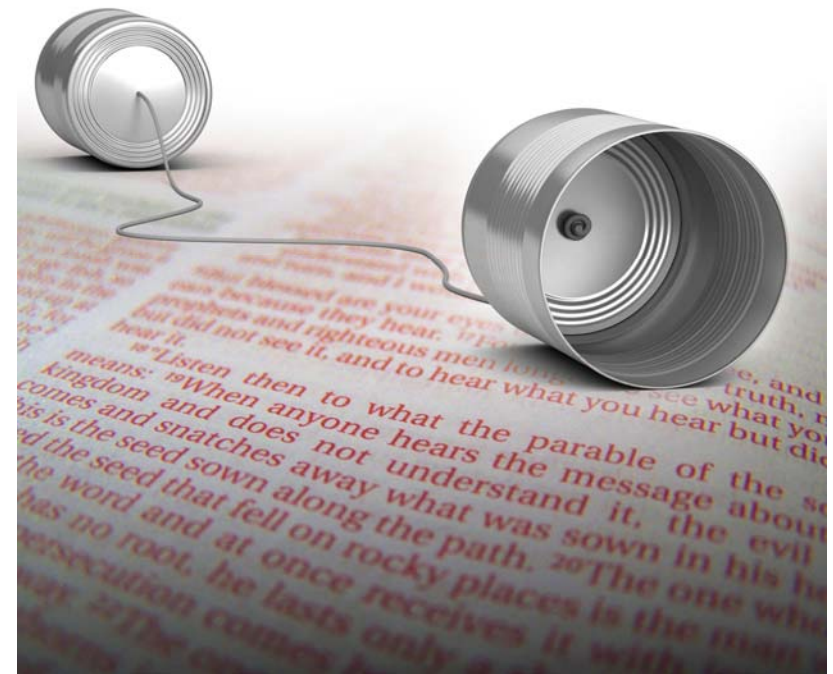




Book 10:
Psalms



- 5 *5 days a week set aside nine minutes to read the Bible, consider what God is saying to you and pray.*
- 4 *4 minutes a day read the Bible. Take your time. Enjoy the reading. Pray before reading "Speak to me God, I'm listening."*
- 3 *3 minutes a day consider what God is saying to you specifically after reading and thinking about His word.*
- 2 *2 minutes a day pray. Give praise to God for who He is and what He has done. Pray for others. Ask that He would help you live out His daily message.*
- 1 *1 time a week tell another person what God has been saying to you lately!*

So...What Has God Been Saying to You Lately?

Journal One

- Booklet 1: *Philippians, Colossians, 2 Thessalonians*
- Booklet 2: *John 1-8*
- Booklet 3: *John 9-16*
- Booklet 4: *John 17-20, 1 John*
- Booklet 5: *Genesis*
- Booklet 6: *Exodus & Numbers*
- Booklet 7: *Hebrews*
- Booklet 8: *Mark 1-8*
- Booklet 9: *Mark 9-16*
- Booklet 10: *Psalms*
- Booklet 11: *Acts*
- Booklet 12: *1 & 2 Corinthians*
- Booklet 13: *Proverbs*

Journal Two

- Booklet 1: *Romans*
- Booklet 2: *Galatians, Ephesians*
- Booklet 3: *1 & 2 Samuel*
- Booklet 4: *Isaiah*
- Booklet 5: *1 & 2 Kings, 1 & 2 Chronicles*
- Booklet 6: *Matthew 1-9*
- Booklet 7: *Matthew 10-18*
- Booklet 8: *Matthew 19-28*
- Booklet 9: *1 & 2 Timothy, Titus*
- Booklet 10: *Ruth, Esther*
- Booklet 11: *Ezra, Nehemiah, Daniel*
- Booklet 12: *James, 1, 2 & 3 Peter*
- Booklet 13: *Revelation, Matthew 25, 1 Thessalonians*

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Week 4 - Saturday - Sunday

Choose your own Bible reading or the Bible reading you studied in church.

God is *Saying* to Me:

What family conversations did you have about God or listening to Him?

Psalms

5 Week 1 - Monday

Five Days – Day 1

4 Read Psalms 1, 4, 5:1-8

Four Minutes

3 God is *Saying* to Me:

Three Minutes

2 I'm *Praying* For:

Two Minutes

1 This Week I Will *Tell*:

One Person

5 Week 1 - Tuesday

Five Days – Day 2

4 Read Psalms 8, 92:1-5, 145

Four Minutes

3 God is *Saying* to Me:

Three Minutes

2 I'm *Praying* For:

Two Minutes

1 This Week I Will *Tell*:

One Person

5 Week 4 - Friday

Five Days – Day 5

4 Read Psalms 33:1-3, 68:32-35, 71:22-24,
95:1-7. 98. 150

Four Minutes

3 God is *Saying* to Me:

Three Minutes

2 I'm *Praying* For:

Two Minutes

1 This Week I Have *Told*:

One Person

5 Week 4 - Thursday *Five Days – Day 4*

4 Read Psalms 63, 86:4-13, 108:1-6, 136 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 1 - Wednesday *Five Days – Day 3*

4 Read Psalms 19, 24, 65:5-13 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 1 - Thursday *Five Days – Day 4*

4 Read Psalms 13, 17:6-15, 127, 138 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 4 - Wednesday *Five Days – Day 3*

4 Read Psalms 67:1-5, 77:11-14, 96,
99:1-3, 117 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 4 - Tuesday

Five Days – Day 2

4 Read Psalms 91, 118:1-16, 121

Four Minutes

3 *God is **Saying** to Me:*

Three Minutes

2 *I'm **Praying** For:*

Two Minutes

1 *This Week I Will **Tell**:*

One Person

5 Week 1 - Friday

Five Days – Day 5

4 Read Psalms 31: 1-5, 46, 62:1-2, 138

Four Minutes

3 *God is **Saying** to Me:*

Three Minutes

2 *I'm **Praying** For:*

Two Minutes

1 *This Week I Have **Told**:*

One Person

Week 1 - Saturday - Sunday

Choose your own Bible reading or the Bible reading you studied in church.

*God is **Saying** to Me.*

What family conversations did you have about God or listening to Him?

5 Week 4 - Monday

Five Days – Day 1

4 Read Psalms 42, 84:1-4, 119:145-149 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

Week 3 - Saturday - Sunday

Choose your own Bible reading or the Bible reading you studied in church.

*God is **Saying** to Me.*

What family conversations did you have about God or listening to Him?

5 Week 2 - Monday

Five Days – Day 1

4 Read Psalms 20, 23, 37:3-7, 143:8

Four Minutes

3 *God is **Saying** to Me.*

Three Minutes

2 *I'm **Praying** For:*

Two Minutes

1 *This Week I Will **Tell**.*

One Person

5 Week 2 - Tuesday *Five Days – Day 2*

4 Read Psalms 22:1-8, 14-19, 25-31, *Four Minutes*
103, 110

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**:* *One Person*

5 Week 3 - Friday *Five Days – Day 5*

4 Read Psalms 39: 4-6, 73:23-28, *Four Minutes*
90:12, 139: 1-17

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Have **Told**:* *One Person*

5 Week 3 - Thursday *Five Days – Day 4*

4 Read Psalms 37:23-24, 40:1-3, 107:13-15, 130 *Four Minutes*

3 God is *Saying* to Me. *Three Minutes*

2 I'm *Praying* For: *Two Minutes*

1 This Week I Will *Tell*. *One Person*

5 Week 2 - Wednesday *Five Days – Day 3*

4 Read Psalm 25, 111, 119:33-40 *Four Minutes*

3 God is *Saying* to Me. *Three Minutes*

2 I'm *Praying* For: *Two Minutes*

1 This Week I Will *Tell*. *One Person*

5 Week 2 - Thursday *Five Days – Day 4*

4 Read Psalms 32, 51:1-17, 131:23-24 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 3 - Wednesday *Five Days – Day 3*

4 Read Psalms 36:5-9, 100, 105:1-5,
118:19-29 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 3 - Tuesday *Five Days – Day 2*

4 Read Psalms 18:1-19, 34:1-10, 68:19-20 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*

5 Week 2 - Friday *Five Days – Day 5*

4 Read Psalms 33:18-22, 89:8-29, 144:1-2 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For:* *Two Minutes*

1 *This Week I Have **Told**.* *One Person*

Week 2 - Saturday - Sunday

Choose your own Bible reading or the Bible reading you studied in church.

*God is **Saying** to Me.*

What family conversations did you have about God or listening to Him?

5 Week 3 - Monday

Five Days – Day 1

4 Read Psalms 33:4-22, 78:1-7, 119:9-16 *Four Minutes*

3 *God is **Saying** to Me.* *Three Minutes*

2 *I'm **Praying** For.* *Two Minutes*

1 *This Week I Will **Tell**.* *One Person*
