



Date: _____

Series: Jesus Helps Us
Winter Year 1, Lesson 38

Jesus Calms the Storm (Part Two)

Take Home Point: *Ask Jesus for help.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: Matthew 8:23-27

We will help children know:

- Jesus calmed the storm and the fears of the disciples.
- Jesus helped the disciples when they were afraid.
- God promises to hear our prayers when we need help.




We will help children feel:

- Confident in asking Jesus for help.
- Secure in knowing Jesus will help.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack that reminds us of a storm.
- Make a door hanger that reminds them to ask Jesus for help.
- Play the *Ask Jesus for Help* game.
- Take home a copy of *God Talk at Home* to reinforce the leaning of today's Take Home Point: ***Ask Jesus for help.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> • your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> • Bubba puppet • small security blanket fastened to Bubba's hand
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> • children's picture Bible <i>Activity 2: Snack</i> <ul style="list-style-type: none"> • chocolate pudding • whipped topping • cups for pudding • spoons • napkins, cups and water • <i>option:</i> raisins and marshmallows <i>Activity 3: Craft</i> <ul style="list-style-type: none"> • Appendix A on card stock, one per child • Liquid paints and containers • Cotton swabs <i>Activity 4: Game</i> <ul style="list-style-type: none"> • none
Large Group Wrap-Up (5-10 minutes) 	11	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> • your choice of music • craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.

Puppet Presentation:

Supplies:

- Bubba puttet
- small piece of cloth taped to Bubba's hand as his security blanket

Bubba Learns To Ask God For Help

Presenter: Hi, kids, let's call Bubba.

Kids call Bubba. **Bubba... Bubba... Bubba**. Bubba comes out with his security blanket taped to his hand.

Presenter: Hi, Bubba, what do you have with you?

Bubba: It's my blankie.

Presenter: Why do you have your blankie?

Bubba: I had a bad dream last night and got scared.

Presenter: What did you do?

Bubba: I grabbed my blankie and went into my mommy and daddy's room.

Presenter: Why do you still have your blankie?

Bubba: Just in case I get scared again, I want to have my blankie.

Presenter: Sometimes blankies do help. But today we are going to learn that there is someone much better and more powerful than a blankie to help us.

Bubba: Oh, I know what that is.

Presenter: Okay. What is more powerful than a blankie to help you feel safe?

Bubba: An elephant!! (Exclaiming wildly.)

Presenter: You love that elephant don't you? But, if you were scared, could your elephant come and make you feel better?

Bubba: I don't think so. I don't think an elephant would fit in mommy and daddy's bed.

Presenter: I don't think so either. But there is someone who is so powerful that even the wind and the waves obey him. He is God's Son. Do you know who that is?

Bubba: I know who it is! It's Jesus!

Presenter: Right. When you are afraid, you can ask Jesus for help. His friends did.

Bubba: What happened?

Presenter: They were in a boat during a storm and they thought they would sink, so they asked Jesus for help. Jesus made the wind and the waves stop. We'll learn more about that today. Bubba, help us learn the Take Home Point. Repeat after me. **Ask Jesus for help.*

Bubba: Ask Jesus for help.

Presenter: Good job, Bubba. Kids, let's practice. I'll say it first and you repeat it after me. **Ask Jesus for help. Ask Jesus for help.*

Bubba, can you help me teach the kids a song?

Bubba: Sure, I love to sing.

Presenter: Good. Let's learn our song.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**JESus CALMed the STORM.
JESus CALMed the STORM.
JESus HELPS us ALL the TIME.
JESus CALMed the STORM.**

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You will help us You will help us

When we ask. When we ask.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event

Supplies: Children's picture Bible

Part One: Read the Bible Event

Read about Jesus calming the wind and waves from a children's picture Bible.

Part Two: Act Out the Bible Event

Supplies: Children's' Picture Bible

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.

Jesus was tired.

- Jesus was teaching people all day and he was very tired. Let's yawn like we are tired.
- He got in a boat with his disciples and told them to row the boat to the other side of the lake. Let's row our pretend boat.

A storm comes.

- Jesus was so tired he fell asleep in the boat. Pretend you are sleeping.
- While Jesus was sleeping, a huge storm came. The waves were splashing in the boat. Let's make our arms look like waves by making them go up and down. Splash all around.
- The wind was blowing very hard. Let's make the sound of the wind. Blow and move your arms.

- The special friends of Jesus, the disciples, were rocking back and forth in the boat until they thought the boat might turn over. Let's rock back and forth in our pretend boat.

The disciples are afraid.

- The disciples were very afraid of the storm. They thought the boat would tip over and they would drown. They said, "Ahhh!" Let's say, "Ahhh!"
- They woke up Jesus. Let's stretch our arms like we just woke up.
- The disciples asked Jesus to help them. Jesus said, "Why are you afraid?" Then Jesus put his arms out and told the storm to stop. Put your arms out and say, "stop."

Jesus stops the storm.

- Do you think the storm stopped when Jesus told it? Yes, it did! Slap your knees loudly and then softly; and then stop.
- The waves stopped splashing in the boat. The wind stopped blowing. Make a loud blowing wind noise and get softer and softer.
- The boat stopped rocking. Rock fast and then slow to a stop.
- Jesus' disciples were amazed! They knew that Jesus was someone really special because even the wind and waves obeyed him.

Disciples are surprised.

- The disciples looked at each other with surprise and wonder. They saw that the wind and the waves had obeyed Jesus. Let's make our faces look like something wonderful has happened. They said to each other, "Surely this must be God's Son."

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You will help us You will help us

When we ask. When we ask.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

JESus CALMed the STORM.
JESus CALMed the STORM.
JESus HELPS us ALL the TIME.
JESus CALMed the STORM.

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me:

***Ask Jesus for help. Ask Jesus for help.**

Activity 2: Snack

Supplies:

- *chocolate pudding,*
- *cups for pudding,*
- *whipped topping*
- *spoons*
- *napkins, cups and water. Before class starts, put chocolate pudding in cups.*
- *Option: an alternate snack would be raisins and marshmallows that remind us of dark stormy clouds.*

Boys and girls, today we are going to eat a snack that reminds us of a storm that Jesus calmed. Before we eat our snack, let's fold our hands and say a prayer.

Dear God, Dear God,

We love you. We love you.

You will help us You will help us

When we ask. When we ask.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

<p><i>BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.</i></p>
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Pass out napkins, water, spoons. Demonstrate with a cup of pudding.

See this brown pudding? It can remind us of dark stormy clouds. But Jesus told the storm to go away. Watch this storm go away with this white cloud. (Put enough whipped topping to cover the brown pudding.)

Give each child a plain pudding and then go around table and add "white clouds".

Now you can eat your storm that went away.

Let's practice the Take Home Point. I'll say it first and you repeat after me: *Ask Jesus for help. Ask Jesus for help.

Song: to the tune of *Farmer in the Dell*

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Activity 3: Craft

Supplies:

- *copies of Appendix A on cardstock (cut out door hangers before class)*
- *Liquid paints*
- *Containers for paint (small plastic or Styrofoam plates)*
- *Cotton swabs*

Boys and girls, today we are going to make a door hanger for your bedroom or play room and one to give to a friend. These will remind you to ask Jesus for help, especially when you are afraid of something.

Put several cotton swabs on a plate with one or two colors and have children share the plates.

Go ahead and paint them and I will write your name on top. (On second door hanger, write on the back, "from ____ [child's name]).

Let's practice the Take Home Point. I'll say it first and you repeat after me: *Ask Jesus for help. Ask Jesus for help.

Song: to the tune of *Farmer in the Dell*

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**JESus CALMed the STORM.
JESus CALMed the STORM.
JESus HELPS us ALL the TIME.
JESus CALMed the STORM.**

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
We love you. We love you.
You will help us You will help us
When we ask. When we ask.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Activity 4: Learning Game

Supplies: none

Boys and girls, today we are going to play a game called *Ask Jesus to Help*. I will tell you what we can ask Jesus to help us do and you will do the action.

1. Ask Jesus to help us jump up and down.
2. Ask Jesus to help us spin around.
3. Ask Jesus to help us scratch our head.
4. Ask Jesus to help us sleep in our bed.
5. Ask Jesus to help us touch our toes.
6. Ask Jesus to help us beep our nose.
7. Ask Jesus to help us hop like a frog.
8. Ask Jesus to help us bark like a dog.
9. Ask Jesus to help us run, run, run.
10. Remember, Jesus is number 1. (Hold up one finger.)

Let's practice the Take Home Point. I'll say it first and you repeat after me: *Ask Jesus for help. Ask Jesus for help.

Song: to the tune of *Farmer in the Dell*

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In Jesus' name. In Jesus' name.
Amen. Amen.

Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***Ask Jesus for help.**

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You will help us You will help us

When we ask. When we ask.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Lesson Song:

Song: to the tune of *Farmer in the Dell*

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Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

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(Name)

Cut out circle

**I WILL
ASK
JESUS
FOR HELP.**

(Name)

Cut out circle

**I WILL
ASK
JESUS
FOR HELP.**