



Date: _____

Series: Jesus Helps Us
Winter Year 1, Lesson 40

Jesus Helps a Man Walk

(Part Two)

Take Home Point: *We can help others.

*Repeat this phrase throughout the lesson. Leader says the phrase and the children repeat it.

Bible Event: Mark 2:1-12

We will help children know:

- Jesus healed a man who couldn't walk.
- Friends brought the man to Jesus to be healed.
- We can help our friends by bringing them to Jesus.




We will help children feel:

- Amazed at how Jesus can heal people.
- Excited to learn that we can help others.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack of teddy bear graham crackers to show how valuable legs are.
- Make a picture showing how the crippled man's friends brought him to Jesus.
- Play a game called *Alone or With a Friend?*
- Take home a copy of *God Talk at Home* to reinforce the learning of today's Take Home Point: ***We can help others.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> • your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> • children's storybook Bible—recommended: <i>The Rhyme Bible Storybook</i> by Zonderkidz • Judy puppet wearing a Band-Aid
Small Group Application (10 minutes—each activity) 	6 9 10 11	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> • none <i>Activity 2: Snack</i> <ul style="list-style-type: none"> • teddy bear cookies • napkins, cups and water <i>Activity 3: Craft</i> <ul style="list-style-type: none"> • Appendix A, one per child • one foam packing peanut per child • material cut into 2" x ½" pieces, one per child (<i>option</i>—use construction paper or fabric ribbon) • white glue • crayons or washable markers • <i>optional</i>: string cut into 2" lengths, two per child <i>Activity 4: Game</i> <ul style="list-style-type: none"> • none
Large Group Wrap-Up (5-10 minutes) 	13	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> • your choice of music • craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.

Puppet Presentation

Judy Learns to Help

Supplies:

- Judy puppet
- colorful Band-Aid
- a Bible storybook of your choosing. We recommend The Rhyme Bible Storybook published by Zonderkidz.

Presenter: Boys and girls, let's call Judy.

Kids call for Judy. **Judy...Judy...Judy.** Judy comes with a colorful Band-Aid taped to her hand.

Presenter: Hi, Judy. What's that on your hand?

Judy: It's a Band-Aid.

Presenter: Why do you have a Band-Aid?

Judy: Just in case.

Presenter: Just in case, what?

Judy: Just in case I meet a pink pony that has an owie. I could help her.

Presenter: You sure love your pink pony. But, did you know you could help people, not just pink ponies?

Judy: Really? How?

Presenter: (Drops a pencil or paper.) **Wait a minute. I just dropped something.**
(Bends over to pick it up, bumping his/her head or elbow on the puppet stage. Ad-lib as much as possible.) **Ouch! I bumped my head! I think I have an owie.**

Judy: Oh, my. It must have hurt. Can I help? Here is my Band-Aid.

Presenter: Why, thank you, Judy.

Judy: Now, put it on.

Presenter: Okay. Puts the Band-Aid on.

Judy: There. Do you feel better?

Presenter: Thank you, Judy. Yes, I do feel better. You helped me.

Judy: That makes me feel good.

Presenter: Today we are going to learn how people help their friends.

Judy: Do they give them Band-Aids?

Presenter: No. They bring them to Jesus. In the Bible, a man couldn't walk at all and his friends brought him to Jesus. Jesus helped him walk.

Judy: Would you tell me about it?

Presenter: Yes, it really happened in the Bible and we will learn about it today. Let me read it for you now.

Read the Bible event in a children's Bible of your choosing.

We recommend the *Rhyme Bible Storybook*, written by L. J. Sattgast published by Zonderkidz—ISBN 0-310-70197-X, 1966. If you use this book, read "Four Good Friends" (Page 286).

After the reading of the story:

Judy: Wow. I like how they helped their friend.

Presenter: Boys and girls, let's practice the Take Home Point. I'll say it first and you repeat after me. *We can help others. We can help others.

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
Jesus helps us. Jesus helps us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Presenter: Judy, will you help us sing a new song?

Judy: Sure, I love to sing.

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on a syllable as the rhyme is sung.

**HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
HERE'S a MAN who COULD not WALK
So JESus MADE him WELL.**

2nd verse optional:

**SEE the PEOPle BRING their FRIEND,
BRING their FRIEND, BRING their FRIEND.
SEE the PEOPle BRING their FRIEND
So JESus MADE him WELL.**

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Part One: Read the Bible Event

Read from a children's picture Bible about the man who could not walk so his friends tore the roof off a house to see Jesus.

Part Two: Act Out the Bible Event

Supplies: Children's' Picture Bible

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.

Many come to hear Jesus.

- **Jesus was at a friend's house teaching people about God. So many people wanted to hear what Jesus was teaching that they moved very close to Jesus. They crowded together. Move close to me. Closer, closer.**
- **There were so many people. They were so close together that no one could get any closer to Jesus... especially those that needed special help.**

A man could not walk.

- **Farther away was a man who was hurting. His legs didn't work. He could only lie on the ground. Let's lie on the ground.**
- **This man who could not walk had four friends. Let's count to four. One...two...three...four.**
- **The four friends helped the man who could not walk. Whenever he wanted to go somewhere, they put him on a mat, picked him up and carried him.**

- Let's pretend to pick someone up and carry him.
- The friends heard that Jesus was in town and that Jesus had great power. They heard that Jesus was God's Son and could heal their friend.

The friends take the man to Jesus.

- The four friends carried the man who could not walk to the house where Jesus was. Let's walk in place. Don't forget to carry the man.
- Inside the house, there were so many people that they were very close to Jesus. On the outside of the house were some stairs that went up to the roof. They walked up the stairs and carried the man. Pretend you are climbing the stairs.
- They got to the roof. They saw that the roof was made of mud and straw. They began to make a hole in the roof with their hands. Pretend to take off the roof of mud and straw with your hands.

The friends lower the man down through the hold.

- They looked into the hole and saw all the people around Jesus. Look into the pretend hole.
- They saw Jesus. How would they get the man down to Jesus? They had an idea. Let's lower him down through the roof. They lowered the man down to Jesus. Pretend to see him going lower and lower.
- Finally he was inside the house where Jesus was. All the people backed up. Jesus was amazed. Show me your amazed face. (hands on cheeks, mouth open)
- Everyone saw what Jesus did. They were surprised. They knew he was God and had the power to help people—even people who could not walk. Show me a surprised look.

Jesus cures the man.

- Let's pretend we are the man who could not walk. We would be lying on a mat. Show me by lying down.
- Pretend Jesus said to you, "Stand up." Because Jesus is God's Son and he has power, what should we do? We will stand up. Now we can walk.
- The man was so happy. Now he could walk. So, he jumped up. Let's jump up.
- He clapped his hands. Let's clap your hands.
- And he wiggled. Let's wiggle all over.

Jesus helps us.

- Jesus helps us, too. Even if we cannot see him, we know that Jesus is right here. We can pray to him. He helps us feel better when we are sick. He helps us when we are sad. He loves us. He has taken away all the wrong things we have done.

We can invite our friends to church.

- Jesus helped the man who could not walk when his friends brought him. We can help our friends, too, when we bring them to Jesus. We bring them to Jesus by bringing them to church and telling them that God loves them, and Jesus wants to be their friend.

Part Two: Pray, Sing and Review Take Home Point

Let's fold our hands and pray. Repeat after me.

Prayer:

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
Jesus helps us. Jesus helps us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on a syllable as the rhyme is sung.

HERE'S a MAN who COULD not WALK,
COULD not WALK, COULD not WALK.
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So JESus MADE him WELL.

2nd verse optional:

SEE the PEOPle BRING their FRIEND,
BRING their FRIEND, BRING their FRIEND.
SEE the PEOPle BRING their FRIEND
So JESus MADE him WELL.

Take Home Point:

Remember, we can also help others. Let's practice the Take Home Point. I'll say it first and you repeat after me. *We can help others. We can help others.

Activity 2: Snack

Supplies: teddy bear cookies, napkin, cup and water

Boys and girls, today our snack is going to be something that has legs that work so the animal can walk. First, let's fold our hands and say a prayer. Please repeat after me:

Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
Jesus helps us. Jesus helps us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.

Pass out a cup of water, napkin and four or five teddy bear cookies.

See how this teddy bear cookie has legs? Real bears have legs so they can walk, run, climb and swim. Jesus fixed the legs of the man in the Bible because his friends brought him to Jesus. You can eat your bears now.

When you are finished, let's practice the Take Home Point. I'll say it first and you repeat after me. *We can help others. We can help others.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on a syllable as the rhyme is sung.

HERE'S a MAN who COULD not WALK,
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2nd verse optional:

SEE the PEOPle BRING their FRIEND,
BRING their FRIEND, BRING their FRIEND.
SEE the PEOPle BRING their FRIEND
So JESus MADE him WELL.

Activity 3: Craft

Supplies:

- Appendix A, one per child
- glue
- pieces of fabric cut into ½" x 2" pieces
- one foam packing peanut for each child
- crayons or washable markers; optional—two pieces of 2" twine for each child

Boys and girls, remember how we heard about the four good friends of the man that could not walk? They lowered him through the roof of a house, right in front of Jesus. Today we are going to make a picture like that. First I want you to color your picture, then we are going to glue the man and his mat on our picture.

Let child choose a “blanket” of their choice to glue on picture. Then put glue on long edge of foam peanut and glue it to the material. It will look like his legs are curled under him. If you are using the option of strings, help child glue them from the men’s hands to the sides of the mat. After they are finished, say:

Let’s practice the Take Home Point. I’ll say it first and you repeat after me. *We can help others. We can help others.

Let’s fold our hands and pray. Repeat after me.

**Dear God, Dear God,
We love you. We love you.
Thank you for Jesus. Thank you for Jesus.
Jesus helps us. Jesus helps us.
When friends need help, When friends need help,
We bring them to Jesus. We bring them to Jesus.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus’ name. In Jesus’ name.
Amen. Amen.**

Song: to the tune of *Mary Had a Little Lamb*
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Activity 4: Learning Game

Supplies: none

Today we are going to play a game called *Alone or Bring a Friend*. You will answer either: “alone” or “bring a friend.” Then we will act out what you would be doing.

1. Would you bring a friend or go alone to the park? (*Children answer: bring a friend.*) Let’s pretend we are in the park. Show me how you hang onto a swing.
2. Would you bring a friend or go alone with mom and dad when you go to the doctor? (*Children answer: alone.*) Show me how you would put a Band-Aid® on your knee if it got hurt
3. Would you bring a friend or go alone to play with a ball? (*Bring a friend.*) Let’s pretend to throw a ball to each other and catch it.
4. Would you bring a friend or go alone to take a nap? (*Alone.*) Let’s pretend we are taking a nap.
5. Would you bring a friend or go alone to have a snack? (*Either.*) Let’s pretend we are eating a snack.
6. Would you bring a friend or go alone to kiss your mommy? (*Alone.*) Let’s act out giving a kiss or hug to your mommy.
7. Would you bring a friend or go alone to play with a puppy? (*Bring a friend.*) Let’s pretend we are patting a puppy on the head.
8. Would you bring a friend or go alone to a soccer game? (*Bring a friend.*) Let’s pretend to kick a soccer ball.
9. Would you bring a friend or go alone to church? (*Bring a friend.*). Let’s fold our hands and bow our heads.

Let’s fold our hands and pray. Repeat after me.

Dear God, Dear God,

We love you. We love you.

Thank you for Jesus. Thank you for Jesus.

Jesus helps us. Jesus helps us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus’ name. In Jesus’ name.

Amen. Amen.

Let’s practice the Take Home Point. I’ll say it first and you repeat after me.

*We can help others. We can help others.

Song: to the tune of *Mary Had a Little Lamb*

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Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***We can help others.**

Lesson Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

Thank you for Jesus. Thank you for Jesus.

Jesus helps us. Jesus helps us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Lesson Song:

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on a syllable as the rhyme is sung.

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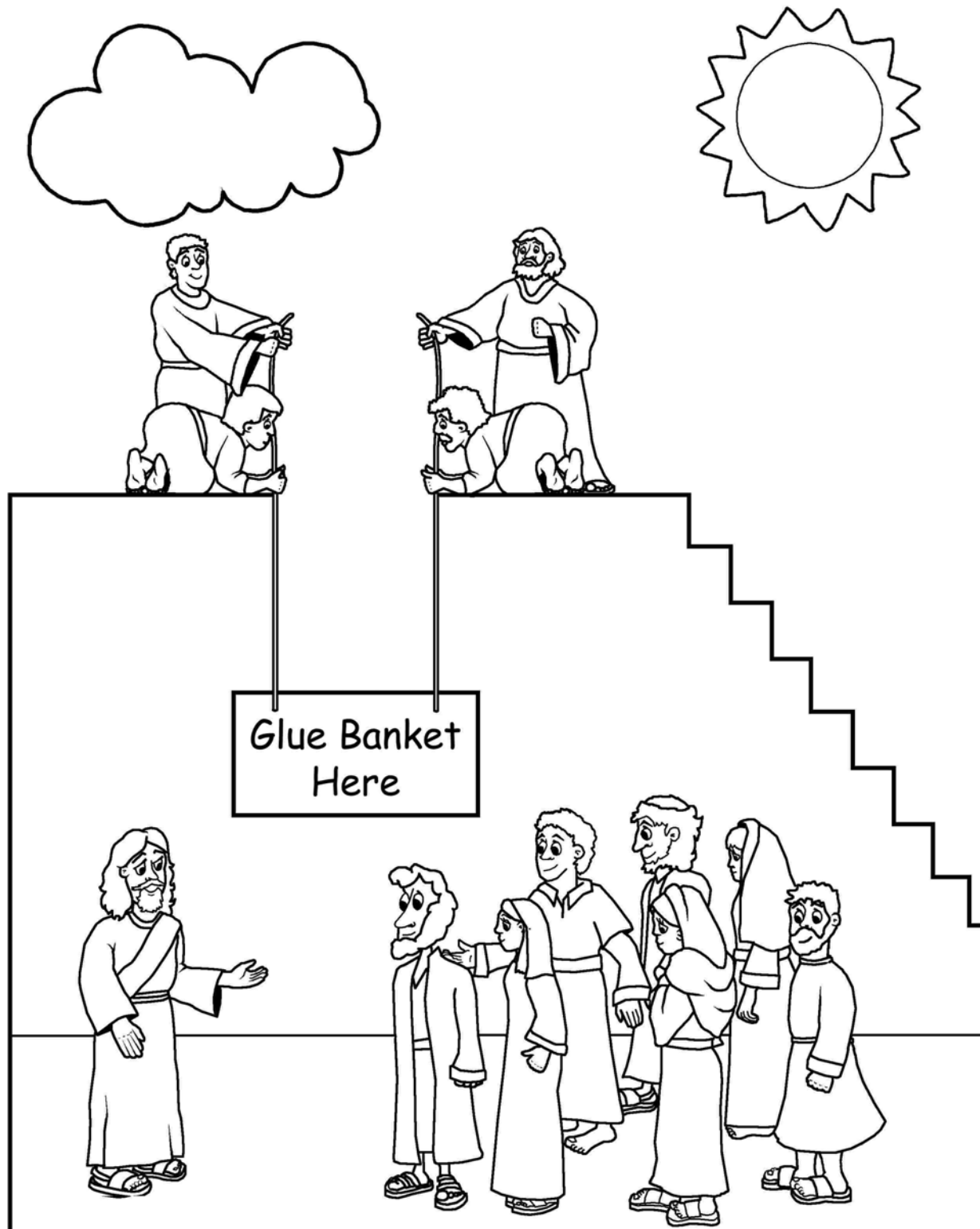
2nd verse optional:

**SEE the PEOPle BRING their FRIEND,
BRING their FRIEND, BRING their FRIEND.
SEE the PEOPle BRING their FRIEND
So JESus MADE him WELL.**

Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

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WE CAN HELP OTHERS!



JESUS HELPS A MAN WALK