



Date: _____

Series: God Saves and Protects Us
Summer Year 1, Lesson 10

God Frees the Israelites

Bible Event: Exodus 7:14 – 12:50

Take Home Point: *GOD SAVES US FROM ENEMIES –
Follow God.

*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (CAPS). The children respond with the second part of the phrase (*italics*).

Jesus Link: Jesus saved us from our greatest enemy – sin.

What kids will learn about God in this worship experience:

- Kids will learn that we all go through hard times sometimes. Whenever God's people face trouble and battle with sin and enemies, God is there. Whether it's the Israelites in the Bible or you and me today, when we're in trouble, all we need to do is follow God's word and he will be there to help us. Kids will take home the point: *GOD SAVES US FROM ENEMIES – *Follow God.*
- Children will respond to God's love as they pray to him, thanking him for loving them and giving them Jesus. They will offer him their songs of worship, their offerings, and their actions of love as they actively learn God's word.

Kids Church Year 1 - Lesson 10 - 1



Welcome Zone: (15-20 minutes)

Purpose: While kids arrive, give them a simple learning readiness activity that requires minimal supervision. This might include a video, games, blocks, or puzzles.

Video Suggestion: Choose a video and list it here.

Activity Suggestion: Blocks, toys, puzzles, paper, and crayons.



Opening Worship: (10-15 minutes)

Children can bring forward the cross, candles, Bible, offering plate, and treasure box. The treasure box contains the props used to tell or dramatize the Bible event. Open with a simple prayer, having the children repeat after you. Collect offering and talk about how God will use it.

Praise Songs:

Choose two or three songs and list them here.

Bible Event: A Visit From "The Traveler"

The traveler is a character costumed in traveling gear: backpack, walking stick, hiking hat, and shoes. He explains that he has traveled all around the world discovering wonderful deeds that God has done. He tells of an adventure he just discovered in God's word as he pulls the Bible out of his backpack. As he tells the Bible event, he pulls out objects from his backpack that illustrate the story.

This is a true Bible event. There were some people called Israelites living in a land called Egypt. A man named Moses was their leader. The Israelites believed in God and the people in Egypt did not like them. You see, the Egyptians thought that their god was more powerful than the real God. (Show a plastic cow or animal covered in foil.) The leader of the Egyptians was called Pharaoh and he disliked the Israelites so much that he made them work as slaves. (Show chains or handcuffs.)

Moses was always trying to convince Pharaoh to let the Israelites go free. Moses would walk up to Pharaoh (show a walking stick) and say "Let my people go!" And Pharaoh said "No, no, no!" So God decided to help. He decided to send ten plagues to Egypt. (Count to ten together.) A plague was something bad that would happen to Pharaoh's people so he would let Moses and the Israelites go. Every time God sent a plague, the Egyptians would get it, but the Israelites were always safe. Here's how they went:

The first plague that God sent to Egypt was blood! He turned all of the water in the river into red blood. (Show a clear container of water colored red with food coloring.) **The people were scared and couldn't drink the water. Moses went to Pharaoh and said, "Let my people go!" and Pharaoh said, "No, no, no!"** (As the children catch on to this phrase, let them say it each time.)

Next came the frogs. (Show a plastic or stuffed animal frog.) **God sent slimy, green frogs to cover the land! Yuck! Moses went to Pharaoh and said, "Let my people go!" and Pharaoh said, "No, no, no!"**

The third plague was gnats. Gnats are teeny little bugs that itch and bite. (Pretend to itch and hop around as if covered in gnats. Have the children join in.) **Gnats were everywhere and on everything. Moses went to Pharaoh and said, "Let my people go!" and Pharaoh said, "No, no, no!"**

The next plague God sent to Egypt was flies. (Show a plastic fly or fly swatter.) **These flies swarmed all over everything. It was bad! Moses went to Pharaoh and said, "Let my people go!" and Pharaoh said "No, no, no!"**

Plague number five was a bad one. It killed all of the cows and other livestock of the Egyptians so they wouldn't have food to eat. (Show a plastic cow or other livestock animal.) **Once again, Moses went to Pharaoh and said, "Let my people go!" but Pharaoh said, "No, no, no!"**

The sixth plague was really bad, too! God put sores on all of the Egyptian's skin. They had sores on their faces and hands and arms and everywhere! (Show a Band-Aid.) **It was terrible. Even Pharaoh got them. Moses told Pharaoh again, "Let my people go!" but Pharaoh said "No, no, no!"**

The next plague God sent to Egypt was hail! Hail was like great big ice cubes falling from the sky. (Show ice cubes or ping pong balls.) **So much hail fell that the land was covered! It looked like snow, but really it was ice! So Moses went to Pharaoh and said "Let my people go!" and Pharaoh said "No, no, no!"**

The eighth plague was another one with bugs! This time God sent grasshoppers to get in the people's houses and to eat their crops. (Show a plastic grasshopper.) **By this time, Pharaoh and his people were starting to get tired of the terrible plagues. Once again, Moses went to Pharaoh and said, "Let my people go!" but Pharaoh said "No, no, no!"**

The ninth plague that God sent was darkness. (Dim lights.) There was no sunlight or moonlight or even stars for three days. Everything was black and dark. The Egyptians were afraid. Moses went to Pharaoh again and said, “Let my people go!” but Pharaoh still said “No, no, no!”

The tenth and last plague was very, very sad. It was the worst plague of all. Pharaoh had not listened to Moses during all of the other plagues, and this one was horrible. In every Egyptian family, the firstborn boy had to die. It was so sad. Pharaoh became very upset. His own son died. When Moses went to him this time, things were different. Moses told Pharaoh, “Let my people go!” and this time Pharaoh said, “Go, go, go.”

That’s how God’s people, the Israelites, were freed from Egypt. Pharaoh was their enemy and God kept them safe. Come back next week to find out where Moses and the Israelites went after Pharaoh let them go. Remember: GOD SAVES US FROM ENEMIES – *Follow God.*



Action Zones: (20-30 minutes)

Purpose: Children move at their leisure to the activities according to their interest. Adults are assigned to oversee each of the zones, watching for safety, assisting any activity, and helping the children connect to the lesson of the day. All zones are introduced at the beginning of Zone Time. Some suggested zones are included below. It is usually best to have all children go to the Snack Zone first. Sing a blessing song or say a snack prayer together before dismissing to the zones. During the Zone Time, children may arrive from mid-service dismissal if this is an option at your church. Be prepared to welcome the children and invite them to choose a zone.

Snack Zone: Gummy frogs and bugs, if available. *Another option:* trail mix for the Israelites to get ready for their journey. (Empty your pantries.)

Drama Zone: Let the children reenact some of the scenes by providing Moses and Pharaoh robes, a walking staff, a red towel to lie on the floor for the river, a bucket of ice cubes, plastic or stuffed animals, etc.

Puppet Zone: Let the children use puppets to discuss ways they can “follow” God today by helping other people.

Felt Zone: Use felt board materials to show the story of God freeing the Israelites from today’s Bible event. (For example, use Lessons #29 and 30, from *Betty Lukens Through the Bible in Felt.*)

Craft Zone: Construction of fold-up booklet:

1. Copy both sheets on white cardstock. Each child will need one of each sheet.
2. Color pictures with crayons, colored pencils or markers. Place child’s name on the blank line.
3. Cut sheet number one (titled with... “And God said, “Let My people go!”) in half vertically so that there are three pictures on each strip.
4. Take the first two strips (Titled: “And God said, ‘Let My people go!’... *and*, “Finally Pharaoh said, “Go!” Moses said, “I told you so.”) and put them back to back, drawings to the outside. Tape the tops of the two strips together.
5. Fold in it the middle, pictures on the outside. Make a mountain fold between picture one and two and valley fold between two and three. Do this to both strips.
6. Lay the project with pictures number one (the title squares), down on a flat surface. The rest of the pictures should be in their fan-folded position.
7. Take sheet two (one column vertical and the other completely upside down with plagues on them) and cut in half vertically. Place these two strips face-to-face, pictures to the inside. Tape the bottoms of the strips together. Valley fold on the first line of each strip and mountain fold the second line of each strip.

8. Glue stick or tape the backs of the “frog” picture to the “bug” picture. Then again, glue stick or tape the backs of the “grasshopper” and “darkness” pictures together to finish the booklet.

Play Zone: Provide Play Doh for the children to sculpt bugs, frogs, and animals. Another option: Provide sand and plastic animals.

Quiet Reading Zone: Basket of books. Include any that feature the story of God freeing the Israelites.

Music Zone: Your choice of music.

Coloring Zone: “God Frees the Israelites” coloring page.



Closing Worship: (20 minutes)

Purpose: As you empty the zones and clean up, begin the music so the children can start wandering over.

Worship Songs:

Choose one or two songs and list them here.

Bible Application with Puppet Presentation:

Purpose: The puppet demonstrates the need that will be met in today's lesson. The scripts are not written verbatim, but give a story line in which the group leader can interact with the puppet.

Bubba comes out with a backpack or bag filled with the props from today's Bible event (plastic frogs, bugs, animals, etc.) and declares he's ready to follow God. The large group presenter looks through his bag and shows the kids what he has in there. Bubba paid attention to all of the plagues in today's Bible event and he's ready to go with Moses! The presenter admires Bubba's enthusiasm, but tells him that those things won't help him follow God. Bubba is disappointed and asks how can he follow God.

The presenter explains that we follow God today by following God's word. The way we follow God's word is by doing things that show God's love. Invite the children to name ways that they can show God's love this week. (For example: telling others about Jesus, being kind to others, helping Mom and Dad, etc.)

The presenter concludes by putting a Bible in Bubba's bag. He tells Bubba that God's word is all he needs to follow God. God's word teaches us to be kind to others, helps us share Jesus with others, and assures us that God is always with us and will keep us safe. Especially remember: *GOD SAVES US FROM ENEMIES – *Follow God.*

Prayer Time:

Purpose: Allow children to contribute their own prayers. This will teach them to turn to God in both good times and in times of trouble. End with the Lord's Prayer.

"Children Pray" Options: (select one from the options below)

_____ **Prayer Train Option:** Children line up and take turns stepping in front of the microphone and speak their brief prayers of thanksgiving.

_____ **Prayer Chair:** Children stand in a circle around one child sitting on a chair in the middle. All children in the circle will lay a hand on the child sitting in the chair as they say a prayer together.

_____ **Popcorn Prayer:** The leader moves through the crowd with a microphone and taps children on the head to stand and speak their prayer.

Lord's Prayer: Lead the children through the Lord's Prayer, phrase by phrase, or let them pray the entire prayer along with you.

Blessing:

May God, who is all around you,
pour his love upon you.

(Beginning at the bottom of the circle, slowly make large circle with your hands. Finish by bringing your hands down and wiggling your fingers to resemble rain.)

And Jesus, his life a sacrifice,
walk right there beside you.

(Slowly make a large sign of the cross. Then move your hands out to the sides.)

And may God's Holy Spirit,
the one who lives inside you,

(Cross hands over your heart.)

keep you strong,
comfort, lead and guide you!

(Move to a "strong man" position. Then cross your arms with your hands on corresponding upper arms to communicate comfort. Bring one hand forward with "lead" and the other with "guide" to complete the blessing.)

Song of Sending:

Choose one song and list it here.



Closing Zones:

Purpose: Children go to an activity zone, such as the coloring zone, quiet reading zone, and children's Christian music video zone, as they wait for their parents.

Supplies:

Quantity (4)

Welcome Zone:

- blocks, toys, puzzles, paper, and crayons

Opening Worship:

- Bible
- plastic cow or animal covered in foil
- chains or handcuffs
- walking stick
- water colored red in clear container
- plastic or stuffed frog
- plastic fly or fly swatter
- plastic or stuffed livestock animals
- Band-Aids
- ice cubes or ping pong balls
- plastic grasshopper

Action Zones:

Snack:

- Gummy frogs and bugs
- *optional:* trail mix from pantry items

Drama:

- robes and headgear for dress up as Moses and Pharaoh
- red towel
- props from Bible event

Craft:

- fold up booklet (see lesson template and instructions)

Play:

- Play Doh
- *optional:* sand and plastic animal toys

Quiet Reading:

- basket of books

Music:

- your choice of music

Puppet:

- various puppets

Felt:

- materials to reenact event (For example, use Lessons #29 and 30, from *Betty Lukens Through the Bible in Felt.*)

Closing Worship:

- Bubba, the puppet
- backpack or bag
- props from the Bible event
- Bible

Closing Zones:

- colored pencils
- paper
- basket of books

Safety and Security: Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

And God said,
"Let My People Go!"



book by: _____

Finally
Pharaoh said, "Go!"
Moses said,
"I told you so!"

Pharaoh said, "NO!"
God said...



River turned to blood.

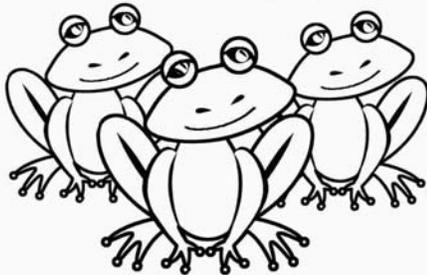
Death of the firstborn son.



God said...

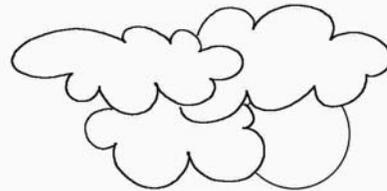
Pharaoh said, "NO!"

Pharaoh said, "NO!"
God said...



Frogs covered the land.

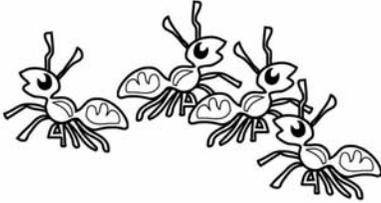
Darkness over the land.



God said...

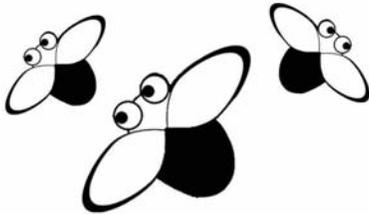
Pharaoh said, "NO!"

Pharaoh said, "NO!"
God said...



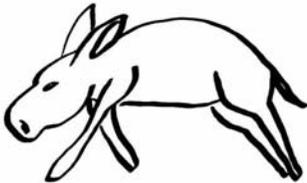
Bugs everywhere.

Pharaoh said, "NO!"
God said...



Flies plagued the land.

Pharaoh said, "NO!"
God said...



Farm animals died.

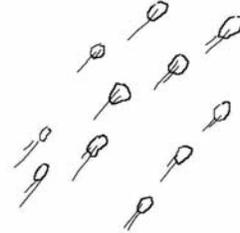
Grasshoppers filled the land.



God said...

Pharaoh said, "NO!"

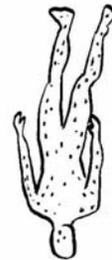
Hail storm hit the land.



God said...

Pharaoh said, "NO!"

People full of sores.



God said...

Pharaoh said, "NO!"

Construction of booklet:

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