

Before class, tape two starting lines and two finish lines somewhere in the room where children can have a clear path to roll the "rocks." Be sure to remove the tape from floor when finished.

Boys and girls, today we are going to play a game called *Roll the Rock*. Just like the angels rolled away the rock from Jesus' tomb, we are going to roll the rocks across the room. Everyone will get a turn. We will start with two of you (choose two children). I want you to stand here (at the starting line) and roll the rocks all the way to the line on the floor over there.

Show the children where the starting line and finish lines are. Children can play two at a time. Make sure that everyone who wants to participate gets a turn.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus is alive! Jesus is alive!

Song: To the tune of *Farmer in the Dell*

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In Jesus' name. In Jesus' name.
Amen. Amen.

Large Group Wrap-Up: (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***Jesus is alive!**

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

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We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
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Now he is alive! Now he is alive!
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Lesson Song: to the tune of *Farmer in the Dell*

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Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

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Jesus is Alive

