



Date: _____

Series: Moses
Summer Year 1, Lesson 5

Moses and the Ten Commandments

Take Home Point: *God gives us rules.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: Exodus 19:16-25

We will help children know:

- God wants us to obey his rules.
- Rules keep us safe.
- Rules are important.




We will help children feel:

- Happy that God gives us rules to follow.
- Secure in knowing that following God's rules is the right thing to do.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack of crackers reminding them of the Ten Commandments.
- Make a Ten Commandments placemat to remind them of God's rules.
- Play a game called *Follow the Rule*.
- Take home a copy of *God Talk at Home* to reinforce the learning of today's
Take Home Point: ***God gives us rules.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> • your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> • Bubba puppet
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> • children's picture Bible <i>Activity 2: Snack</i> <ul style="list-style-type: none"> • oval crackers • napkins, cups and water <i>Activity 3: Craft</i> <ul style="list-style-type: none"> • copies of Appendix A or B, one per child • construction paper, one per child • double-stick tape • stickers • crayons <i>Activity 4: Game</i> <ul style="list-style-type: none"> • none
Large Group Wrap-Up (5-10 minutes) 	12	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> • your choice of music • craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.

Puppet Presentation:

Bubba Learns Rules Keep Us Safe

Supplies: Bubba puppet

Presenter: Boys and girls, help me call for Bubba.

Kids call for Bubba. **Bubba...Bubba...Bubba.** Bubba enters jumping up and down.

Presenter: Bubba, what are you doing?

Bubba: I'm jumping. I like to jump.

Presenter: But this is Kingdom Quest. You're not supposed to jump right now.

Bubba: But I have to.

Presenter: Why?

Bubba: 'Cause mommy doesn't let me jump at home.

Presenter: What do you mean?

Bubba: Before we came to church today, My elephant and I were jumping on the couch at home. My mom said it was against the rules to jump on the couch. I don't like rules.

Presenter: That's a rule because jumping on the couch is dangerous.

Bubba: I still don't like it.

Presenter: But rules will help you from getting hurt.

Bubba: But why do I have to obey the rules?

Presenter: Because rules keep you safe. You need to obey your mom and dad.

Bubba: No one else has rules.

Presenter: Is that true, boys and girls? Do you have rules? We all have rules.

Bubba: We do?

Presenter: Yes. God gives us rules.

Bubba: Against jumping on the couch?

Presenter: Yes, if your mom and dad's rules are not to jump on the couch.

Bubba: Did God give us other rules?

Presenter: Yes. Today we will learn from the Bible that God gave ten special rules to Moses.

Bubba: I remember Moses.

Presenter: Yes, he was God's leader. He was the leader of God's people when they were in the desert. When they came to a big mountain, God told Moses to go to the top of the mountain by himself and God would meet him there.

Bubba: Did Moses see God?

Presenter: God did not show Moses his face, but there was lots of thunder and lightening on the mountain. The rest of God's people stayed at the bottom of the mountain. Only Moses could go to meet with God.

Bubba: What did God tell him?

Presenter: God wrote the ten special rules with his finger on big flat stones.

Bubba: What did the rules say?

Presenter: The rules show everyone how to love God and love other people. God's rules keep people safe.

After God wrote the rules on the big flat stones, Moses brought the rules down the mountain and shared them with the people. The rules that God gave them helped keep them safe when they obeyed them.

Boys and girls, Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. God gives us rules. It is very important because God wants to keep us safe.

Good job, everyone. Bubba, will you help me teach the new song?

Bubba: Sure, I love to sing.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

FOLlow RULES that GOD gives US,
GOD gives US, GOD gives US.
FOLlow RULES that GOD gives US.
He LOVES us VErY MUCH.

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
We love you. We love you.
You gave us rules. You gave us rules.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Supplies: children's picture Bible

Part One: Read the Bible Event

Read about Moses and the Ten Commandments from a children's picture Bible.

Part Two: Act Out the Bible Event

God wants to talk to Moses.

- God's people walked all day. Let's pretend to walk.
- At night, they set up camp. They camped near a mountain called Sinai. It's nighttime now. Let's pretend to sleep by the campfire.
- Now it is time to wake up. Let's stretch our arms.
- Moses loved God and listened to God. Put your hands behind your ear and pretend to listen to God.
- God told Moses he wanted to talk to him. Do you think Moses picked up a phone to talk to God? No, they didn't have phones back in Moses' time. Shake your head no.

Moses goes up the mountain.

- The mountain was covered in thick smoke and clouds. Thunder was booming and lighting was flashing! Let's make a noise like thunder. Say, "Boom."
- The people were afraid. They were not supposed to go up the mountain, only Moses was. Moses obeyed God and went up the mountain. Let's pretend to walk up the big mountain.

God gives rules to Moses.

- God met with Moses on top of the mountain. God told Moses that his people needed special rules so they could always remember they are God's special people. God wrote these rules with his finger on a big, flat stone. Let's pretend to write the rules with our finger on a big flat stone.
- God told Moses to take the stone back to the people. The people would always remember that they are God's special people and they could obey God's special rules. Let's help Moses carry the rules written on the big, flat stone down the mountain.

Keep God #1.

- God's people learned that it was very easy to disobey God. They needed to remember God's special rules. They learned to keep God number one. Show me a one.
- That means they loved God best and wanted to do what he said. Place your hand over your heart to remind us that we love God.
- God wants us to also love others. Let's spread our arms out. God wants to remind you to love others, too.

We can follow God's rules.

- Did you know that even two and three year olds, like you, can follow God's rules? Point your number one finger to heaven.
- You can keep God number one and love him by following his rules. We can all show we are God's special people when we follow his rules.
- Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. God gives us rules.

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You gave us rules. You gave us rules.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

FOLlow **RULES** that **GOD** gives **US**,
GOD gives **US**, **GOD** gives **US**.
FOLlow **RULES** that **GOD** gives **US**.
He **LOVES** us **VERy** **MUCH**.

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. **God gives us rules.**

Activity 2: Snack

Supplies: oval crackers of your choice; napkins, cups and water

BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.

Boys and girls, today we are learning how God gave Moses special rules for all people to follow. Before we eat our snack, let's fold our hands and say a prayer.

Dear God, **Dear God,**
We love you. **We love you.**
You gave us rules **You gave us rules.**
Thank you, thank you, thank you. **Thank you, thank you, thank you.**
In Jesus' name. **In Jesus' name.**
Amen. **Amen.**

Pass out a napkin and cup of water to each child.

When Moses went to the top of the mountain, God gave him rules for all the people to follow. But God didn't write them on paper, God wrote them on two pieces of big, flat stone. These two crackers remind us of the shape of those two big pieces of flat stone.

Pass out crackers to children.

Go ahead and eat your snack now.

Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. **God gives us rules.**

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

FOLlow **RULES** that **GOD** gives **US**,
GOD gives **US**, **GOD** gives **US**.
FOLlow **RULES** that **GOD** gives **US**.
He **LOVES** **us** **VEry** **MUCH**.

Activity 3: Craft

Supplies:

- *copy of Appendix A or B, one per child*
- *various colors of construction paper, one per child*
- *double-stick tape*
- *stickers*
- *crayons (remove black crayons so if child colors over words, you can still read them)*

NOTE: Denominations number the Ten Commandments differently. The Augustine numbering system (used mostly by Roman Catholics and Lutherans) is used in Appendix A and the Orthodox numbering system (used most by Greek Orthodox and most protestant churches) is used in Appendix B. Choose one of the two Appendices according to your denominational preference.

Boys and girls, today we are learning how God gave us rules. He gave ten very special rules to Moses. These special rules are called commandments. We are going to make a placemat to put under our plates when we eat. The placemats will have the Ten Commandments or God's Ten Rules, on them so we can remember them. Ask someone in your family to read them to you.

Pass out construction paper to children, letting them choose the color they want. The construction paper will be a frame for the commandments. Put the double stick tape at the corners of the Appendix you are using and center it on each child's construction paper.

Optional—trim off excess white from the commandments so more of the colored paper shows.

Now you can color your placemats and put stickers on them. Remember that rules are made to make our lives better. Can anyone tell me a rule you have at your house?

Wait for children's responses. Emphasize how each rule is helpful. If no one volunteers, ask questions about rules. Examples: Can you stay up at night as late as you want? Can you run out into the street? Can you hit people if they make you mad? When children answer *no* to these questions, remind them of the rule that goes with each situation.

Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. God gives us rules.

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**FOLlow RULES that GOD gives US,
GOD gives US, GOD gives US.
FOLlow RULES that GOD gives US.
He LOVES us VEry MUCH.**

Let's pray now. Fold your hands and repeat after me:

**Dear God, Dear God,
We love you. We love you.
You gave us rules. You gave us rules.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.**

Activity 4: Learning Game

Supplies: none

Boys and girls, today we have been learning how God gives us rules. We are going to play a game called *Follow the Rule*. I will give you a rule and you must follow it.

- 1. Follow the rule that says jump up and down.**
- 2. Follow the rule that says turn around.**
- 3. Follow the rule that says hop like a frog.**
- 4. Follow the rule that says bark like a dog.**
- 5. Follow the rule that says touch your ears.**
- 6. Follow the rule that says cry pretend tears.**
- 7. Follow the rule that says make your hands clap.**
- 8. Follow the rule that says make your arms flap.**
- 9. Follow the rule that says swim like you are in a pool.**
- 10. Follow the rule that says "Thank you, God, for your rules."**

Let's practice the Take Home Point. I'll say it first and you repeat after me. God gives us rules. God gives us rules.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

FOLlow RULES that GOD gives US,
GOD gives US, GOD gives US.
FOLlow RULES that GOD gives US.
He LOVES us VErY MUCH.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
We love you. We love you.
You gave us rules. You gave us rules.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***God gives us rules.**

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You gave us rules. You gave us rules.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Lesson Song:

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

FOLlow **RULES** that **GOD** gives **US**,

GOD gives **US**, **GOD** gives **US**.

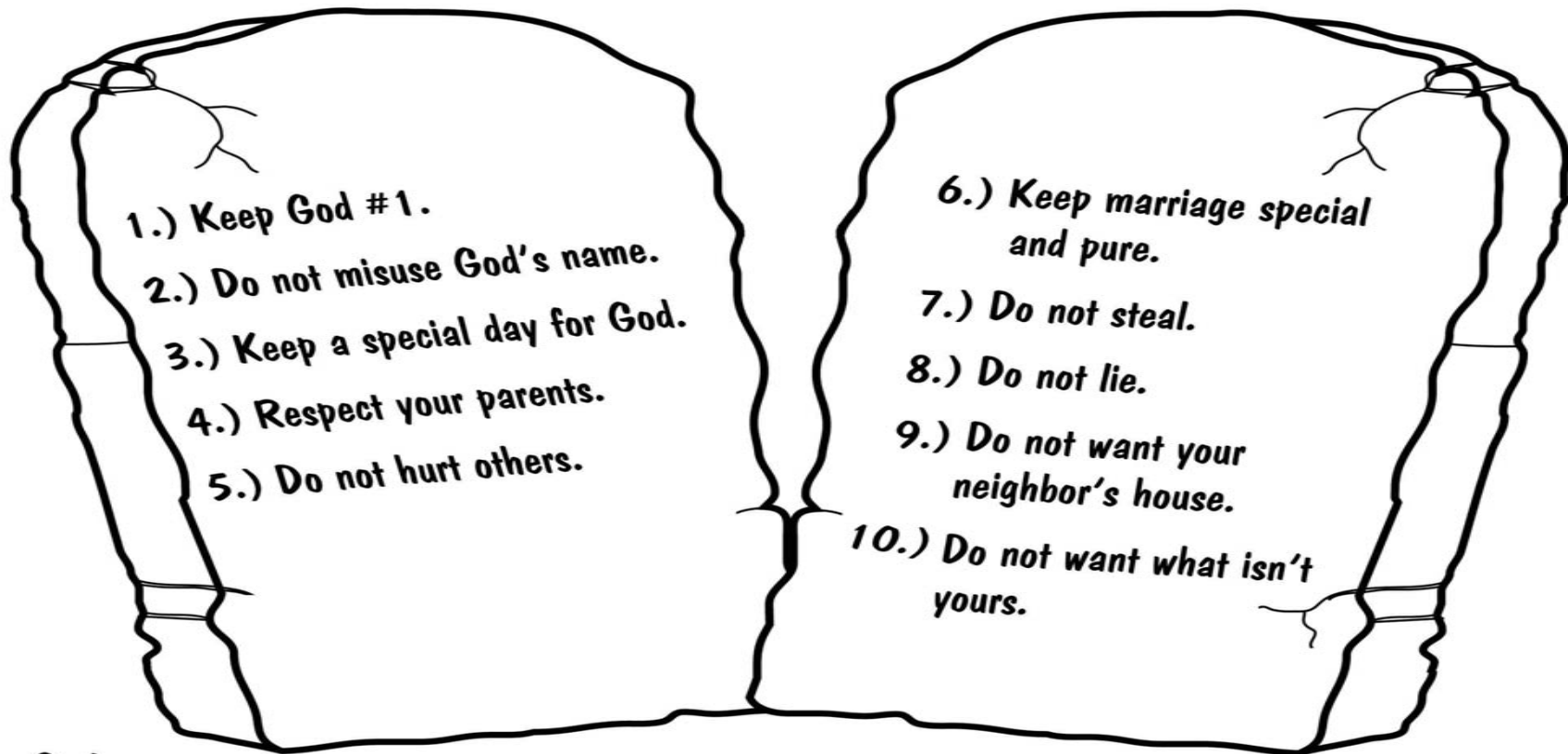
FOLlow **RULES** that **GOD** gives **US**.

He **LOVES** us **VE**ry **MUCH**.

Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

Safety and Security: Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

God's Ten Rules



1.) Keep God #1.

2.) Do not misuse God's name.

3.) Keep a special day for God.

4.) Respect your parents.

5.) Do not hurt others.

6.) Keep marriage special and pure.

7.) Do not steal.

8.) Do not lie.

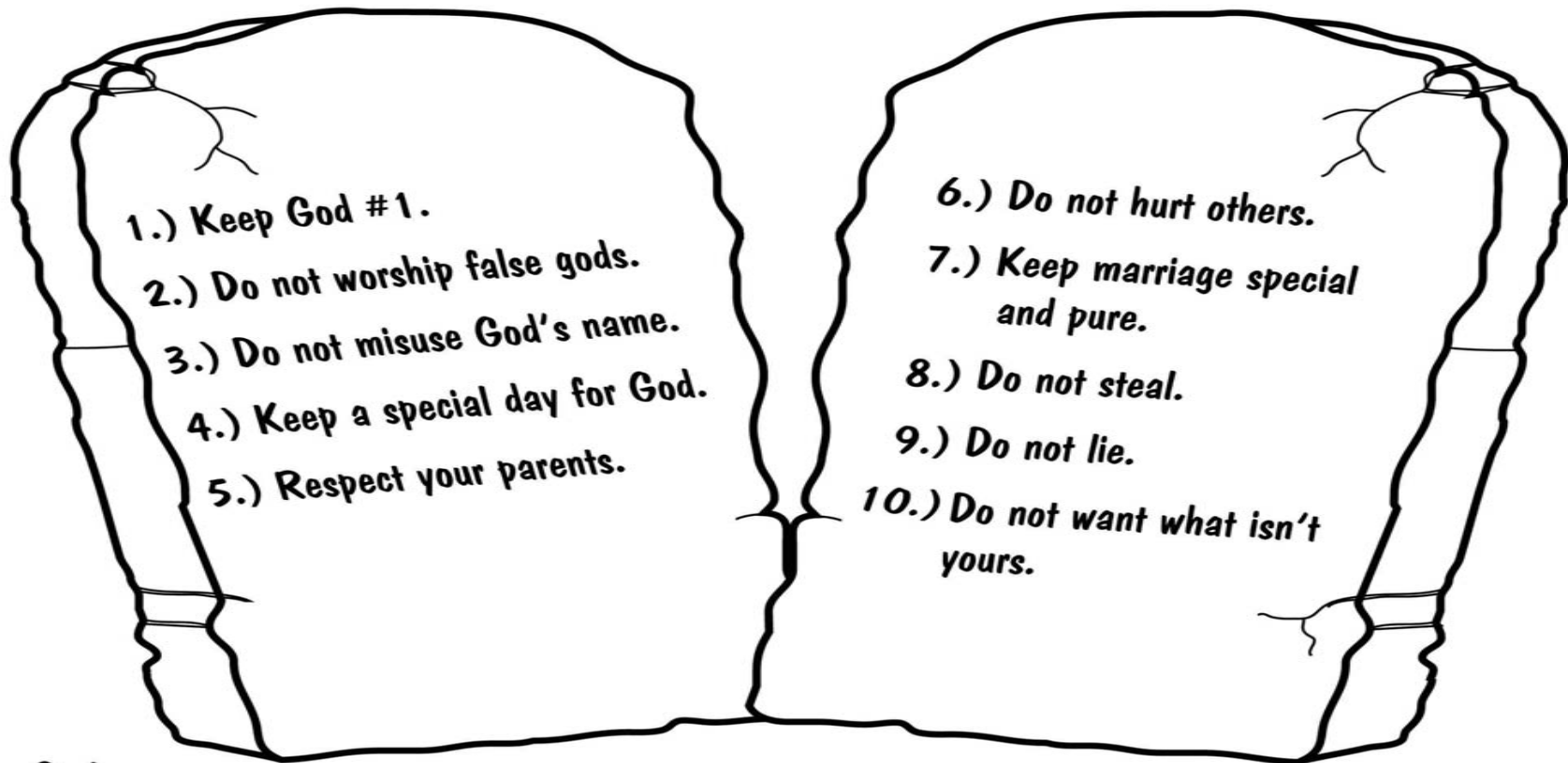
9.) Do not want your neighbor's house.

10.) Do not want what isn't yours.

Dear God,

We thank you for our food. Thank you for your rules. Help us obey them. In Jesus' name. Amen.

God's Ten Rules



- 1.) Keep God #1.
- 2.) Do not worship false gods.
- 3.) Do not misuse God's name.
- 4.) Keep a special day for God.
- 5.) Respect your parents.

- 6.) Do not hurt others.
- 7.) Keep marriage special and pure.
- 8.) Do not steal.
- 9.) Do not lie.
- 10.) Do not want what isn't yours.

Dear God,

We thank you for our food. Thank you for your rules. Help us obey them. In Jesus' name. Amen.