



Ages 4-5-K

**Date:** \_\_\_\_\_  
**Series:** God Saves and Protects Us  
Summer Year 1, Lesson 7

# People's First Sin

**Take Home Point:** \*TELL GOD YOUR SINS... *God forgives us.*

\*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (CAPS). The children respond with the second part of the phrase (*italics*).

**Bible Event:** Genesis 3:1-24

**We will help children know:**

- The Bible Event of Adam and Eve eating from the tree of knowledge in the Garden of Eden.
- Everyone sins, and everyone should be punished. Jesus died on the cross to take the punishment for everyone so we can be forgiven.
- We can't hide our sins; God knows when we have sinned. We should tell our sins to God and be forgiven.

**We will help the children feel:**

- Sorrow and repentance for their sins.
- Assured because of Jesus, they are forgiven.
- Desire to turn from sin.

**We will help the children do:**

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event.
- Craft: Crayon Resist Tree Picture.
- Snack: Cross Conquers Sin.
- Game: Simon Says.
- Teach Albie the Take Home Point: TELL GOD YOUR SINS...*God forgives us.*
- Sing and Pray.

Kingdom Quest Year 1 - Lesson 7 - 1

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<p><b>Large Group Opening</b></p> 	<p>3 4</p>	<p>Puppet Presentation Bible Event</p>	<p><i>Puppet Presentation:</i></p> <ul style="list-style-type: none"> <li>• Judy puppet holding a piece of wrapped candy</li> <li>• Bible</li> </ul> <p><i>Bible Event:</i></p> <ul style="list-style-type: none"> <li>• one male adult dressed in Biblical costume</li> </ul>
<p><b>Small Group Application</b></p> 	<p>8 9 10 12</p>	<p>Activity 1: Craft-Crayon Resist Tree Picture Activity 2: Snack- Cross Conquers Sin Activity 3: Game- Simon Says Prayer Time</p>	<p><i>Activity 1: Craft</i></p> <ul style="list-style-type: none"> <li>• Appendix A copied on cardstock, 1 per child</li> <li>• red and orange crayons</li> <li>• green watercolor paints</li> <li>• paintbrush for each child</li> <li>• small containers with water</li> <li>• 3" piece of yellow, green or brown yarn, one for each child</li> <li>• glue</li> </ul> <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> <li>• napkins, cups, water or juice</li> <li>• chocolate pudding</li> <li>• spoons</li> <li>• one gummy worm per child</li> <li>• two graham cracker sticks or other long thin cookies per child</li> <li>• paper plates</li> </ul> <p><i>Activity 3: Game</i></p> <ul style="list-style-type: none"> <li>• none</li> </ul>
<p><b>Large Group Wrap-up</b></p> 	<p>13 13</p>	<p>Singing (Optional) Lesson Review with Puppet Skit</p>	<ul style="list-style-type: none"> <li>• your choice of music</li> <li>• Albie puppet</li> <li>• Example of craft</li> <li>• Example of snack</li> </ul>

## Kingdom Quest Year 1 - Lesson 7 - 2

## **Pre-Session Singing (10 minutes)**

**Purpose:** *When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.*

## **Large Group Opening (15 minutes)**



**Purpose:** *The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.*

## **Puppet Presentation**

*Supplies: Judy puppet holding a piece of wrapped candy; Presenter holds a Bible*

**Presenter:** **Boys and girls, let's call Judy.** *(Children call "Judy".)*

Judy: Hi everyone.

**Presenter:** **Judy, what are you holding?**

Judy: *(quickly tries to hide candy behind her back)* Nothing!

**Presenter:** **I saw something, Judy. Please show me.**

Judy: Oh, all right. Here *(She holds out her hand.)* It's just a piece of candy.

**Presenter:** **Why are you hiding it?**

Judy: Ummm...I might be saving it for after lunch, or maybe it was lonely and needed a friend.

**Presenter:** **Judy, I get the impression that you are not telling me the truth. Are you hiding the candy from someone?**

Judy: *(answers softly)* Yes.

**Presenter:** **Who are you hiding it from?**

Judy: My mother. I wasn't supposed to have any more candy and was sneaking it out of the candy dish. Then I heard mommy coming and I hid it so I wouldn't get in trouble.

**Presenter:** **Judy, you can't hide the candy from your mother, she will know. Mothers are like that; they know things we think they would never guess.**

Judy: That's for sure.

**Presenter:** Your mother isn't the only one who will know; God also knows what you have done.

Judy: I guess he knows everything.

**Presenter:** That's right. This reminds me of today's Bible event: People's First Sin. Would you like to learn more about this Bible event?

Judy: Yes I would.

**Presenter:** First, let's practice the take home point. I'll say the first part and you say the second part.

Judy: OK

**Presenter:** \*TELL GOD YOUR SINS...now you say, "God forgives us."

Judy: God forgives us.

**Presenter:** Do you think you can teach the boys and girls?

Judy: Sure.

**Presenter:** Okay everybody, \*TELL GOD YOUR SINS...

Judy: (and everyone): God forgives us.

**Presenter:** One more time. \*TELL GOD YOUR SINS....

Judy: (and everyone): God forgives us.

**Presenter:** Wonderful. Judy, you should tell your mother and God what you have done so you can be forgiven. Now say "goodbye" Judy.

Judy: Bye everyone!

## **Bible Event:** Imagination Visitor

*Supplies: adult male Bible character in costume*

Presenter holds the Bible

**Boys and girls, today we are going to have a visitor help us tell the Bible event. He is going to tell us about the very first sin. Let's put on our imagination hats and pretend that Adam, the first man, is really with us. I have a job for you. When Adam says "Everything was perfect." I want you to do a thumbs up. When Adam says "Nothing was perfect." I want you to do a thumbs down. Let's practice once. "Everything was perfect." (Children do a thumbs up.) "Nothing was perfect." (Children do a thumbs down.)**

Adam comes onstage. He begins:

**My name is Adam. I want to tell you about the very first sin. God put Eve and I into a very beautiful garden called the Garden of Eden.**

**Everything was perfect.** (Children do a thumbs up.)

**There was no sin. There was no pain, hurt, or problem of any kind. God told us to work in the garden. We took care of the plants and animals. The work was not hard, but fun.**

**Everything was perfect.** (Children do a thumbs up.)

**God told us we could eat any of the fruit. We could eat from any tree except the tree of knowledge of good and evil. That was off limits. God told us not to eat that fruit.**

**Everything was perfect.** (Children do a thumbs up.)

**One day we were in the garden. Satan, otherwise known as the devil, disguised himself as a snake. He was up to no good. He only wanted trouble.**

**Everything was perfect.** (Children do a thumbs up.)

**Until the evil one, the devil, told us a lie. Eve should never have listened to him. The devil was sneaky. He said, "Did God really tell you not to eat from any tree in the garden?" Eve told Satan, "We must not eat from, or even touch, the fruit from the tree in the middle of the garden or we will die." Satan lied. He said we wouldn't die. If only Eve hadn't listened to Satan.**

**Everything was perfect,** (Children do a thumbs up.) **but not for long.**

**Eve listened to Satan's lies. He told Eve we would be like God. She took a bite. Nothing happened to her. She gave some to me. It didn't seem like anything**

**changed when we ate the fruit. I thought maybe God was wrong. But things had changed.**

**Everything was perfect... (Children do a thumbs up.) until now. Until we sinned by disobeying God.**

**Now nothing was perfect. Now sin was in the world. We felt sinful. We felt guilty. We felt ashamed. We had sinned. Our eyes were opened. We knew we were naked. We had to hide our sin. We had to hide from God. So we made some clothes from leaves and we hid in the garden.**

**Nothing was perfect. (thumbs down) We had sinned.**

**God was walking in the garden. He called out to us. "Where are you?" he asked. I told God I was afraid because I was naked, so I hid. God knew we had sinned.**

**God asked us if we had eaten the fruit. I said that the woman God put here gave me the fruit. Eve said that the serpent lied to her so she ate it.**

**Now nothing was perfect. (thumbs down) We had sinned.**

**God cursed the snake. God told the snake he would crawl on his belly and my children and grandchildren would hate him.**

**God cursed the woman. God told her she would have pain when she has children and her husband will rule her.**

**God cursed me. God said work would now be hard for Adam and plants would have thorns and thistles.**

**God cursed all people. God said we would die. Then God drove us from the garden.**

**Everything was perfect... (Children do a thumbs up.) until we sinned.**

**But God still loved us. God still wanted to be with us. God still wanted to save us. So God made a promise. God promised to send his Son.**

**Many, many years later he kept his promise. He sent Jesus to die on the cross for our sins.**

**Now all who believe and trust in Jesus' forgiveness will be forgiven. Because we are forgiven, someday we will be with God once again in heaven.**

**And everything will be perfect. (Children do a thumbs up.)**

Adam leaves. Large group presenter comes on and says:

**Just as Adam and Eve disobeyed God and sinned, we all sin. We all try to hide our sin. When we tell God our sins, he will forgive us. He sent Jesus to die for our sins, so we can be with him. God tells us, "You are forgiven. Go and sin no more."**

**Boys and girls, let's practice the take home point together. I will say the first part and you repeat the last part. \*TELL GOD YOUR SINS...*God forgives us.***

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

**Song:**

**Let's sing our song of the week. (To the tune of *Farmer in the Dell*)**

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**JE-sus DIED for US.  
JE-sus IS a-LIVE.  
HE WILL for-GIVE OUR SINS.  
JE-sus IS a-LIVE.**

# Small Group Application (30 minutes)



**Purpose:** Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.

## Activity 1: Craft “Crayon Resist Tree Picture”

**Supplies:** Copies of Appendix A on cardstock, one per child; red and orange crayons; green watercolor paints; paintbrush for each child; 3” piece of green, yellow or brown yarn per child; glue; small cups with water

**Boys and girls, today we are going to paint a picture.**

To make:

1. As a group, name several ways children sin. For example, not picking up when they are told to, throwing a temper tantrum, and lying. For each sin, draw a piece of fruit on the tree with red or orange crayon.
2. Paint the leafy part of the tree green.
3. Glue yarn on the tree to look like the snake.

To discuss:

**Like Adam and Eve sinned by disobeying God, we also sin. Find the cross in the picture. God sent his Son, Jesus, to the cross to die for our sins so we can be forgiven.**

Review the Bible Event.

**How did Adam and Eve disobey God?** *(They were told not to eat the fruit from the tree of knowledge but they did anyway.)*

**Let’s practice the take home point. \*TELL GOD YOUR SINS...God forgives us.**

**Let’s fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus’ name.  
Amen.**

## **Song:**

**Let's sing our song of the week.** (To the tune of *Farmer in the Dell*)

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## **Activity 2: Snack “Cross Conquers Sin”**

*Supplies: napkins, cups, water or juice; chocolate pudding; spoons; one gummy worm per child; two graham cracker sticks (or other long thin coolies); paper plates*

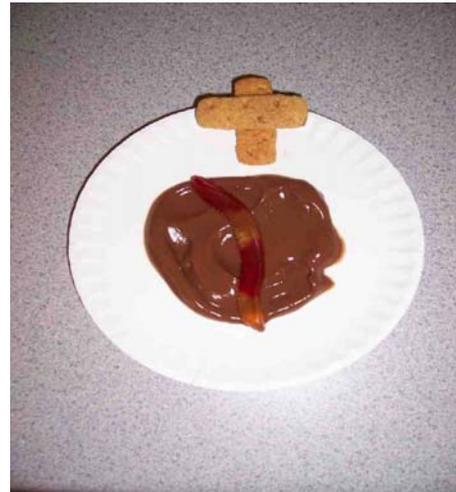
**\*\*\*CAUTION: Be aware of food allergies children may have, before you give them anything to eat.**

**Before we eat our snack, let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

**Boys and girls, today we are going to eat a snack that will remind us that sins are like mud. When we try to hide our sins it is like we are sliding around in the mud of sin. When we tell God we are sorry for our sins, he forgives us and lifts us out of the mud. He does that because Jesus died on the cross for our sins.**

1. Put two spoons of mud (pudding) on the plate and spread it around with the back of the spoon.
2. Lay the gummy worm in the mud to resemble the snake in the garden.
3. Put the graham sticks together in the shape of a cross.
4. Dip the graham sticks in the pudding and eat!



Review the Bible event.

**What was the punishment for Adam and Eve's actions?** (*They were sent from the garden, told they would die, and Adam was told he would have to work hard and Eve was told she would have pain in becoming a mother.*)

**Let's practice the take home point. \*TELL GOD YOUR SINS...God forgives us.**

### **Song:**

**Let's sing our song of the week.** (To the tune of *Farmer in the Dell*)

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### **Activity 3: Game "Simon Says"**

*Supplies: none*

**Boys and girls, today we are going to play "Simon Says". In the game of "Simon Says," we are out if we make only one mistake. In the same way, God cannot stand sin. If we sin only once, we cannot get to heaven.**

**God's love for us is great. He sent his Son, Jesus, to die on the cross and take the punishment for our sins. Now, we can be forgiven and brought into God's family.**

To play:

1. Name a series of actions for the children to do (see below). If you precede the action with the words "Simon Says," the children must do the action.
2. If you do not precede the action with the words "Simon Says," the children must not do the action.
3. If a child fails to do an action preceded by the words "Simon Says" or does an action not preceded by the words "Simon Says," he must sit out until only one child is left, the winner.
4. To make the game more difficult, name one action and do a different action. The children must do the action you name, not the action you do.
5. Play the game several times, quickly, to keep the energy high.
6. Ideas for actions:

- Jump up and down
- Rub your head
- Clap your hands
- Stand on one foot
- Do three jumping jacks
- Look behind you
- Flap your arms
- Turn around two times
- Touch your toes
- Walk in place
- Give yourself a hug
- Stand on your tiptoes

Review the Bible event.

**Name some sins that we do.** (*Answers will vary but may include not sharing, fighting with brothers or sisters, or disobeying our parents.*)

**Let's practice the take home point. \*TELL GOD YOUR SINS...God forgives us.**

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

### **Song:**

**Let's sing our song of the week.** (To the tune of *Farmer in the Dell*)

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## Prayer Time:

**What is our punishment for sin?** *(God tells us we cannot be with him in heaven, we will die someday, and we live in a world with many problems such as sickness, anger, and fear.)*

**How did God solve the sin problem?** *(He sent Jesus to die for our sins so we can be forgiven. We will someday live with him forever in heaven, a place without sin, pain, sadness, fear, death, or any other problems.)*

Ask children for prayer requests and pray as a group for child's request.

**Let's practice the take home point. \*TELL GOD YOUR SINS...God forgives us.**

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

## Song:

**Let's sing our song of the week.** *(To the tune of *Farmer in the Dell*)*

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**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

# Large Group Wrap-Up (10 minutes)



**Purpose:** *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

**Singing:** (Optional, two or three songs, as time allows)

*Supplies:* Albie the puppet, sample of today's craft and snack.

## Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

**Presenter:** We want to welcome all our guests today and thank them for coming. (If you give guests a gift for coming, do it now.)

**Presenter:** Albie, look at the craft the children made today. It is a cross tree. The children are going to teach you our take home point. Listen carefully.

**Presenter:** (says to kids): \*TELL GOD YOUR SINS...

Kids say: ...God forgives us.

**Presenter:** (says to Albie): \*TELL GOD YOUR SINS...

Albie says: *Don't put fruit in your dad's shoe!*



**Presenter:** Albie, look at the snack we ate. It is the cross conquering sin. Now listen carefully to the take home point.

**Presenter:** (says to kids): \*TELL GOD YOUR SINS...

Kids say: ...God forgives us.

**Presenter:** (says to Albie): \*TELL GOD YOUR SINS...

Albie says: *Muddy worms,...yum, yum!*

**Presenter:** Albie, today we played a game called Simon Says. Now, please listen closely to the take home point.

**Presenter:** (says to kids): \*TELL GOD YOUR SINS...

Kids say: ...God forgives us.

**Presenter:** (says to Albie): \*TELL GOD YOUR SINS...

Albie says: *Stop telling me what to do!!*

**Presenter says:** "Albie, listen one last time.

\*TELL GOD YOUR SINS...

Kids response: ...God forgives us.

**Presenter:** (says to Albie): \*TELL GOD YOUR SINS...

*Albie's response:*

(Warms up his singing voice with “*Mee, mee, mee, mee...*” and sings in a silly dramatic opera-like voice)  
**\*TELL GOD YOUR SINS...God forgives us.**

**Presenter says to Albie: Good job, Albie!**

Albie can leave stage or join in the prayer and song.

**Let's fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Thank you for sending Jesus.  
Because of Jesus, you forgive us.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.**

**Song:**

**Let's sing our song of the week.** (To the tune of *Farmer in the Dell*)

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**Goodbye boys and girls. Remember that God loves you and he will forgive your sins.**

