



Date: _____

Series: Jesus Helps Us
Winter Year 1, Lesson 39

Jesus Helps a Man Walk

(Part One)

Take Home Point: *Jesus helps us.

*Repeat this phrase throughout the lesson. Leader says the phrase and the children repeat it.

Bible Event: Mark 2:1-12

We will help children know:

- Jesus healed a man who couldn't walk.
- Jesus is God's Son who can even take away the wrong things we do.
- Jesus helps us.




We will help children feel:

- Amazed that Jesus can heal people who can't walk.
- Secure in knowing that Jesus helps them.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack that looks like legs.
- Put together a card showing the healing of the man who couldn't walk.
- Play a game called *Jesus Makes Us Move!*
- Take home a copy of *God Talk at Home* to reinforce the learning of today's Take Home Point: ***Jesus helps us.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> • your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> • children's storybook Bible. Recommended: <i>The Rhyme Bible Storybook</i> from Zonderkidz, 1966—order from www.amazon.com • Bubba puppet
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<p><i>Activity 1: Bible Event</i></p> <ul style="list-style-type: none"> • none <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> • chow mein—crispy noodles • straight pretzels • napkin, cup and water <p><i>Activity 3: Craft</i></p> <ul style="list-style-type: none"> • Appendices A & B copied back to back, one per child • Appendix C, a set of legs per child • various colors of construction paper cut into 3"x 2 1/2" pieces • white glue, glue sticks or tape • washable markers or crayons <p><i>Activity 4: Game</i></p> <ul style="list-style-type: none"> • none
Large Group Wrap-Up (5-10 minutes) 	12	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> • your choice of music • craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.

Puppet Presentation:

Jesus Makes Strong Legs

Supplies:

- Bubba puppet
- a Bible storybook of your choosing. We recommend The Rhyme Bible Storybook published by Zonderkidz (order from www.amazon.com)

Presenter: Boys and girls, let's call Bubba.

Kids call Bubba. **Bubba...Bubba...Bubba.** Bubba enters and begins hopping.

Presenter: Hi, Bubba. It's good to see you.

Bubba doesn't answer but continues hopping.

Presenter: Bubba, what are you doing? You aren't talking to us.

Bubba: I can't. I'm busy hopping.

Presenter: Wow. You are a good hopper.

Bubba: I just learned how. Watch me hop. (Continues hopping.)

Presenter: Good job. You can really hop. That means you must have very strong legs.

Bubba: I do.

Presenter: Your legs are so strong, you remind me of a frog.

Bubba: Oh, yeah? My legs are so strong they remind me of an elephant. (Still hops.)

Presenter: I didn't know that elephants could hop.

Bubba: This one can.

Presenter: Can you stop now? Today we are talking about having strong legs.

Bubba: Okay. Who has strong legs?

Presenter: There is a man in our Bible Event that didn't have strong legs at all.

Bubba: He couldn't hop?

Presenter: No. He could not even walk. He had to lay down all the time.

Bubba: That would not be fun.

Presenter: It wasn't. But Jesus healed him and he jumped up and hopped all around!

Bubba: Like me?

Presenter: Yes. Would you like me to read it to you in the Bible?

Bubba: Sure.

Read the Bible event in a children's Bible of your choosing. Kids Kount Publishing recommends the *Rhyme Bible Storybook*, written by L. J. Sattgast published by Zonderkidz—ISBN 0-310-70197-X, 1966. If you use this book, read "Four Good Friends" (Page 286). After the reading of the story:

Bubba: Wow. That was cool.

Presenter: We are going to learn that just as Jesus helped the man walk, **Jesus helps us*. Jesus is God's Son. He helps us when we are sick. Let's practice the Take Home Point. I'll say it first and you repeat after me. **Jesus helps us. Jesus helps us.*

Boys and girls, let's fold our hands and pray. Please repeat after me.

Dear God, Dear God,
We love you. We love you.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Presenter: Bubba, will you help us sing the new song?

Bubba: Sure, I love to sing.

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on a syllable as the rhyme is sung.

HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
HERE'S a MAN who COULD not WALK
So JESus MADE him WELL.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Supplies: Children's picture Bible

Part One: Read the Bible Event

Read from a children's picture Bible about the man who could not walk so his friends tore the roof off a house to see Jesus.

Part Two: Act Out the Bible Event

Supplies: Children's' Picture Bible

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.

Many come to hear Jesus.

- Jesus was at a friend's house teaching people about God. So many people wanted to hear what Jesus was teaching that they moved very close to Jesus. They crowded together. Move close to me. Closer, closer.
- There were so many people. They were so close together that no one could get any closer to Jesus... especially those that needed special help.

A man could not walk.

- Farther away was a man who was hurting. His legs didn't work. He could only lie on the ground. Let's lie on the ground.
- This man who could not walk had four friends. Let's count to four.
One...two...three...four.

- The four friends helped the man who could not walk. Whenever he wanted to go somewhere, they put him on a mat, picked him up and carried him.
- Let's pretend to pick someone up and carry him.
- The friends heard that Jesus was in town and that Jesus had great power. They heard that Jesus was God's Son and could heal their friend.

The friends take the man to Jesus.

- The four friends carried the man who could not walk to the house where Jesus was. Let's walk in place. Don't forget to carry the man.
- Inside the house, there were so many people that they were very close to Jesus. On the outside of the house were some stairs that went up to the roof. They walked up the stairs and carried the man. Pretend you are climbing the stairs.
- They got to the roof. They saw that the roof was made of mud and straw. They began to make a hole in the roof with their hands. Pretend to take off the roof of mud and straw with your hands.

The friends lower the man down through the hold.

- They looked into the hole and saw all the people around Jesus. Look into the pretend hole.
- They saw Jesus. How would they get the man down to Jesus? They had an idea. Let's lower him down through the roof. They lowered the man down to Jesus. Pretend to see him going lower and lower.
- Finally he was inside the house where Jesus was. All the people backed up. Jesus was amazed. Show me your amazed face. (hands on cheeks, mouth open)
- Everyone saw what Jesus did. They were surprised. They knew he was God and had the power to help people—even people who could not walk. Show me a surprised look.

Jesus cures the man.

- Let's pretend we are the man who could not walk. We would be lying on a mat. Show me by lying down.
- Pretend Jesus said to you, "Stand up." Because Jesus is God's Son and he has power, what should we do? We will stand up. Now we can walk.
- The man was so happy. Now he could walk. So, he jumped up. Let's jump up.
- He clapped his hands. Let's clap your hands.
- And he wiggled. Let's wiggle all over.

Jesus helps us.

- Jesus helps us, too. Even if we cannot see him, we know that Jesus is right here. We can pray to him. He helps us feel better when we are sick. He helps us when we are sad. He loves us. He has taken away all the wrong things we have done.

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Please repeat after me.

Dear God, Dear God,
We love you. We love you.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
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Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Activity 2: Snack

Supplies: Crispy chow mein noodles, straight pretzels, napkin, cup and water

Boys and girls, today we are going to eat a snack that looks like legs!
First, let's fold our hands and say a prayer. Please repeat after me:

Dear God, Dear God,
We love you. We love you.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.

Pass out a napkin and cup of water to each child.

Today we learned that Jesus performed a miracle and made a man's legs work again. (Hold up a few chow mein noodles.) **See how these pretend legs are all crooked and would not work very well? Jesus made the man's legs all better and straight, just like these.** (Hold up some pretzels.) Pass out a few chow mein noodles and a few pretzels to each child.

Go ahead and eat your snack now. When we are finished, we will sing and practice the Take Home Point.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
HERE'S a MAN who COULD not WALK
So JESus MADE him WELL.**

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Activity 3: Craft

Supplies:

- *Appendices A& B copied back to back, one copy for each child*
- *Appendix C –as many as needed with one pair of legs cut out for each child*
- *various colors of construction paper cut into 3" x 2-1/2" pieces, one for each child. Option: pieces of fabric or wallpaper scraps*
- *white glue, glue sticks or tape*
- *washable markers or crayons*

Boys and girls, today we are going to make a picture of the man who could not walk. We learned that Jesus made a miracle happen and then the man could walk.

Pass out copy of craft and have children color inside and out. Now have them glue a piece of cut construction paper, fabric or wallpaper scraps on the front as a blanket. Glue or tape on legs.

Jesus healed the man that couldn't walk. Remember and repeat after me. *Jesus helps us. Jesus helps us.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

HERE'S a MAN who COULD not WALK,
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So JESus MADE him WELL.

Boys and girls, let's fold our hands and pray. Please repeat after me.

Dear God, Dear God,
We love you. We love you.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Activity 4: Learning Game

Supplies: none

Boys and girls, did you know that God made your body so you can do lots of things? Today we are going to practice some of the things our amazing bodies can do with a game called "Jesus Makes Us Move!"

Today we heard how the man in the Bible could not move or walk and Jesus performed a miracle so he could move and walk. Do you think that man was happy? He probably did some of the things we are going to do today. First you say: "Jesus helps us," and then I will tell you what we can do. Next we will do the actions together.

1. Jesus helps us... shake one leg, then the other.
2. Jesus helps us... jump up and down.
3. Jesus helps us... open and close our hands.
4. Jesus helps us... sit down and stand up.
5. Jesus helps us... spin around.
6. Jesus helps us... clap our hands.
7. Jesus helps us... hop like a frog.

8. Jesus helps us... touch our toes.
9. Jesus helps us... wiggle our ears.
10. Jesus helps us... touch our nose.

You can add other actions as time permits.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Boys and girls, let's fold our hands and pray. Please repeat after me.

Dear God, Dear God,
We love you. We love you.
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We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
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Amen. Amen.

Song: to the tune of *Mary Had a Little Lamb*
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Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***Jesus helps us.**

Lesson Prayer:

Let's pray. Please repeat after me.

Dear God, Dear God,
We love you. We love you.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Lesson Song:

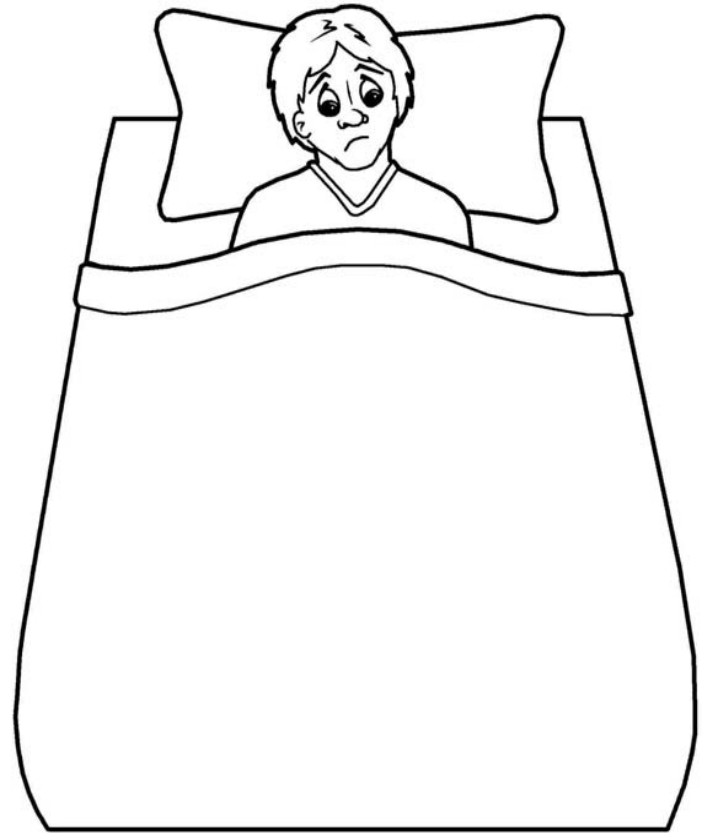
Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
HERE'S a MAN who COULD not WALK
So JESus MADE him WELL.**

Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

Safety and Security: Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.



Here's a man who could not walk,
Could not walk, could not walk.
Here's a man who could not walk,
So Jesus made him well.

Jesus helps us.



