



Ages 4-5-K

Date: _____
Series: Jesus, Our Savior, Came to Earth
Winter Year 1, Lesson 29

Mary Visits Elizabeth

Take Home Point: *JESUS IS COMING....*Jesus makes me jump for joy!*

*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (*CAPS*). The children respond with the second part of the phrase (*italics*).

Bible Event: Luke 1:39-45

We will help children know:

- The story of Mary visiting Elizabeth.
- Why Jesus our Savior makes us joyful.
- Ways to express the joy of Jesus.

We will help the children feel:

- Joyful that Jesus is their Savior.
- Eager to express that joy.
- Happy to share the joy of Jesus with others.

We will help the children do:

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event and
- Craft: Make a jumping puppet.
- Snack: Eat a jumping snack.
- Game: Play "Frog Jump".
- Teach Albie the Take Home Point: **JESUS IS COMING...*Jesus makes me jump for joy!***
- Sing and Pray.

Kingdom Quest Year 1 - Lesson 29- 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<p>Large Group Opening</p> 	<p>3 4</p>	<p>Puppet Presentation Bible Event</p>	<p><i>Puppet Presentation:</i></p> <ul style="list-style-type: none"> • Bubba puppet • Bible <p><i>Bible Event:</i></p> <ul style="list-style-type: none"> • Optional: video, <i>The Animated Stories from the New Testament: John the Baptist</i> (Nest Family Entertainment, 1991)—available from www.nestfamily.com, • <i>Mary costume: robe and head covering</i>
<p>Small Group Application</p> 	<p>6 7 8 9</p>	<p>Activity 1: Craft Activity 2: Snack Activity 3: Game Prayer Time</p>	<p><i>Activity 1: Craft</i></p> <ul style="list-style-type: none"> • one small paper plate per child • 1 x 9-inch strips of any color construction paper, two for each child • tape • crayons or markers • paper punch • rubber bands, one for each child <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> • napkins, cups, water or juice • popped popcorn • napkins, cups, water or juice <p><i>Activity 3: Game</i></p> <ul style="list-style-type: none"> • Appendix A, one for each child • crayons, optional
<p>Large Group Wrap-up</p> 	<p>10 10</p>	<p>Singing (Optional) Lesson Review with Puppet Skit</p>	<ul style="list-style-type: none"> • your choice of music • Albie puppet • Example of craft • Example of snack

Pre-Session Singing (10 minutes)

Purpose: *When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.*

Large Group Opening (15 minutes)



Purpose: *The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.*

Puppet Presentation

Supplies: Bubba puppet, Presenter holds a Bible

Presenter: **Boys and girls, let's call Bubba.** *(Children call "Bubba".)*

Bubba: Bubba comes out bouncing up and down and saying, Boing! Boing! Boing! Hi everyone.

Presenter: **Bubba, what are you doing?**

Bubba: I am so excited that I can't hold still. I have to bounce! *(keeps bouncing)*

Presenter: **What are you excited about?**

Bubba: CHRISTMAS IS COMING!!!

Presenter: **Oh, I see why you are so excited. Would you please stop bouncing now? You are making me dizzy.**

Bubba: Oh, sorry. *(stops jumping)* Christmas just makes me so excited!

Presenter: **Christmas is a great reason to jump. You know that Christmas is Jesus' birthday don't you?**

Bubba: Yes I do. Judy told me that. You told her last week.

Presenter: **That's right Bubba. Good listening. If you listen carefully to today's Bible Event, you will hear about someone jumping for joy.**

Bubba: Was it a big boy like me?

Presenter: **No. It was a baby who was not born yet. He jumped for joy inside his mommy's tummy.**

Bubba: That's cool. I want to hear more about that.

Presenter: **First, let's practice the take home point. I'll say the first part and you**

say the second part.

Bubba: OK

Presenter: *JESUS IS COMING... now you say, “Jesus makes me jump for joy!”

Bubba: Jesus makes me jump for joy!

Presenter: Do you think you can teach the boys and girls?

Bubba: Sure.

Presenter: Ok everybody, *JESUS IS COMING ...

Bubba: (and everyone): Jesus makes me jump for joy!

Presenter: Wonderful. Say “goodbye” Bubba.

Bubba: Bye everyone!

Bible Event:

Supplies: Woman dressed as in Biblical times; video optional

Presenter holds the Bible

A Visit from Mary

Presenter introduces the story by saying:

Today we are going to learn about someone else who jumped for joy for Jesus. It was a tiny baby who had not been born yet. It happened when Mary visited her cousin Elizabeth. The baby in Elizabeth's tummy would grow up to be John the Baptist. Jesus was just a tiny baby inside Mary's tummy. (Skip the next sentence if you are not watching the video.) It's written in the Bible, but let's watch it on video.

Show the video starting with Mary knocking at Elizabeth's door. End after Elizabeth says “Now I know why my baby moved so strongly.” (*Approximately one minute.*)

Now we need to put on our imagination hats and imagine that the woman talking to you is Mary, the mother of Jesus.

Mary: (*Enters.*) Last week I told you about an angel coming to me. An angel brought some wonderful news. He told me I would have a baby, Baby Jesus. Baby Jesus will grow up to be the Savior of the world. He will give his life for us.

He will save us from our sin. He takes away the wrong things we have done. That news makes me so happy.

Today I want to tell you what else happened to me. When the angel came, he told me that my relative, Elizabeth, would have a baby. I'm so happy for her. Elizabeth has wanted a baby for a long, long time. She thought she was too old to have a baby, but nothing is too hard for God.

I decided to travel to her town to visit her. I couldn't wait to see her and tell her my good news. I was going to have a baby, too, and he would be the Savior of the world.

When I got to Elizabeth's house, she opened the door and the baby inside her tummy jumped for joy! Her baby's name would be John the Baptist. Already he knew that I am going to be the mother of the Savior Jesus. That was a great reason to jump for joy. (Mary exits.)

Presenter: Boys and girls, let's practice the take home point together. I will say the first part and you repeat the last part. ***JESUS IS COMING...Jesus makes me jump for joy!**

Let's fold our hands and pray. Repeat after me.

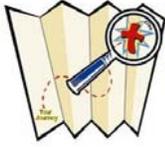
Dear God,
We love you.
Jesus is coming.
I will jump for joy!
Thank you, thank you, thank you.
In Jesus' name.
Amen.

Song:

Let's sing our song of the week. (To the tune of *London Bridge*)
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

JE-sus MAKES me JUMP for JOY.
JUMP for JOY, JUMP for JOY.
JE-sus MAKES me JUMP for JOY,
JE-SUS is COM-ing.

Small Group Application (30 minutes)



Purpose: Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.

Activity 1: Craft: Jumping Puppet

Supplies: one small paper plate per child; 1 x 9-inch strips of any color construction paper, two for each child; tape; crayons or markers; paper punch; rubber bands, one for each child

If you have time, before class, punch hole in top of plate, about a half inch from edge.

Boys and girls, today we are going to make a jumping puppet. It will remind us that *JESUS IS COMING...Jesus makes me jump for joy!

1. Fold (at the same time) the strips of paper (legs) accordion style.
2. If you did not do before class, punch hole in top of plate.
3. You or the children can tape the folded strips to the back of the bottom of the plate (opposite the hole).
4. Help the children thread the rubber band through the hole and through itself. Tape in back to secure.
5. Have the children color a face on the front of their plate.



Now that you are finished, hold the rubber band and make the puppet jump up and down.

Review the Bible Event.

Why did Elizabeth's baby jump inside of her? (Because Mary's baby was Jesus.)

Let's practice the take home point. *JESUS IS COMING...Jesus makes me jump for joy!

Let's fold our hands and pray. Repeat after me.

**Dear God,
We love you.
Jesus is coming.
I will jump for joy!
Thank you, thank you, thank you.
In Jesus' name.
Amen.**

Song:

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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JUMP for JOY, JUMP for JOY.
JE-sus MAKES me JUMP for JOY,
JE-SUS is COM-ing.**

Activity 2: Snack: Jumping Snack

Supplies: napkins, cups, water or juice; popped popcorn

*****CAUTION: Be aware of food allergies children may have, before you give them anything to eat.**

Before we eat our snack, let's fold our hands and pray. Repeat after me.

Dear God,
We love you.
Jesus is coming.
I will jump for joy!
Thank you, thank you, thank you.
In Jesus' name.
Amen.

Boys and girls, today we are going to eat something that jumps when it cooks. Have any of you seen popcorn before it pops? It is just a small seed like this (show children a kernel that did not pop.) **When it gets hot, it pops open with a small explosion. It jumps, just like we jump for joy because Jesus is coming.** Give each child a handful of popcorn on a napkin. Remove any kernels that did not pop.

WATCH CHILDREN CLOSELY AS THEY EAT THE POPCORN SO THEY DO NOT CHOKES ON IT.

Review the Bible event.

Why does Jesus make us jump for joy? (*He was born to take away our sins; he is our Savior.*)

Let's practice the take home point. ***JESUS IS COMING...Jesus makes me jump for joy!**

Song:

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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Activity 3: Game: Frog Jump

Supplies: Appendix A, 1 copy per child; optional: crayons

Boys and girls, today you are going to be jumping frogs. You are going to try to jump to your own lily pad. Frogs like to jump on lily pads, sit in the sun and look for flies to eat.

Give each child a lily pad sheet. (*Optional: Have the children color their lily pads.*)

Have the children put the lily pads about a foot away from them. After each successful jump, tell them to move the lily pad a few inches farther away. Now try to jump on them.

We are joyful because of Jesus. Jesus is our Savior. He came to save us from our sins, or the bad things we do. This game is a way you can share your joy with your friends. Tell your friends that you got the game from church because you learned **JESUS IS COMING...Jesus makes me jump for joy!*

Review the Bible event.

How can we show Jesus that we are joyful? (*Answers will vary; may include jumping, singing, dancing, etc. To elicit answers, ask children what they do when their favorite team wins a game or when they hear some good news.*)

Let's fold our hands and pray. Repeat after me.

**Dear God,
We love you.
Jesus is coming.
I will jump for joy!
Thank you, thank you, thank you.
In Jesus' name.
Amen.**

Let's practice the take home point. **JESUS IS COMING...Jesus makes me jump for joy!*

Song:

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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JUMP for JOY, JUMP for JOY.
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Prayer Time:

How can we share the joy of Jesus with other people? (*Invite them to church; telling them; teaching them a church song, etc.*)

Ask children for prayer requests and pray as a group for child's request.

Let's practice the take home point. *JESUS IS COMING...*Jesus makes me jump for joy!*

Let's fold our hands and pray. Repeat after me.

**Dear God,
We love you.
Jesus is coming.
I will jump for joy!
Thank you, thank you, thank you.
In Jesus' name.
Amen.**

Song:

Let's sing our song of the week. (To the tune of *London Bridge*)

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Large Group Wrap-Up (10 minutes)



Purpose: *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

Singing: (Optional, two or three songs, as time allows)

Supplies: Albie the puppet, sample of today's craft and snack.

Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

Presenter: We want to welcome all our guests today and thank them for coming. (If you give guests a gift for coming, do it now.)

Presenter: Albie, look at the craft the children made today. It is a jumping puppet. The children are going to teach you our take home point. Listen carefully.

Presenter: (says to kids):

***JESUS IS COMING...**

Kids say:

... Jesus makes me jump for joy!

Presenter: (says to Albie):

***JESUS IS COMING...**

Albie says:

I can jump to the moon and get back before you can blink. See, I just did it!



Presenter: Albie, look at the snack we ate. It jumps when it cooks. Now listen carefully to the take home point.

Presenter: (says to kids):

***JESUS IS COMING...**

Kids say:

..Jesus makes me jump for joy!

Presenter: (says to Albie):

***JESUS IS COMING...**

Albie says:

I bet you were the cutest little baby boy!

Presenter: Albie, today we played a game called 'Frog Jump'. Now, please listen closely to the take home point.

Presenter: (says to kids):

***JESUS IS COMING...**

Kids say:

Jesus makes me jump for joy!

Presenter: (says to Albie):

***JESUS IS COMING...**

Albie says:

Did you know that some people think I am a ding-a-ling?

Presenter says:

“Albie, listen one last time.

***JESUS IS COMING...**

Kids response:

..Jesus makes me jump for joy!

Presenter: (says to Albie): ***JESUS IS COMING...**

Albie's response: (Warms up his singing voice with "Mee, mee, mee, mee..." and sings in a silly dramatic opera-like voice)
***JESUS IS COMING...Jesus makes me jump for joy!**

Presenter says to Albie: Good job, Albie!

Albie can leave stage or join in the prayer and song.

Let's fold our hands and pray. Repeat after me.

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Jesus is coming.
I will jump for joy!
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Amen.**

Song:

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Goodbye boys and girls. Remember that Jesus is coming and we can jump for joy.

