



**Date:** \_\_\_\_\_  
**Series:** Jesus Takes Care of Me  
Winter Year 2, Lesson 39

# Jesus Walks on Water

**Take Home Point:** \*WHEN I AM AFRAID  
*...I ask Jesus for help.*

\*Repeat this phrase throughout the lesson. The leader will say the first part of the phrase (CAPS). The children respond with the second part of the phrase (*italics*).

**Bible Event:** Matthew 14: 22-33

**We will help children know:**

- The Bible Event of Jesus walking on water.
- When we are afraid, Jesus is our friend who loves us very much. We can tell him our fears.
- Jesus understands our fears and because he loves us, he wants to help us with our fears.




**We will help the children feel:**

- Compelled to tell their fears to Jesus.
- Comforted by knowing that Jesus listens, understands, and cares.
- Strengthened to face their fears.

**We will help the children do:**

- Interact with puppet presentation to introduce the Bible Event.
- Participate in the Bible event.
- Craft: Water Painting.
- Snack: Walking on Water Cookie.
- Game: Cotton Ball Relay.
- Teach Albie the Take Home Point: When I am afraid...*I ask Jesus for help.*
- Sing and Pray.

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Large Group Opening</b> 	3  5	Puppet Presentation  Bible Event	<i>Puppet Presentation:</i> <ul style="list-style-type: none"> <li>Judy puppet holding a small blanket</li> <li>Bible</li> </ul> <i>Bible Event:</i> <ul style="list-style-type: none"> <li>stool</li> <li>Bible</li> <li>microphone</li> </ul>
<b>Small Group Application</b> 	8  9  10  11	Activity 1: Craft-Water Painting  Activity 2: Snack-Walking on Water Cookie  Activity 3: Game-Cotton Ball Relay  Prayer Time	<i>Activity 1: Craft</i> <ul style="list-style-type: none"> <li>Appendix A on cardstock, 1 per child</li> <li>crayons</li> <li>blue markers</li> <li>spray bottle filled with water</li> <li>newspaper for table</li> </ul> <i>Activity 2: Snack</i> <ul style="list-style-type: none"> <li>napkins, cups, water or juice</li> <li>unfrosted cookie</li> <li>blue frosting</li> <li>small bear crackers</li> <li>plastic knives</li> <li>teaspoon</li> </ul> <i>Activity 3: Game</i> <ul style="list-style-type: none"> <li>masking tape</li> <li>cotton balls</li> </ul>
<b>Large Group Wrap-up</b> 	13  13	Singing (Optional)  Lesson Review with Puppet Skit	<ul style="list-style-type: none"> <li>your choice of music</li> <li>Albie puppet</li> <li>Example of craft</li> <li>Example of snack</li> </ul>

## **Pre-Session Singing (10 minutes)**

**Purpose:** *When all children are in one group singing, it is easy for children arriving later to join the group and immediately get involved.*

## **Large Group Opening (15 minutes)**



**Purpose:** *The puppet demonstrates today's lesson. The children are introduced to the take home point and experience the Bible event.*

## **Puppet Presentation**

*Supplies: Judy puppet holding a small blanket; Presenter holds a Bible*

**Presenter:** Boys and girls, let's call Judy. (Children call "Judy".)

Judy: Hi everyone.

**Presenter:** Hi Judy. Why do you have a blanket with you?

Judy: It is my very special blanket. It makes me feel safe when I am afraid.

**Presenter:** What makes you afraid?

Judy: Lots of things. I am afraid of thunder, I am afraid of the dark, I am afraid of clowns, I am afraid of Bubba when he makes monster noises, I am afraid of big dogs....

**Presenter:** Wow! You are afraid of lots of things.

Judy: I know. That's why I love my special blanket.

**Presenter:** It does feel good to cuddle a special blanket when you are afraid. Did you know what the very best thing to do when you are afraid?

Judy: Cuddle my blanket?

**Presenter:** The very best thing to do when you are afraid is to ask Jesus for help.

Judy: Was Jesus ever afraid?

**Presenter:** Yes he was. Jesus was once a child who lived on the earth. He knows what it feels like to be afraid.

Judy: Was he afraid of thunder and big dogs?

**Presenter:** I don't know. He was afraid when he knew he was going to die on the cross for us.

Judy: I did not know that.

**Presenter:** Jesus understands our fears. He cares about our fears and wants to help us with them. He died on the cross to take away our greatest fear.

Judy: Fear of thunder and big dogs?

**Presenter:** No. Jesus died on the cross to take away our fear of punishment for all of our sins. When he died on the cross he brought us forgiveness.

Judy: So Jesus can help us with our fears?

**Presenter:** Yes. We know that someday when we go to heaven, all of our fears will be gone forever!

Judy: That is a relief!

**Presenter:** Judy, talking about your fears reminds me of today's Bible event.

Judy: Was someone afraid of thunder and big dogs?

**Presenter:** No. Peter, one of Jesus' disciples was afraid. Jesus told Peter to walk on water and he did.

Judy: Wow! I'd like to walk on water. That would be so cool.

**Presenter:** At first Peter like it. Then he looked down and was afraid. He started to sink and he yelled out, "Jesus, save me!"

Judy: Did Jesus save him?

**Presenter:** Yes. Jesus reached out and helped Peter. Jesus wants to reach out and help you too. The next time you are afraid, you can cuddle your special blanket and call out to Jesus and tell him your fears.

Judy: That would make me feel so much better.

**Presenter:** I am sure it would. Would you like to learn more about this Bible event?

Judy: Yes I would.

**Presenter:** First, let's practice the take home point. I'll say the first part and you say the second part.

Judy: OK

**Presenter: \*WHEN I AM AFRAID... now you say, “I ask Jesus for help.”**

Judy: I ask Jesus for help.

**Presenter: Do you think you can teach the boys and girls?**

Judy: Sure.

**Presenter: Okay everybody, \*WHEN I AM AFRAID...**

Judy: (and everyone): I ask Jesus for help.

**Presenter: One more time. \*WHEN I AM AFRAID...**

Judy: (and everyone): I ask Jesus for help.

**Presenter: Wonderful. Say “goodbye” Judy.**

Judy: Bye everyone!

## **Bible Event:** Simple Storytelling

*Telling the Bible event, can be done effectively by using expressive voice characterizations and dramatic gestures.*

*Supplies: stool; Bible, microphone*

The storyteller comes onto stage and sits on the stool. He picks up the Bible and, speaking into the microphone, begins:

**Boys and girls, last week in our Bible event we learned about the day when Jesus did a miracle and healed a paralyzed man. A miracle is something that can only be done by God. It tells all about it in my Bible. Hold up Bible.**

**Today we are going to learn about another miracle Jesus did. I need you to help me do some actions. Put on your imagination hats, pretend you are with Jesus and do what I do.**

**It was evening. The sun was going down. The sky was getting darker and darker. Close your eyes and pretend it is dark out. Pause for a couple seconds. You can open your eyes.**

**Jesus was praying up on a mountain. Fold hands.**

**His disciples were out on a boat. Let's pretend to row. Start rowing. The wind started to get wild. Help me make the noise of the wind. Still rowing, blow into microphone. The boat went up and down. Bob up and down while blowing and rowing. By now it was the middle of the night.**

**Suddenly, the disciples saw something or someone walking out on the water. Nobody can walk on water! They were scared. Shiver with fear and scream out next sentence. "It's a ghost," they screamed!**

**Then they heard the voice of Jesus. "Don't be afraid! It's me," he said.**

**Peter called back, "Jesus, if it is you, order me to come out onto the water."**

**"Come!" Jesus said.**

**Get off stool. So Peter carefully stepped out of the boat and began to walk towards Jesus on the water. Walk a few steps with exaggerated movements.**

**Then Peter noticed how strong the wind was! Blow into microphone. He became afraid and started to sink. Wave arms in air. "Lord, save me!" he yelled.**

**Immediately, Jesus reached out and caught hold of Peter. Pretend to reach out and pull someone toward you. "Peter, you have so little faith. Why don't you trust me?"**

**Sit back on step stool. When they got in the boat, the wind stopped blowing. Blow into microphone and stop abruptly.**

**The disciples bowed down to Jesus. Bow. "You truly are the Son of God!" they said.**

**When Peter was afraid, he called to Jesus and Jesus reached out and helped him. When we are afraid, we, too, can call out to Jesus in prayer and he will reach out and help us. Sometimes he will help us by taking away the thing that scares us. Other times he helps us by giving us the strength to get through our fear.**

**Boys and girls, let's practice the take home point together. I will say the first part and you repeat the last part. \*WHEN I AM AFRAID.../ ask Jesus for help.**

Let's fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
Please help me  
When I am afraid.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

**Song:**

Let's sing our song of the week. (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

I ask JE-sus FOR his HELP.  
FOR his HELP. FOR his HELP.  
I ask JE-sus FOR his HELP.  
WHEN i'm A-fraid.

# Small Group Application (30 minutes)



**Purpose:** *Children will break into small groups. Smaller groups enable children to develop closer relationships with adults and peers in the church. In your small groups you will reinforce the take home point with a fun hands-on activity and discuss the Bible event. Review questions help kids apply the take home point to their daily lives.*

## Activity 1: Craft “Water Painting”

**Supplies:** *Copies of Appendix A on cardstock, one per child; crayons; blue markers; spray bottle filled with water (make sure it is on a fine mist setting); newspaper for covering tables*

Before class, cover tables with newspaper.

**Boys and girls, today we are going to make a picture of Jesus helping Peter in the water. You must listen closely to my instructions.**

**First, using the crayons, color all the men and the boat in the picture. DO NOT COLOR THE WATER.**

**When you are finished coloring, use your blue marker to color the water. When you are done, you can lightly spritz a few sprays of water on the marker to make your water look more real.**

**Remember, Jesus loves you. He wants you to pray to him, tell him your fears, and ask him to help. He wants to reach out and help you like he reached out and helped Peter.**

Review the Bible Event.

**When Peter was afraid of sinking into the water, what did he do?** *(He called out to Jesus.)*

**What did Jesus do when he heard Peter call out?** *(Jesus reached out and helped Peter.)*

**Let’s practice the take home point. \*WHEN I AM AFRAID...I ask Jesus for help.**

**Let’s fold our hands and pray. Repeat after me.**

**Dear God,  
We love you.  
Please help me  
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Thank you, thank you, thank you.  
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Amen.**



## **Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

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## **Activity 2: Snack “Walking on Water Cookie”**

*Supplies: napkins, cups, water or juice; unfrosted cookie; blue frosting; plastic knives; small bear crackers; teaspoon*

**\*\*\*CAUTION:** *Be aware of food allergies children may have, before you give them anything to eat.*

Before we eat our snack, let's fold our hands and pray. Repeat after me.

Dear God,  
We love you.  
Please help me  
When I am afraid.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

Boys and girls, today we are going to make and eat a snack that looks like Jesus and Peter walking on water. First I will give you your cookie with a spoonful of frosting on it. You use the plastic knife to spread the frosting on the top of your cookie.

When you are finished spreading your frosting, stand up the two bear crackers in the pretend water on your cookie. Now you may eat it.

Review the Bible event.

**What scares you?** *(Answers will vary but may include storms, darkness, loud noises, monsters or large animals.)*

**What can you do when you are afraid?** *(Tell Jesus my fears and ask him to help.)*

Let's practice the take home point. **\*WHEN I AM AFRAID...I ask Jesus for help.**

## **Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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FOR his HELP. FOR his HELP.  
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WHEN i'm A-fraid.**

## **Activity 3: Game “Cotton Ball Relay”**

*Supplies: masking tape; cotton balls*

**Boys and girls, today we are going to play Cotton Ball Relay. This box is a pretend boat** (point to masking tape box).

To set up:

1. Make a 10 foot line of masking tape on the floor for each team.
2. At one end of the masking tape, make an “x” out of masking tape.
3. At the other end of the line, make a masking tape box to represent a boat.

To play:

1. Have the team stand in a line behind the “x.”
2. Place a cotton ball on the “x.”
3. Say, “Ready, set...blow!”
4. On the word “blow,” the first child in the line gets down on her hands and knees and blows the cotton ball along the masking tape line and into the “boat.”
5. The child runs back to the line and places a cotton ball on the masking tape “x” before returning to the end of the line.
6. The second child gets down on his hands and knees and blows that cotton ball to the boat.
7. The play repeats until every child has blown a cotton ball into the boat or until all the cotton balls are gone.
8. The first team to finish wins.

**When Peter looked at the wind and the waves and not at Jesus, he got scared and started to sink. When he called out to Jesus, Jesus helped him. When we are afraid, instead of looking at our fears and thinking about them, we can call out to Jesus by praying and asking him to help us.**

Review the Bible event.

**When you tell Jesus your fears, what will Jesus do?** (*He will reach out and help... sometimes by taking away the fear, other times by giving strength to get through the fear.*)

**Let's practice the take home point. \*WHEN I AM AFRAID...I ask Jesus for help.**

**Let's fold our hands and pray. Repeat after me.**

Dear God,  
We love you.  
Please help me  
When I am afraid.  
Thank you, thank you, thank you.  
In Jesus' name.  
Amen.

### **Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)  
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### **Prayer Time:**

**How do you know Jesus will help you?** (*The Bible tells me that Jesus loves me. He loves me enough to die on the cross to take away my sins.*)

Ask children for prayer requests and pray as a group for child's request.

**Let's practice the take home point. \*WHEN I AM AFRAID...I ask Jesus for help.**

**Let's fold our hands and pray. Repeat after me.**

Dear God,  
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**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

# Large Group Wrap-Up (10 minutes)



**Purpose:** *The crazy bird puppet, Albie, struggles with learning the take home point. We try to teach him the take home point, but each time he confuses words or concepts. After three attempts, he finally gets it right.*

**Singing:** (Optional, two or three songs, as time allows)

*Supplies: Albie the puppet, sample of today's craft and snack.*

## Lesson Review with Puppet Skit

Presenter shows Albie an example of each of the Activities done in small group. Then the kids attempt to teach Albie the take home point.

**Presenter:** **We want to welcome all our guests today and thank them for coming.**

*(If you give guests a gift for coming, do it now.)*

**Presenter:** **Albie, look at the craft the children made today. We colored and painted a picture of Jesus helping Peter. The children are going to teach you our take home point. Listen carefully.**



**Presenter:** (says to kids): **\*WHEN I AM AFRAID...**

Kids say: **...I ask Jesus for help.**

**Presenter:** (says to Albie): **\*WHEN I AM AFRAID...**

*Albie says: I hide my head under my cuddly blanket!*

**Presenter:** **Albie, look at the snack we ate. It looks like Jesus and Peter walking on water. Now listen carefully to the take home point.**

**Presenter:** (says to kids): **\*WHEN I AM AFRAID...**

Kids say: **...I ask Jesus for help.**

**Presenter:** (says to Albie): **\*WHEN I AM AFRAID...**

*Albie says: I eat and eat and eat...gimme that cookie!*

**Presenter:** **Albie, today we played a game called Cotton Ball Relay. Now, please listen closely to the take home point.**

**Presenter:** (says to kids): **\*WHEN I AM AFRAID...**

Kids say: **...I ask Jesus for help.**

**Presenter:** (says to Albie): **\*WHEN I AM AFRAID...**

*Albie says: I run to my mommy and hide behind her!*

**Presenter says:** “Albie, listen one last time.

**\*WHEN I AM AFRAID...**

Kids response: ...I ask Jesus for help.

**Presenter:** (says to Albie): **\*WHEN I AM AFRAID...**

*Albie's response:* (Warms up his singing voice with “Mee, mee, mee, mee...” and sings in a silly dramatic opera-like voice)

**\*WHEN I AM AFRAID...I ask Jesus for help.**

**Presenter says to Albie:** **Good job, Albie!**

Albie can leave stage or join in the prayer and song.

**Let's fold our hands and pray. Repeat after me.**

**Dear God,**

**We love you.**

**Please help me**

**When I am afraid.**

**Thank you, thank you, thank you.**

**In Jesus' name.**

**Amen.**

**Song:**

**Let's sing our song of the week.** (To the tune of *London Bridge*)

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**FOR his HELP. FOR his HELP.**

**I ask JE-sus FOR his HELP.**

**WHEN i'm A-fraid.**

**Goodbye boys and girls. Remember that God loves you and he wants you to ask Jesus for help when you are afraid.**



**Jesus Walks on Water**  
**Matthew 14: 22-33**