



Ages 4-5-K

Date: _____
Series: God Is There In Tough Times
Fall Year 2, Lesson 24

Esau Forgives Jacob

Take Home Point: *EVEN IN TOUGH TIMES
...God helps me forgive.

*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (*CAPS*). The children respond with the second part of the phrase (*italics*).

Bible Event: Genesis 32: 6-12; 33: 1-9

We will help children know:

- The Bible event of Esau forgiving Jacob.
- Jesus forgives us when we sin.
- God can help us to forgive others.

We will help the children feel:

- Forgiven of their sins because of Jesus.
- Desire to forgive others.
- Strengthened to forgive through God.

We will help the children do:

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event.
- Craft: Forgiving Heart.
- Snack: Forgiveness Food.
- Game: Trash Can Basketball.
- Teach Albie the Take Home Point: *EVEN IN TOUGH TIMES...*God helps me forgive.*
- Sing and Pray.

Kingdom Quest Year 2 - Lesson 24- 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<p>Large Group Opening</p> 	<p>3</p> <p>5</p>	<p>Puppet Presentation</p> <p>Bible Event</p>	<p><i>Puppet Presentation:</i></p> <ul style="list-style-type: none"> • Bubba puppet with tissues stuffed up his sleeves and a piece of gum taped to his hand • Bible <p><i>Bible Event:</i></p> <ul style="list-style-type: none"> • Bible • child-sized Bible costumes for Jacob, Esau, Rachel & Leah • <i>Optional:</i> head pieces for Rachel and Leah's children
<p>Small Group Application</p> 	<p>8</p> <p>9</p> <p>10</p> <p>11</p>	<p>Activity 1: Craft-Forgiving Heart</p> <p>Activity 2: Snack-Forgiveness Food</p> <p>Activity 3: Game-Trash Can Basketball</p> <p>Prayer Time</p>	<p><i>Activity 1: Craft</i></p> <ul style="list-style-type: none"> • One copy of Appendix per child • 1" x 11" strips of red construction paper, two per child • tape • crayons or markers <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> • napkins, cups, water or juice • your choice of trail mix foods (popcorn, cereal, raisins, chocolate chips, etc.) <p><i>Activity 3: Game</i></p> <ul style="list-style-type: none"> • clean trash cans equaling the number of small groups playing the game • masking tape • stack of newspapers per group
<p>Large Group Wrap-up</p> 	<p>12</p> <p>12</p>	<p>Singing (Optional)</p> <p>Lesson Review with Puppet Skit</p>	<ul style="list-style-type: none"> • your choice of music • Albie puppet • Example of craft • Example of snack

Pre-Session Singing (10 minutes)

Purpose: *When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.*

Large Group Opening (15 minutes)



Purpose: *The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.*

Puppet Presentation

Supplies: Bubba puppet with tissues in his sleeves and a piece of gum or candy taped to his hand; Presenter holds a Bible

Presenter: **Boys and girls, let's call Bubba.** (Children call "Bubba".)

Bubba: Before I come out, is Judy out there?

Presenter: (Looks around.) **No, I don't see Judy anywhere.**

Bubba: OK, then I will come out. Hi, everyone.

Presenter: **Bubba, why are you hiding from Judy and why are your arms so puffy?**

Bubba: It's a long story. Basically, I got mad at Judy and I punched her on the arm really hard.

Presenter: **Did she hit you back?**

Bubba: No. I ran away. That's why my arms are puffy. If she hits me, it won't hurt.

Presenter: **Do you think she might try to get even with you and hit you?**

Bubba: Yes. That's why I have this gum. Maybe if I give it to her she might forget about it and not tell mom.

Presenter: **Bubba, you can't buy forgiveness with a piece of gum. Judy needs to forgive you from her heart, even if she is angry. That is what God does.**

Bubba: What exactly is 'forgiveness'?

Presenter: **Forgiveness means that you don't want to get even or hurt that person back. Instead you show that person love.**

Bubba: I sure hope Judy forgives me. I really am sorry for hitting her.

Presenter: Bubba, we all sin and do wrong things. God doesn't try to get even with us. He shows us his love by sending Jesus who died on the cross to take away our sin.

Bubba: Something tells me that this reminds you of our Bible Event today.

Presenter: You are absolutely right Bubba!

Bubba: I thought so.

Presenter: A couple of weeks ago we learned that Jacob tricked his brother Esau and stole something from him. Jacob had to leave home because Esau wanted to kill him.

Bubba: Esau was really mad.

Presenter: Yes he was. In today's Bible event, we will learn that Jacob is returning home after being gone for many years.

Bubba: Why?

Presenter: Jacob wants to tell Esau he is sorry and please forgive him.

Bubba: Was Jacob scared?

Presenter: Yes he was. He thinks Esau will hurt him. Jacob wants to give some gifts to Esau so he will forgive him.

Bubba: Was it a piece of gum?

Presenter: No, it was much better than that. But Esau doesn't want the gifts. He just wants to forgive his brother because God helped him to forgive.

Bubba: I hope Judy forgives me.

Presenter: Bubba, let's pray about it. Dear God. Please help Judy to forgive Bubba. Help Bubba to be kind to Judy. Amen.

Bubba: Amen.

Presenter: Would you like to learn more about this Bible event?

Bubba: Yes I would.

Presenter: First, let's practice the take home point. I'll say the first part and you say the second part.

Bubba: OK

Presenter: *Even in tough times...now you say, “God helps me forgive.”

Bubba: God helps me forgive.

Presenter: Do you think you can teach the boys and girls?

Bubba: Sure.

Presenter: OK everybody, *Even in tough times...

Bubba: (and everyone): God helps me forgive.

Presenter: One more time. *Even in tough times...

Bubba: (and everyone): God helps me forgive.

Presenter: Wonderful. Say “goodbye” Bubba.

Bubba: Bye everyone!

Bible Event: Imagination Theater

Supplies: child sized Bible costumes for Jacob, Esau, Rachel & Leah. Optional: head pieces for Rachel and Leah's children.

Presenter holds the Bible. Open the Bible and say:

Two weeks ago, you learned that Jacob tricked his father Isaac, and stole Esau’s blessing. Esau was so mad he wanted to kill Jacob, so Jacob had to leave home. Today’s Bible event happened many years later. Jacob is now married and has children. He has decided it is time to return home and ask his brother's forgiveness. We will be acting out the story. I want you to pay close attention to find out if Esau forgave Jacob and what happened when they met.

Call two boys and four girls on stage and dress them in Bible costumes. One boy is Jacob and the other is Esau. The girls are Rachel, Leah and the maidservants.

Optional: Dress several children in headpieces to represent Jacob’s children. They can also play the part without the headpieces.

Put Esau on one side of the stage and Jacob and his family on the other side of the stage. Divide the rest of the children in the audience into the following groups: goats, sheep, cows, donkeys and camels. Give each group a speaking part as follows:

- Goats: **maa**
- Sheep: **baa**
- Cows: **moo**
- Donkeys: **ee-aw, ee-aw**
- Camels: **clip clop, clip clop**

Each time you hear me say an animal, you are to make that animal's sound. Let's practice the sounds a few times. (See above.)

Begin the Bible event with Jacob, Rachel and Leah and the two maidservants stage front or in front of the students. Place Esau in the back of the room.

Jacob had been away from his home for many years. He was now married and had many children. God had blessed him with many animals and a lot of riches. God told him it was time to go back to his home and his family. Jacob loaded up the camels (clip clop, clip clop), donkeys (ee-aw, ee-aw), goats (maa), sheep (baa) and cows (moo). He packed his bags and prepared his family for a long trip.

Jacob was scared. Looks at child playing Jacob. **Show me how scared you are, Jacob. Esau had been very angry with him. He had even wanted to kill Jacob. What would Esau do when he saw him?**

Jacob came up with a plan. He would send some gifts ahead to Esau so Esau would know he was sorry and not be mad any longer. Jacob picked out some of his best animals. He picked out goats (maa), sheep (baa), cows (moo), donkeys (ee-aw, ee-aw) and camels (clip clop, clip clop) and sent them ahead to Esau with some animal herders. First went the goats (maa). Next came the sheep (baa). Next were the cows (moo). Then came the donkeys (ee-aw, ee-aw). Last were the camels (clip clop, clip clop).

Next Jacob sent his women servants and their children to meet Esau.

Have girls playing the maid servants across the room to Esau. Have them bow down to him before leaving the room.

Then he sent his wife Leah and her children. Repeat steps above. **After Leah, came Rachel and her son, Joseph.** Repeat as before.

Finally it was Jacob's turn to go meet his brother Esau. Would Esau kill Jacob or would he forgive him? As Jacob came closer to Esau, he bowed seven times to show him he was sorry. Have Jacob bow while the group counts out loud to seven.

When Esau saw Jacob, he did not kill him. Instead he ran to him, hugged him and kissed him. Have Esau run to Jacob and hug him. Esau didn't want Jacob's gifts; he just wanted to see his brother. God had helped him forgive!

God helps us forgive, too. Sometimes people do mean things to us. That can make us sad or mad. God helps us forgive them. That means that we don't want to get even or hurt them back. Instead, we show them love. We can forgive others because Jesus forgives us for the bad things we do. He died on the cross to take away our sins.

Boys and girls, let's practice the take home point together. I will say the first part and you repeat the last part. ***EVEN IN TOUGH TIMES...God helps me forgive.**

Let's fold our hands and pray. Repeat after me.

Dear God,
We love you.
Help me forgive others
Like you forgive me.
Thank you, thank you, thank you.
In Jesus' name.
Amen.

Song:

Let's sing our song of the week. (To the tune of *Farmer in the Dell*)
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

GOD helps ME for-GIVE.
GOD helps ME for-GIVE.
EV-EN in TOU-GH TIMES,
GOD helps ME for-GIVE.

Small Group Application (30 minutes)



Purpose: Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.

Activity 1: Craft “Forgiving Heart”

Supplies: Copies of Appendix A, one per child; two 1” x 11” strips of red construction paper per child; tape; markers or crayons

Boys and girls, today we are going to make a forgiving heart with arms. First put your two strips of red paper together and fold them back and forth, accordion style. These will be our heart's arms. Next, tape one on each side of the heart. Now draw a smiley face on your heart and color it any way you want.

When someone does something wrong to you, how do you feel? Maybe you feel hurt or angry. Cross paper arms over heart. It is like your heart closes that person out. But when you forgive that person, you do not want to get even or hurt him or her. Instead you say, “I know you did something wrong, but I will still show you love.” Fling open paper arms. Esau threw open his heart and his arms and hugged Jacob. When we forgive someone, we also throw open our arms and reach out to them with love. Do you know what the best news is? Jesus does the same for us. He opened his arms on the cross and died for our sins so we can be forgiven!

Review the Bible Event.

Why was Jacob scared? *(He was going back to see Esau and thought Esau might be angry and hurt him.)*

Let’s practice the take home point. *EVEN IN TOUGH TIMES...God helps me forgive.

Let’s fold our hands and pray. Repeat after me.

**Dear God,
We love you.
Help me forgive others
Like you forgive me.
Thank you, thank you, thank you.
In Jesus’ name.
Amen.**

Song:

Let's sing our song of the week. (To the tune of *Farmer in the Dell*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

GOD helps **ME** for-**GIVE**.
GOD helps **ME** for-**GIVE**.
EV-EN in **TOU-GH** TIMES,
GOD helps **ME** for-**GIVE**.

Activity 2: Snack “Forgiveness Food”

Supplies: napkins, cups, water or juice; your choice of trail mix foods (popcorn, cereal, raisins, chocolate chips, etc.)

*****CAUTION: Be aware of food allergies children may have, before you give them anything to eat.**

Before we eat our snack, let's fold our hands and pray. Repeat after me.

Dear God,
We love you.
Help me forgive others
Like you forgive me.
Thank you, thank you, thank you.
In Jesus' name.
Amen.

Boys and girls, today we are going to eat forgiveness food. I want you to name things others have done to make you mad or sad. Each wrong thing you name, I will pour some forgiveness food on your napkin. When you forgive a person for a sin, you pour your love into that person's heart, just like I will do with your food.

Review the Bible event.

How did God help Jacob? (*He helped Esau forgive Jacob.*)

Let's practice the take home point. ***EVEN IN TOUGH TIMES...God helps me forgive.**

Song:

Let's sing our song of the week. (To the tune of *Farmer in the Dell*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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GOD helps **ME** for-**GIVE**.
EV-EN in **TOU-GH** TIMES,
GOD helps **ME** for-**GIVE**.

Activity 3: Game “Trash Can Basketball”

Supplies: clean trash cans equaling the number of small groups playing; masking tape; stack of newspapers per group

To set up:

Set the garbage cans in a horizontal line, about five feet apart.

Make a 3-4 foot, horizontal line of masking tape on the floor about ten feet away from each garbage can.

Set a stack of newspapers immediately in front of each masking tape line.

Boys and girls, today we are going to play Trash Can Basketball.

Divide the children into equal sized groups and have one group stand behind each line of masking tape.

When I say “go”, everyone will take a piece of newspaper and wad it into a ball. Staying behind the line, you will all throw the ball into the trash can. The team with the most balls in the trash can when I say “stop!” will be the winner. (If you are playing with only one team, give them one point for each ball in the trash can.)

This game can remind us of forgiveness. Forgiveness means that the sin is forgiven and thrown away. It’s all gone. We can forgive others because Jesus forgives us.

Review the Bible event.

What has someone done to make you angry? *(Answers will vary but may include hitting, teasing, or not sharing.)*

How does God help you? *(He helps me forgive others.)*

Let’s practice the take home point. *EVEN IN TOUGH TIMES...God helps me forgive.

Let’s fold our hands and pray. Repeat after me.

Dear God,

We love you.

Help me forgive others

Like you forgive me.

Thank you, thank you, thank you.

In Jesus’ name.

Amen.

Song:

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Prayer Time

What does Jesus do for you when you sin? (*He forgives me.*)

What did Jesus do to forgive all our sins? (*He died on the cross for our forgiveness.*)

Ask children for prayer requests and pray as a group for child's request.

Let's practice the take home point. *EVEN IN TOUGH TIMES...God helps me forgive.

Let's fold our hands and pray. Repeat after me.

**Dear God,
We love you.
Help me forgive others
Like you forgive me.
Thank you, thank you, thank you.
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Song:

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Large Group Wrap-Up (10 minutes)



Purpose: *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

Singing: (Optional, two or three songs, as time allows)

Supplies: Albie the puppet, sample of today's craft and snack.

Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

Presenter: **We want to welcome all our guests today and thank them for coming.**

(If you give guests a gift for coming, do it now.)

Presenter: **Albie, look at the craft the children made today. It is a Forgiving Heart. The children are going to teach you our take home point. Listen carefully.**



Presenter: (says to kids): ***EVEN IN TOUGH TIMES...**
Kids say: ...God helps me forgive.

Presenter: (says to Albie): ***EVEN IN TOUGH TIMES...**
Albie says: I am so tough, I can tickle a tiger!

Presenter: **Albie, look at the snack we ate. We called it Forgiveness Food. Now listen carefully to the take home point.**

Presenter: (says to kids): ***EVEN IN TOUGH TIMES...**
Kids say: ...God helps me forgive.

Presenter: (says to Albie): ***EVEN IN TOUGH TIMES...**
Albie says: If I stretch my neck out, I think I can swallow a whole watermelon!

Presenter: **Albie, today we played a game called Trash Can Basketball. Now, please listen closely to the take home point.**

Presenter: (says to kids): ***EVEN IN TOUGH TIMES...**
Kids say: ...God helps me forgive.

Presenter: (says to Albie): ***EVEN IN TOUGH TIMES...**
Albie says: I am so tough, dinosaurs are afraid of me!

Presenter says: **Albie, listen one last time.**

***EVEN IN TOUGH TIMES...**

Kids response: ...God helps me forgive.

Presenter: (says to Albie): ***EVEN IN TOUGH TIMES...**

Albie's response: (Warms up his singing voice with "Mee, mee, mee, mee..." and sings in a silly dramatic opera-like voice)

***EVEN IN TOUGH TIMES...God helps me forgive.**

Presenter says to Albie: Good job, Albie!

Albie can leave stage or join in the prayer and song.

Let's fold our hands and pray. Repeat after me.

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Help me forgive others

Like you forgive me.

Thank you, thank you, thank you.

In Jesus' name.

Amen.

Song:

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Goodbye boys and girls. Remember that God loves you and he wants you to forgive others.



God helps me forgive