



Date: _____
Series: Moses
Summer Year 1, Lesson 4

Manna & Quail

Take Home Point: *God takes care of us.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: Exodus 16:1-35

We will help children know:

- God took care of Moses and his people by sending manna and quail.
- God listened to their prayers.
- God will take care of us and listen to our prayers.




We will help children feel:

- Happy that God listens to us.
- Excited that God takes care of us.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a sweet bread like manna.
- Make a craft showing manna in the morning and quail at night.
- Played a game called, *Does God Take Care of Us When...?*
- Take home a copy of *God Talk at Home* to reinforce the leaning of today's Take Home Point: ***God takes care of us.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> • your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> • Judy puppet • Pink pony
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> • children's picture Bible • one or two doughnuts from snack cut into bite-sized pieces <i>Activity 2: Snack</i> <ul style="list-style-type: none"> • doughnuts • napkins, cups and water <i>Activity 3: Craft</i> <ul style="list-style-type: none"> • copies of Appendix A on regular paper, one per child • squares of white tissue paper (<i>option</i>—construction paper) • glue sticks • feathers • crayons • <i>option</i>—stick-on stars <i>Activity 4: Game</i> <ul style="list-style-type: none"> • none
Large Group Wrap-Up (5-10 minutes) 	12	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> • your choice of music • craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.

Puppet Presentation:

Judy Learns that God Takes Care of Us

Supplies:

- Judy puppet
- pink pony

Presenter: Boys and girls, lets call Judy.

Kids call for Judy. **Judy...Judy...Judy.** Judy comes out with her pink pony.

Presenter: Hi, Judy, what do you have there?

Judy: This is my pink pony. I love her and take care of her.

Presenter: I'm sure you do a wonderful job.

Judy: She's hungry now. Do you have any food?

Presenter: No, I don't have any food.

Judy: Do the kids have any food?

Presenter: Boys and girls, do you have any food? No, Judy, they don't have any food.

Judy: Then how am I going to take care of my pony?

Presenter: I have an idea. Let's use some imagination food. Here is a pretend cookie.

Judy: Thank you for helping me take care of my pink pony.

Presenter: **Judy, today we will learn that God takes care of us.**

Judy: How?

Presenter: **He helps our moms and dads get food from our gardens and the grocery store. They bring it home and take care of us. Would you like to hear from the Bible how God took care of his people and gave them special food?**

Judy: Yes.

Presenter: **God's people were walking in the desert. There were lots of people. They were tired and hungry. They had no food to eat.**

Judy: Did they go to the grocery store?

Presenter: **There were no grocery stores there.**

Judy: How did they get food?

Presenter: **God made special food for them called manna. It's like tiny bits of bread. Every morning God put these tiny bits of bread all over the ground. All God's people had to do was pick it up. And the bread wasn't all God gave them to eat. God gave them special birds called quail for meat. It tasted like chicken.**

Judy: It wasn't imagination food?

Presenter: **No, it was real food. They could eat it and be happy because they knew God was taking care of them. God takes care of us, too.**

Judy: Can I have some?

Presenter: **God doesn't make manna today because we have grocery stores. I'm glad God takes care of us and gives us yummy food to eat.**

Judy: I'm going to take care of my pink pony and give her yummy food to eat.

Presenter: **Wonderful. When you do, you can remember that just like you take care of your pink pony, God takes care of us.**

Let's practice the Take Home Point together, kids. I'll say it first and you repeat after me. *God takes care of us. God takes care of us.

Very good. Judy, will you help us learn our song?

Judy: Sure, I love to sing.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

GOD takes **CARE** of **US**.
GOD takes **CARE** of **US**.
HE **LOVES** us **VERY** **MUCH**.
GOD takes **CARE** of **US**.

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
We love you. We love you.
You take care of us. You take care of us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds. Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Supplies: children's picture Bible; doughnuts cut into bite-sized pieces, enough so each child gets one

BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.

Part One: Read the Bible Event

Read about God feeding his people with manna and quail from a children's picture Bible.

Part Two: Act Out the Bible Event

Moses' people forgot that God takes care of them.

- Moses and his people camped out in the desert. They had been traveling a long time. Let's walk in place.
- Let's look really tired. Let's sit down.
- The people were tired and cranky. They didn't have enough food. They were whining and complaining. "We're hungry!" Say that after me. We're hungry. We're hungry.
- There's no food. There's no food.
- God doesn't care. God doesn't care.
- Where is God now? Where is God now?
- The people forgot that God always took care of them. They shouldn't have whined and complained. God's people should have remembered, *God takes care of us.

God sent manna for his people to eat.

- God does take care of us. God told Moses that he would send bread from heaven! Let's make our fingers look like it is raining little bits of bread floating down from heaven and landing on the ground.

- God told his people to pick up these little flakes of bread. They would have plenty to eat. The people were glad that God took care of them. So, every day for six days, the people would go out in the morning, bend down to gather up the bread and have enough food. Let's do that together for six days. One day... bend down and pick up your food. Two... bend down and pick up your manna bread. Three...(repeat actions for the other numbers), four... (repeat), five... (repeat), six... (repeat).
- On the seventh day, they didn't have to pick up the food because they had plenty left over from day number six. God wanted them to rest on day number seven. He wanted them to remember **God takes care of us*. I have a small bite of bread for you. We'll pretend it is manna. Here is a taste. Share the donut with children.

God sends quail for food.

- After a while, the people were tired of eating bread. They asked God to give them some meat to eat, as well. This time God sent them quail to eat. Quail are wild birds that taste like chicken. Let's pretend to be a wild bird by flapping our arms.
- God's people did not have to chase the birds. They did not have to hunt for the birds. God made the birds come to their camp! All the people had to do was to pick them up. Let's pretend to pick up the quail.

God took care of Moses and the people.

- Moses and God's people continued to travel through the desert. Let's pretend to walk.
- Even though they were hot and tired sometimes, they learned that **God takes care of us*. God took care of his people for a long, long time. In the morning, they had manna bread. Reach down and get the bread.
- In the evening, the birds flew in for supper. The quail birds were tasty. Let's rub our tummies and say "Yum."

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You take care of us. You take care of us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**GOD takes CARE of US.
GOD takes CARE of US.
HE LOVES us VERY MUCH.
GOD takes CARE of US.**

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God takes care of us. God takes care of us.

Activity 2: Snack

Supplies: doughnuts cut in half; napkins, cups and water

Boys and girls, today we are learning how God fed special bread and meat to Moses and his people. Today we are going to eat special bread. Before we eat our snack, let's fold our hands and say a prayer.

**Dear God, Dear God,
We love you. We love you.
You take care of us. You take care of us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.**

Pass out a napkin and cup of water to each child.

Today we are going to eat doughnuts. Doughnuts are a kind of sweet bread.

Pass out half a doughnut to each child as you speak.

For a long, long time, God gave Moses and his people sweet bread called *manna* to eat. The manna appeared on the desert ground. The people went out and picked it up and ate it. Would you like to eat the same food every day? Probably not. But these people learned to be happy with the food that God gave them every day. Go ahead and eat your snack. Remember to say *please* if you want more.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *God takes care of us. God takes care of us.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**GOD takes CARE of US.
GOD takes CARE of US.
HE LOVES us VERY MUCH.
GOD takes CARE of US.**

Activity 3: Craft

Supplies:

- *copies of Appendix A, one per child*
- *squares of white tissue paper, cut or torn into approximately 1" pieces. Option: pieces of white construction paper*
- *glue sticks*
- *feathers*
- *crayons*
- *optional, stick-on stars*

Boys and girls, today we are learning how God took care of Moses and his people. God gave them manna to eat in the morning and birds called quail to eat every evening. Today we are going to make a craft that will show manna in the morning and quail at night.

Pass out a picture to each child.

Now I want you to glue this pretend manna (*squares of white paper*) to the "day" side of the paper. Now you can glue two or three feathers to the quail.

If you are using the option of stick-on stars, have the children put them on the night side now.

Now you can color your picture.

Let's practice the Take Home Point. I'll say it first and you repeat after me.

***God takes care of us. God takes care of us.**

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**GOD takes CARE of US.
GOD takes CARE of US.
HE LOVES us VERY MUCH.
GOD takes CARE of US.**

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
We love you. We love you.
You take care of us. You take care of us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Activity 4: Learning Game

Supplies: none

Boys and girls, we have been learning how God takes care of us. Today we are going to play a game called *Does God Take Care of Us When...?*

1. Does God take care of us when we run around? Yes. Let's run from here to there.
2. Does God take care of us when we jump up and down? Yes. Let's jump up and down.
3. Does God take care of us when we bark like a dog? Yes. Let me hear you bark.
4. Does God take care of us when we ride in the car? Yes. Let's pretend to buckle our seat belts.
5. Does God take care of us when we flap our arms? Yes. Let's flap our arms.
6. Does God take care of us when we spin around? Yes. Let's spin around.
7. Does God take care of us when we sleep at night? Yes. Let's pretend to sleep.
8. Does God take care of us when we swim? Yes. Let's move our arms like we are swimming.
9. Does God take care of us when we hop around? Yes. Let's hop three times. One...two...three.
10. Does God take care of us when we pray? Yes. Let's fold our hands and say, "God takes care of us."

Let's practice the Take Home Point. I'll say it first and you repeat after me. *God takes care of us. God takes care of us.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

GOD takes CARE of US.
GOD takes CARE of US.
HE LOVES us VERY MUCH.
GOD takes CARE of US.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,

We love you. We love you.

You take care of us. You take care of us.

You love us. You love us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***God takes care of us.**

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You take care of us. You take care of us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Lesson Song:

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

GOD takes CARE of US.

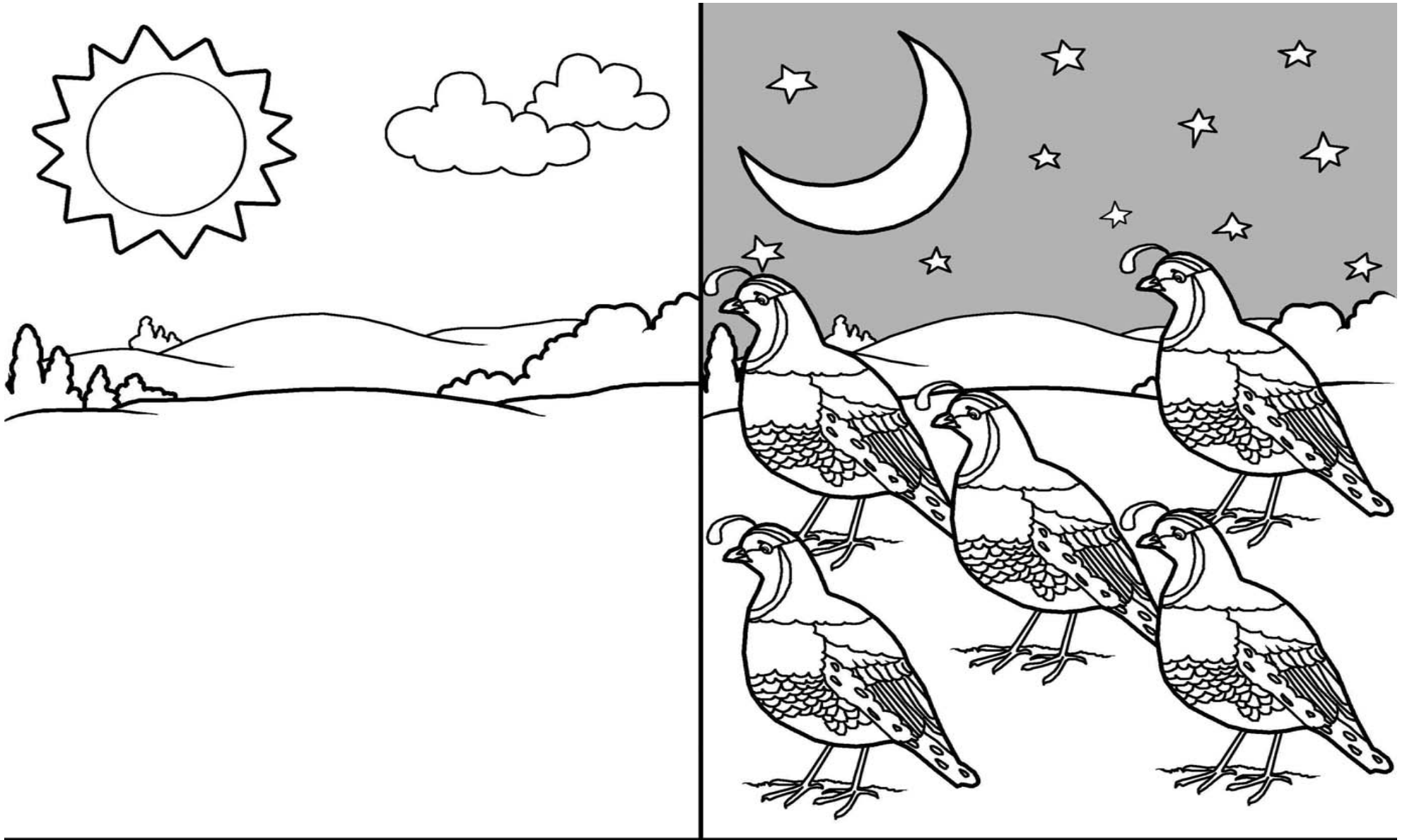
GOD takes CARE of US.

HE LOVES us VERY MUCH.

GOD takes CARE of US.

Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

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God Takes Care of Us