



**Date:** \_\_\_\_\_  
**Series:** A Whole New You  
Fall Year 1, Lesson 26

# New Feet

**Take Home Point:** \*God sends you to share his message with others. \*Repeat this phrase throughout the lesson.

**Bible Event:** Isaiah 52:7, Matthew 28:18-20, Romans 10:15

**Key Verse:** Romans 10:15b: "...Scripture says, 'How beautiful are the feet of the messengers who announce the Good News.'"

**We will help kids know:**

- As a new creation in Christ, they have the responsibility and privilege of sharing the message of Jesus with others.
- The Bible refers to the "beautiful feet" of those who share the message of Jesus. The point is we must go into our world to witness to others.
- A simple outline of the gospel that can be shared with others or received by the student who has yet to come to faith.
- The importance of listening to others so kids can share their faith at the right time.




**We will help kids feel:**

- Challenged and inspired to accept Jesus' charge to go and share the good news.
- Compassion over their friends and families who don't yet know Jesus or the message of the gospel.

**We will help kids do:**

- Identify friends or family with whom they can share the gospel.
- Practice the message of the gospel by making an ankle bracelet.
- Share the message of Jesus with others.

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Small Group Warm-Up</b> 	3	Kids go on a mission to match "little known facts" to which shepherds this information belongs.	<ul style="list-style-type: none"> <li>Facts that fours shepherds gave about themselves filled in the first column of page 16 and copied for each group. <i>Note: Page 15 needs to be completed by four shepherds in advance.</i></li> <li>pencils</li> </ul>
<b>Large Group</b> 	4  9  11	<b>Overview</b>  <b>Audience Participation:</b> "Marty Morpheus Explains Beautiful Feet"---Volunteers help explain that beautiful feet are those that take the good news message of Jesus Christ into the world.  <b>Bible Teaching:</b> Go, Feet, Go (Matthew 28:18-20)	<ul style="list-style-type: none"> <li>costume for Marty Morpheus (see lesson 21)</li> <li>pointer</li> <li>blanket or sheet</li> <li>volunteer</li> <li>water-based marker</li> <li>drawing instructions (p. 17)</li> </ul>
<b>Small Group Application</b> 	4	Kids make a friendship bracelet or anklet to share. They rehearse the W's from large group and the colors of salvation on the friendship bracelet.	<ul style="list-style-type: none"> <li>color beads (see p. 6-7) and leather for friendship bracelet</li> <li><i>option:</i> embroidery thread for ankle bracelet</li> </ul>

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# Small Group Warm-Up: 15 minutes



**Purpose:** *Get pointed in the right direction! Build relationships and help guests feel at ease. Do the learning readiness activity that will point your group in the right direction for the lesson.*

**As kids gather:** *Listen to memory verses from last week and give coupons for memory verses, remembering to bring your Bible, and bringing a guest.*

**Begin:** *Review the group covenant signed by all. This can be as simple as reading it and reminding all that they have signed it. (See lesson 16.) Welcome new kids and invite them to sign the covenant.*

*In Advance: Select four small group shepherds the week prior to fill out the “Little Known Facts About Shepherds” Questionnaire*

Note: In today’s warm-up, the groups will need to meet in the same place to compete against one another.

Each group will have the completed worksheet titled, “Little Known Facts about Shepherds” with interesting facts about four small group shepherds. Place these four shepherds in the different corners of the room so that kids cannot overhear what others are asking them. The object of the game is to see which small group can first complete the worksheet matching the interesting facts with the correct shepherds.

The presenter gives the following explanation so all groups can hear.

**Kids, your group has a worksheet called, “Little Known Facts about Shepherds.” On the left-hand side are some little known facts about these four shepherds. The object of the game is to see which group can match the little known facts with the correct shepherds.**

**To do this, send one person from your group at a time to interview one of these four shepherds (adults). That person will be on a mission to ask one question to one shepherd and then must return whether getting the right answer or not.**

**If you get the right answer you can write the shepherd’s name beside the little known fact. Then, it will be someone else’s turn to go ask another question. The person who asks the question must do so quietly enough so that no one else can overhear what is asked. Remember, only one person can be sent from the group at a time and can only ask one question, but your group can discuss which question to ask which shepherd. Let everyone in your group take turns being sent out.**

After the game is over, the shepherds return to their groups and all will continue with the following discussion:

During this game each one of us had the mission to go and talk to one of the shepherds. What was the hardest thing about your mission? What was the most fun part of it?

Is there anyone in this group that has had another kind of mission? For example, have you ever had a mission to go and help someone or to do a good job at something?

Today we will discover that *\*God sends you to share his message with others.* See if you can guess what that mission is or where God is sending you.

## Large Group: 20-30 minutes



**Purpose:** *Help kids observe what the Bible says. Present the Bible Event in creative fashion. Help kids begin to interpret what it means.*

### Overview

**Audience Participation:** “Marty Morpheus Explains Beautiful Feet”---Volunteers help explain that beautiful feet are those that take the good news message of Jesus Christ into the world.

**Bible Teaching:** Go, Feet, Go (Matthew 28:18-20)

## Small Group Application: 20-25 minutes



**Purpose:** *Help kids map out the meaning of the Bible event in their lives. Use the questions to stimulate discussion, but don't feel tied to them. Allow the Holy Spirit to guide you. Include personal examples from your own faith journey. The example of Christ at work in your life will leave lasting impressions of how Christ can work in the children's lives.*

*Use your Bibles! Children need to learn how to look up references and follow along when scripture is read aloud. Allow for quality time of prayer at the close of the lesson.*

### Observation Questions: What happened?

Have kids look up Romans 10:15b and ask:

**According to this verse, who have beautiful feet?** (*Messengers who announce the good news.*)

Read Matthew 28:16-20 out loud.

**This passage is called the Great Commission. To whom was Jesus talking?** (*Matthew 28:16. The disciples.*)

**Verse 17 says, that some doubted. What did Jesus say to encourage them to be strong in faith?** (*Matthew 28:18, 20b. "All authority in heaven and on earth has been given to me... And remember---I am always with you until the end of time."*)

### **Interpretation Questions: What does this mean?**

**Who are Jesus' disciples today?** (*Believers in Christ.*)

**How are we to "Go and make disciples"?**

### **Application Questions: What does this mean to me?**

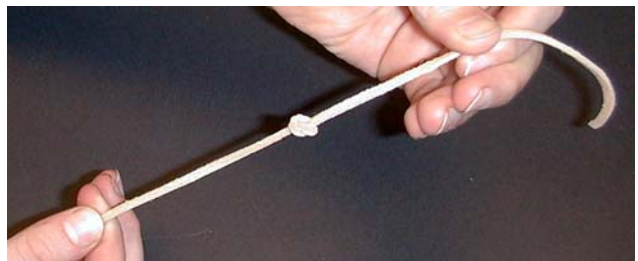
#### Application Activity:

Give kids instruction on how to make the good news ankle bracelets as follows. If time is short, just send home with the kids what they don't get finished. It is more important to talk about the meaning for each of the colors.

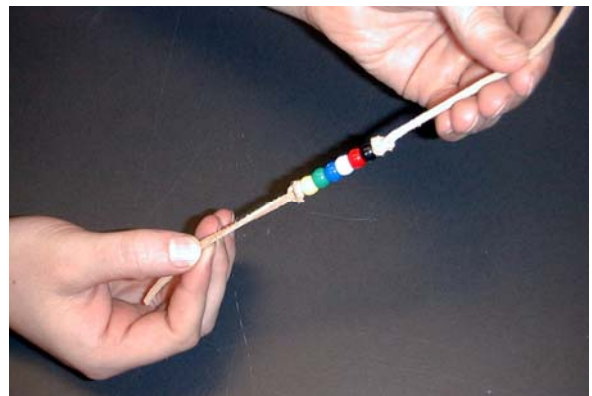
*There are two ways to make these bracelets. The quickest way is with beads as shown in the first set of pictures. The second way is by tying knots on a set of six different colors of embroidery string. Pictures are attached explaining this process. This will take longer than you have in class, but children can take the project home to complete it. This is a great teaching opportunity illustrating that God wants to send us to our homes and schools and friends to share the good news.*

1. Bead wrist bracelet:

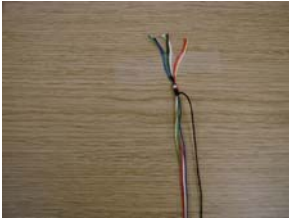
Give each child a leather band long enough to be tied around a wrist (or ankle) with several inches to spare. Begin by tying a knot in the leather band.



After all beads have been added in the proper order, another knot is made to keep the beads on the bracelet.

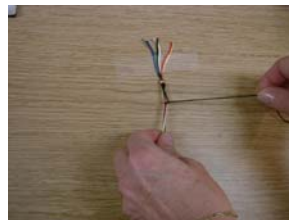
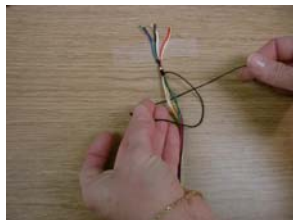


## 2. String bracelet:



The knots begin with six appropriately colored strings knotted together at one end. Tape the knotted end to a firm surface with masking tape. You are ready to start the knots.

Begin with the black string. Loop that thread around the other colors and back through itself. Then pull tightly so that a knot forms on top.



Do this ten times for ten knots. Then, repeat the process with the next color. In this case it is the color red.



Continue the six-color pattern until you have enough knots to wrap the ankle.

Review the following witnessing questions while kids make their bracelets.

**What do you believe about God?**

**Who do you think Jesus is?**

**Do you think you would go to heaven if you died?**

Describe the color of beads as follows. If there is time, you may discuss the situations accompanying each color. Noted scripture references may be helpful.



**The BLACK bead reminds us of God's truth that ALL ARE SINFUL.**

**Your friends will never know their need for Jesus unless they recognize that sin separates them from God and all have sinned.**

Refer to Romans 3:12b: *"...No one does anything good, not even one person."*





**The RED bead reminds us of the BLOOD OF JESUS.**

One of your friends notices that you are wearing a cross necklace. She admires it and says it is cool. You ask her if she knows what the cross stands for. She says it has something to do with Jesus but she does not know what.

**What does the cross have to do with Jesus?**

Refer to Ephesians 2:13: *“But now through Christ Jesus you, who were once far away, have been brought near by the blood of Christ.”*



**The WHITE bead reminds us of FORGIVENESS.**

Your friend was caught cheating at school. He even got sent home early, and his mom and dad had to pick him up. That night, he called you because he was so worried about what he had done wrong. He said God would probably never forgive him. What do you tell him?

Refer to 1 John 1:9: *“God is faithful and reliable. If we confess our sins, he forgives them and cleanses us from everything we have done wrong.”*



**The BLUE bead reminds us of FAITH.**

Your friend has heard you tell him about how Jesus paid the price for his sins and offers forgiveness. Now he wants to receive that forgiveness. He asks you how to pray to receive it. What do you tell him?

Refer to Romans 3:22 (NIV): *“This righteousness from God comes through faith in Jesus Christ to all who believe...”*



**The GREEN bead reminds us of GROWTH IN FAITH.**

One of your friends is ready to steal candy at the store. He asks if you want a piece. You say, “No, that’s not right.” Your friend goes to church with you and should know better. He says, “It’s okay. We can always ask God to forgive us.” What do you tell him?

Refer to Ephesians 5:1 and 10: *“Imitate God, since you are the children he loves . . . Determine which things please the Lord.”*



**The YELLOW bead reminds us of EVERLASTING LIFE.**

Your grandmother died and everyone in your family is sad. You know that she loved Jesus and trusted in him as her Savior. Your little

**brother does not understand where Grandma is right now. What would you tell him?**

Refer to John 3:16: *"God loved the world this way: He gave his only Son so that everyone who believes in him will not die but have eternal life."*

**Let's make a good news covenant with each other:**

**If you wear your good news bracelet or anklet and you end up telling someone what it means, give that bracelet to him or her. I will have the stuff to replace the bracelet you gave away in my resource tub.**

**For every bracelet you give away, you can get the materials to make another one from me. That is our good news covenant. I'm looking forward to seeing who of you will be the first to say that you need another bracelet because you shared your faith and gave away the first bracelet.**

**Today we have learned that *\*God sends you to share his message with others.* What are the five W's of God's mission for us:**

<b>Where?</b>	<b><u>WHEREVER</u></b>
<b>Who?</b>	<b><u>ME</u></b>
<b>When?</b>	<b><u>AFTER I PRAYED</u></b>
<b>What?</b>	<b>Black—<u>SIN</u>; Red—<u>BLOOD</u>; White—<u>FORGIVENESS</u>; Blue—<u>FAITH</u>; Green—<u>GROWTH</u>; Yellow—<u>HEAVEN</u></b>
<b>Why?</b>	<b><u>THE DIFFERENCE BETWEEN HEAVEN AND HELL</u></b>

Closing Prayer:

Pray to have beautiful feet to take the message of Jesus to friends and family. Thank Jesus that he promises to always be with us. Ask for the Holy Spirit to place on our hearts those in our lives who need to hear the Good News and ask that their hearts be prepared to receive this message.



## Large Group Presentation

### **“Marty Morpheus Explains Beautiful Feet”**

Audience Participation Presentation

*Props needed: a pointer, a blanket, a table or high chair*

**Hello, I’m Marty Morpheus, the famous explorer and discoverer of new species. My specialty is to find creatures that have emerged as new from something old. For example, my favorite is the butterfly. Once a caterpillar crawled into a cocoon and then emerged as a new creature, a butterfly.**

**Though that is amazing, it’s not as amazing as the new creature we have with us today. This creature is called a believer. Our “New Creatures Manual,” the Bible says in 2 Corinthians 5:17, *“Whoever is a believer in Christ is new creation. The old way of living has disappeared and a new way of living has come into existence.”* So let me call up a believer and look at the new creature that he is.**

Call a volunteer forward who is willing to take off a shoe and sock and whose feet aren’t too ticklish. *(Later this same volunteer must be willing to let his feet be drawn on with a water-based marker.)* Have the volunteer sit off to the side on a table with one bare foot dangling. Marty should use a pointer as he instructs about the foot at this point.

**And this is a foot, not just an ordinary foot but it is a beautiful foot. The Bible says, *“How beautiful are the feet of the messengers that announce the good news.”* Believers in Christ have new feet. They have beautiful feet because they announce good news to people.**

**Did you know that this foot is not only beautiful because the toes are well shaped and toe nails are perfectly manicured, but because this foot is connected to the leg which is connected to the body and connected to the heart of a believer who knows there are people in the world that God wants to have a friendship with forever? Unless these people hear about Jesus, they will never know how to be connected with God.**

**So, let’s have a little fun examining the beautiful feet that we have here. To prove the point, we are going to examine some beautiful feet of believers with us today.**

Gather four more volunteers, two boys and two girls. (If you have a large number of students, invite three boys and three girls forward.) They must be willing to take off their shoes and socks and roll up pant legs.

Have the volunteers step behind the blanket (held up by two adult volunteers), take off their shoes and socks and roll up their pant legs. Then say:

**While they are getting ready, I would like to read to you a Bible passage that talks about new creation. This comes from Romans 10. Paul wrote to the church in Rome describing to them how important it is for people to share the message of the gospel. He will quote what is written in the Old Testament in the book of Isaiah about beautiful feet.**

**Romans 10:14-15: *“But how can people call on him if they have not believed in him? How can they believe in him if they have not heard his message? How can they hear if no one tells the Good News? How can people tell the Good News if no one sends them? As Scripture says, ‘How beautiful are the feet of the messengers who announce the Good News.’”***

**Well, today we will learn that God sends each and every believer out with the Good News of Jesus to share with those in our world, our family and friends. For you see, boys and girls, the people that bring good news to the world are not just pastors or leaders of churches, not just adults; but you, if you are a believer.**

**Our contestants should now be ready to present their feet.**

Raise the blanket about 12 inches off the ground so everyone can see the feet of the contestants. Have the audience vote for the pair of feet they think are the most beautiful with either a handclap or show of hands as you present each pair. For added fun, have the audience guess which set of feet belong to which volunteers. After the contest, have the contestants return to their seats.

Go to the teaching “Go, Feet, Go”.

## **Go, Feet, Go**

### Teaching on Matthew 28:18-20

*Marty Morpheus asks the first volunteer whose foot is still bare, to sit back on the table so that the audience can see the bottom of his foot. Marty then draws on that foot with water-based markers as he teaches. By the time he is finished teaching, each toe will have a "W" which should look like the hair on a cartoon sketched face. The rest of the face is drawn on the contestant's sole. Draw a simple cartoon face, one section at a time, while presenting each teaching session. The teaching is numbered 1-5 corresponding to the appendix page illustrating the steps to draw the cartoon face. Please be as concise as possible with the teaching so that it is not too long. It would also be helpful to write the key words on newsprint taped to the wall. Have an adult assistant write these key words: Whatever, Who, When, What and Why.*

#### Introduction to the verse (Matthew 28:18-20)

**It was Jesus who first told us to use our feet and do a very important mission. This is called the great commission. It's in Matthew 28:18-20:**

**Jesus told us: "All authority in heaven and earth has been given to me, so wherever you go, make disciples of all nations. Baptize them in the name of the Father, the Son and the Holy Spirit. Teach them to do everything I've commanded you."**

**The mission of the church is to make disciples. This mission is for you and me. It's our beautiful feet that will take us there. Let's examine them.**

#### Toe #1          W-Wherever

Draw the "W" on the first toe of the volunteer along with eyes and eyebrows. (See appendix drawing – page 17)

**This first "W" asks the question "Where?" Where is God sending us? Sometimes we think we only talk about Jesus in church and that when we leave church, we are finished for the week. That is not true. Church is like the sending station. We learn about God and his purposes, and then we take his mission with us wherever we go.**

**See these eyes I am drawing? They see that God sends us to wherever he takes us, Monday through Saturday. We go to our family, our friends, our school and our play. Wherever we go, we should look for opportunities to share the good news of Jesus.**

**So, the first question is "Where?" The answer is WHEREVER. Would you repeat that with me? The question is "Where?" The answer is.... "WHEREVER!" The audience responds with the underlined word.**

Toe #2      W-Who

Draw a “W” on the second toe and draw the nose.

**The second “W” asks the question “Who?” Who does Jesus want to send out to make disciples? Point your finger into the air, come on back and touch your nose. Do this action with the kids. That’s the one. The answer is ME.**

**This is not just a job for pastors and teachers and leaders of the church. It’s not just a job that waits for you to become an adult. It’s a job for every believer or new creation in Christ. For example, who could do a better job of talking to one of your sixth grade friends about Jesus? Your pastor or you? Who would your friend trust more? Who talks to your friend more often? Who sees your friend more often? Your pastor or you? The answer is *you*. So the second question is, “Who?” The answer is ME. Repeat that with me. The question is “Who?” The answer is... “ME!”**

Toe #3      W-When

Draw a “W” on the third toe and add a curved line smile.

**The third question is “When?” The answer is “After I’ve prayed.” Before we talk to others about Jesus, we must remember first to talk to Jesus about other people. When we pray, even short prayers, we are counting on God to give us the right words and the right attitude. It’s just like me drawing this smile on the believer’s face. It shows that we are confident that God hears our prayers and is getting the other person ready to receive our message. So the third question is “When?” and the answer is “After I’ve prayed.” Repeat the answer together. “When?”... “AFTER I’VE PRAYED.”**

Toe #4      W-What

Draw the fourth “W.” As you speak about listening, draw ears. As you speak about talking, draw an open mouth on the curved line smile.

**The fourth question is, “What do I say?” This is a longer answer. It begins with this. Draw some ears on the cartoon face. Listening. Before you tell someone what you believe, ask them what they believe and then listen. One or more of these three questions will help start the conversation. Ask them:**

**“What do you believe about God?” or...**

**“Who do you think Jesus is?” or ...**

**“Do you think you would go to heaven if you died?”**

**These are questions that give you a chance to listen to what the other person believes. It will be lots easier to share what you believe after you’ve first listened to them.**

Have an ankle bracelet (see small group application) ready for the following:

If your friend is ready to hear about God, use these six colors that will help tell the story about how anyone can be friends with God. You'll learn more later in your small groups, but let me tell you quickly the meanings of these colors.

- Black stands for sin that separates us from God.
- Red is for the blood of Jesus that paid the price for our sins.
- White is the color of forgiveness we receive when we receive Jesus as our Savior.
- Blue is the color of being "true blue" or the color of faith. It says, "I trust Jesus as my Savior so I have his forgiveness."
- Green is the color of growth. This means I now follow Jesus as the leader of my life and choose to grow in what it means to serve him.
- Yellow is the color of gold or heaven, the place that is promised for sure for all those who trust Jesus as their Savior.

See if you can remember one word for each of these colors:

Black—sin  
Red—blood  
White—forgiveness  
Blue—faith  
Green—growth  
Yellow—heaven

Toe #5 W-Why

Draw a "W" on the fifth toe and add the chin.

The big question is, "Why?" Why would you want to share your faith with others? The answer is: "THE DIFFERENCE BETWEEN HEAVEN AND HELL." That's pretty serious, isn't it? It is God's job to change people's hardened hearts to receive his love for them. But it is our job to say something about God. Our message is good news for people. They can become friends with God by receiving what God has done for them when he sent Jesus. What a privilege to share that with the people we care about.

Conclusion and Prayer

Let's review the answer to the questions about God's mission for us.

Where? WHEREVER  
Who? ME  
When? AFTER I PRAYED

What? Black—SIN; Red—BLOOD; White—FORGIVENESS; Blue—FAITH;  
Green—GROWTH; Yellow—HEAVEN  
Why? THE DIFFERENCE BETWEEN HEAVEN AND HELL

Let's pray about that. Dear God, thank you for making us new creatures through faith in Jesus. It's cool that you gave us beautiful feet so that we can go anywhere you send us to share the good news message. Help each one of us think of at least one person we can talk to about you. Help that person realize how much you love them and want them to get to know you. We pray in Jesus' name, Amen.

**Little Known Facts about Shepherds**  
**Gathering the Facts Questionnaire**  
*(To be distributed the Sunday before.)*

Next week we will play a game called “Little Known Facts about Shepherds.” Please list two or three interesting background facts about you that probably no one knows. This might be a special hobby or previous experience. It could be a place where you’ve traveled or something glamorous that you’ve done. Choose things that people would not normally associate with you. Don’t let any kids know what you have written. Turn it in today, so we can compile it for our game next week. (Note: This game needs at least four adults or shepherds in your church. If you do not have that many adults working with this age group, recruit some other adults who would be willing to get in the fun.)

Facts:

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Your name: \_\_\_\_\_

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Facts:

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Your name: \_\_\_\_\_



## Little Known Facts about Shepherds

*(Note: There should be more facts than shepherds. Some shepherds should have two facts listed.)*

**The little known fact about this shepherd is:**

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**This is the shepherd that we matched to that little known fact.**

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