



Date: \_\_\_\_\_  
Series: Moses  
Fall Year 2, Lesson 26

# Moses & the Ten Commandments

**Take Home Point:** \*Love God. Love others.

\*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

**Bible Event:** Exodus 19 & 20

**We will help children know:**

- God gave Moses rules for all of us to follow.
- We can read about God's rules in the Bible.

**We will help children feel:**

- Secure that God cares about us.
- Rules are important and keep us safe.

**We will help children do:**

- Participate in acting out the Bible Event.
- Eat a snack that reminds us of the stone tablets.
- Make a craft to mark the pages in a grownup's Bible.
- Play a learning game called *Loving God or Loving Others?* and a movement game called *Love God, Love Others?*
- Take home a copy of *God Talk at Home* to reinforce today's Take Home Point: \***Love God. Love others.**

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Warm-Up</b> (5-10 minutes)	3	Transition Time	<ul style="list-style-type: none"> <li>• toys of your choice</li> </ul>
<b>Large Group Opening</b> (5-10 minutes)  	3  3  4	Sing (Optional)  Puppet Presentation ( <i>Optional</i> : video during puppet presentation)  Bible Reading	<ul style="list-style-type: none"> <li>• songs of your choice</li> <li>• Judy puppet</li> <li>• pink pony in a paper bag</li> <li>• <i>optional</i>: video, <i>The Beginners Bible, The Story of Moses</i> produced by Sony Music—order from <a href="http://www.amazon.com">www.amazon.com</a></li> <li>• children's picture Bible</li> </ul>
<b>Small Group Application</b> (10 minutes—each activity)  	6  8  9  10	Activity 1: Acting Out Bible Event  Activity 2: Snack  Activity 3: Craft  Activity 4: Learning Game/ Movement Game	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> <li>• children's picture Bible</li> </ul> <i>Activity 2: Snack</i> <ul style="list-style-type: none"> <li>• napkins</li> <li>• cups of water</li> <li>• oval crackers</li> <li>• canned squirt cheese</li> </ul> <i>Activity 3: Craft</i> <ul style="list-style-type: none"> <li>• copies of Appendix A on cardstock, one copy per six children</li> <li>• sequins, stickers, small colorful pieces of paper or ribbons, etc.</li> <li>• glue sticks</li> </ul> <i>Activity 4: Games</i> <i>Learning Game</i> <ul style="list-style-type: none"> <li>• none</li> </ul> <i>Movement Game</i> <ul style="list-style-type: none"> <li>• one beach ball</li> <li>• two hula hoops</li> </ul>
<b>Large Group Wrap-up</b> (5-10 minutes)  	13  13  14	Review Lesson and Take Home Point  Pray  Sing (Optional)	<ul style="list-style-type: none"> <li>• songs of your choice</li> </ul>

## **Warm-Up** (Prior to class and first 10 minutes of the session.)

*Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.*

## **Large Group Opening** (5-10 minutes)



*Purpose: You may use singing as a large group activity and to gather attention. The opening puppet presentation is a quick overview introducing the Bible Event and Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.*

**Singing:** Use music of your choice.

## **Puppet Presentation**

*Supplies: children’s picture Bible, pink pony in a paper bag*

### **Judy Learns About Rules**

**Presenter:** Boys and girls, let’s call out Judy.

Kids call for Judy. **Judy...Judy...Judy.** Judy comes out with the pink pony in a paper bag.

**Presenter:** Hi, Judy. What do you have in your sack?

Judy: It’s my pink pony. She’s been naughty, so I put her in the bag.

**Presenter:** Oh, my goodness. Well, can I take her out and ask her what she did?

Judy: I don’t think so, because she didn’t follow the rules.

**Presenter:** Like what?

Judy: She’s not supposed to run in church. She ran in church.

**Presenter:** Oh, my.

Judy: And you’re not supposed to use crayons on the table. She colored on the table!

**Presenter:** Oh, my.

Judy: And you're not supposed to hit other children. She hit someone else!

**Presenter: Oh, my. She didn't obey the rules. But did you obey the rules, Judy?**

Judy: Well, I was with my pony when she did those naughty things, so I got in trouble, too!

**Presenter: I see. Do you know why we have rules?**

Judy: So I get in trouble?

**Presenter: No. The rules help us love God and love others. We'll learn today that God gave ten rules or commandments and they are very special.**

Judy: How do the rules help?

**Presenter: When we obey those rules, life becomes much better.**

Judy: Do we get in trouble like my naughty pony?

**Presenter: We try not to get in trouble but, instead, love God and love others.**

**See what I am holding? This is the Bible. It is God's word. Everything in the Bible is true. Now I am going to read about how God gave the Ten Commandments to Moses. Let's put on our listening ears.**

Read the Bible Event from a children's picture Bible or you may use the video option.

*Video Option:*

**Today instead of reading the Bible, we are going to watch it on video.**

Video name: *The Beginners Bible, The Story of Moses*  
Start time after opening credits: *21 minutes, 17 seconds*  
Spoken Cue: *"When the Israelites reached Mount Sinai..."*  
End time: *23 minutes, 50 seconds (end of video)*  
Spoken Cue: *"God helped Moses guide the Israelites home."*  
Total length of clip: *2 minutes, 33 seconds*

**Presenter: Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.**

**Judy, will you help us sing our song of the week?**

Judy: Sure, I love to sing.

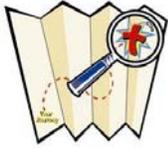
**Song:** to the tune of *Row, Row, Row Your Boat*  
*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**LOVE GOD and LOVE oth-ERS.  
LOVE them EV-ery DAY.  
WE can FOL-low AND o-BEY.  
LOVE them EV-ery DAY.**

**Let's fold our hands and say a prayer. Repeat after me.**

Dear God, Dear God,  
You are with us. You are with us.  
We love you. We love you.  
Help us follow your rules. Help us follow your rules.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

# Small Group Application (30-40 minutes)



**Purpose:** Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for three-year-olds should be one to six or fewer. Divide into groups of six with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of up to twelve. The ratio will be maintained at one to six.

**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

## Activity 1: Acting Out the Bible Event

Supplies:

- Children's picture Bible

### Moses and the Ten Commandments

#### Introduction

**This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them, too.**

God wants Moses to lead his people.

- **God chose Moses to lead the Israelite people out of Egypt. Walk in place.**
- **When they came to the Red Sea, Moses held out his staff and the waters parted. Spread your arms out wide and show how the waters parted. Now let's walk through the waters on dry ground.**
- **They walked through the desert when the sun was hot. Let's wipe the moisture or sweat off our forehead and keep on walking. We're getting tired.**
- **The people came to a mountain and looked up to the top of it. They could see that there were clouds, thunder and lightning. God said he would talk to Moses. He wanted Moses to come up to the top of the mountain. The people know this was a very special place. Let's all kneel down.**

## God gives Moses the Ten Commandments.

- God told Moses to walk up the mountain by himself. Let's pretend to climb up the steep mountain. When God talked to Moses there, he told him that he would write ten rules for his people to follow. God wrote the rules, called commandments, in stone. Let's use our finger and pretend we are writing on the stone tablets.
- Now let's count how many rules God made. He made ten special rules or commandments for his people. Let's see how far we can count. Can you count to ten? One, two, three, four... on up to ten.

## Moses comes down the mountain.

- After Moses talked to God, he came down the mountain carrying the heavy stone tablets with the Ten Commandments. Let's carry the heavy stone tablets down the mountain.

## We use God's rules today.

- When Jesus came and told us about God, he helped us understand God's rules. He told us that we are to love God and love others. That is how we obey all ten of God's rules. Let's say, "Love God." Love God. Do these actions. Put your hand on your heart. Now point to heaven.
- Now say, "Love others." Love others. Put your hands on your heart and then put your hands out wide. Love others.
- Jesus showed us how to love God and love others. Remember, he gave his life for all of us so that we, too, can love God and love others. Do it with the action.

## Pray, Sing and Review the Take Home Point

### Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help us follow your rules. Help us follow your rules.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Let's sing our song of the week.

**Song:** to the tune of *Row, Row, Row Your Boat*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

LOVE GOD and LOVE oth-ERS.  
LOVE them EV-ery DAY.  
WE can FOL-low AND o-BEY.  
LOVE them EV-ery DAY.

**Take Home Point:**

Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.

## Activity 2: Snack

*Supplies:*

- *napkins*
- *cups and water*
- *oval crackers*
- *squirt cheese*

*Be aware of any food allergies children may have.*

Today we are going to eat a snack that has the shape of the Ten Commandment tablets. Before we eat our snack, let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help us follow your rules. Help us follow your rules.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Before children arrive, prepare one cracker to demonstrate. Draw the shape of the tablets on a cracker with the squirt cheese (*a large "m"*). Pass out a napkin and cup of water to each child.

**God gave Moses special rules called the Ten Commandments. God wrote them in stone on tablets shaped like this.** Hold up prepared cracker.

**I am going to give you two crackers but do not eat them right away. I will squirt some cheese on them so your crackers will look like the Ten Commandments tablets, too. When your cracker is decorated, you may eat it.**

As the children eat, ask them if they can think of any rules at their house. You may need to prompt them with questions such as: Can you stay awake as long as you want to? Can you eat whatever you want? Can you run in the street? Remind them that rules are made to keep us safe.

**Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.**

**Let's sing our song of the week.**

**Song:** to the tune of *Row, Row, Row Your Boat*  
*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**LOVE GOD and LOVE oth-ERS.  
LOVE them EV-ery DAY.  
WE can FOL-low AND o-BEY.  
LOVE them EV-ery DAY.**

## **Activity 3: Craft**

*Children take pride in making something themselves. Resist trying to do too much for children so that they can say, "I did it myself."*

*Supplies:*

- *copies of Appendix A on cardstock, one copy per six children*
- *sequins, stickers, pieces of colorful paper or ribbons, etc.*
- *glue sticks*

Before class, cut six bookmarks from the Appendix page. Each will say "Love God" at the top of it and "Love Others" at the bottom.

**Today we are learning how God gave the Ten Commandments to Moses. They are in the Bible. Today we are going to make a bookmark. You can give it to your mom or dad to put in their Bible or you can keep it for your own Bible. Decorate them any way you want. You can decorate both sides. Let's start gluing on all the decorations.**

**Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.**

Let's sing our song of the week.

**Song:** to the tune of *Row, Row, Row Your Boat*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

LOVE GOD and LOVE oth-ERS.  
LOVE them EV-ery DAY.  
WE can FOL-low AND o-BEY.  
LOVE them EV-ery DAY.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,  
You are with us. You are with us.  
We love you. We love you.  
Help us follow your rules. Help us follow your rules.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

## Activity 4: Games

*Choose one or both games to play. Children with lots of wiggles should play the Movement Game first.*

### Learning Game

Supplies:

- none

Today we are going to play a game called *Loving God or Loving Others?* After you answer the questions, you can do the actions.

1. Are you loving God and others if you take your neighbor's toy and keep it? No. Pretend to give a toy to a person next to you.
2. Are you loving God and others if you ask the new child in your class to play with you? Yes. Pretend to bounce a ball to your new friend.
3. Are you loving God and others if you stay home from church because you do not want to go? No. Let's pretend we are in church and fold our hands and bow our heads.
4. Are you loving God and others if you hug and kiss your mother and father? Yes. Let me hear you make a kissing noise.
5. Are you loving God and others if you say bad words? No. Let's say, "sorry."
6. Are you loving God and others if you give some food to a hungry person? Yes. Pretend to eat an apple.

7. Are you loving God and others if you tell lies about other people? No. Let's say, "Please forgive me."
8. Are you loving God and others if you help Mommy fold the laundry? Yes. Let's pretend to fold a towel.
9. Are you loving God and others if you scream and cry for a toy in the store? No. Let's pretend to cry.
10. Are you loving God and others if you are nice to your kitty? Yes. Let's meow like a kitty.

## **Movement Game**

*Supplies:*

- *beach ball*
- *two hula hoops*

We are going to play a game called, *Love God, Love Others?* I need two helpers. One helper will hold this hula hoop right up against the wall. If we throw a ball into this hoop, it will hit the wall and bounce back. This hula hoop will remind us of loving God.

I need another helper to hold this hula hoop over here against the wall. If we throw a ball into this hoop, it will bounce right back. This hoop will remind us of loving others.

When I call a child's name, I will hand you the beach ball and you must decide which hula hoop to throw it through. If I give you an example of loving God, then throw it through this hula hoop that reminds us of loving God. Point it out.

If I give you an example of loving others, then throw it through that hula hoop. Point it out.

- If you pray to God, is that an example of loving God or loving others? (*Loving God.*)
- If you share your toys with someone, are you loving God or loving others? (*Loving others.*)
- If you sing to God, are you loving God or loving others? (*Loving God.*)
- If you help your mom pick up the toys, are you loving God or loving others? (*Loving others.*)
- If you read the Bible, are you loving God or loving others? (*Loving God.*)
- If you hug someone when they are sad, are you loving God or loving others? (*Loving others.*)
- If you tell God "thank you" for giving you good things, are you loving God or loving others? (*Loving God.*)

- If you make a special card for someone who is sick, are you loving God or loving others? (*Loving others.*)
- If you give money in the offering plate, are you loving God or loving others? (*Loving God.*)
- If you help take care of a baby, are you loving God or loving others? (*Loving others.*)

Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.

Let's sing our song of the week.

**Song:** to the tune of *Row, Row, Row Your Boat*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

LOVE GOD and LOVE oth-ERS.  
 LOVE them EV-ery DAY.  
 WE can FOL-low AND o-BEY.  
 LOVE them EV-ery DAY.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,  
 You are with us. You are with us.  
 We love you. We love you.  
 Help us follow your rules. Help us follow your rules.  
 Thank you, thank you, thank you. Thank you, thank you, thank you.  
 In Jesus' name. In Jesus' name.  
 Amen. Amen.

# Large Group Wrap-Up (5-10 minutes)



## Lesson Review:

Presenter reviews the lesson by supplying key parts of the lesson with some words left out. Children are to supply the key words as the presenter shares the Bible Event.

**See if you know the word I'm thinking of when I tell the Bible Event. If you know it, you may say it out loud without raising your hand.**

**Moses led his people out of Egypt. God parted the water and then what did God's people do to get to the other side? (*walked on dry ground*) God wanted to talk to Moses. He wanted to give Moses and the people rules to live by. What were the ten rules called? (*Ten Commandments.*) Who gave Moses the Ten Commandments? (*God did.*) Where did Moses go to get them? (*On top of a mountain.*) Where can we read about the Ten Commandments? (*In the Bible.*)**

## Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help us follow your rules. Help us follow your rules.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

## **Lesson Song:**

Let's sing our song of the week.

**Song:** to the tune of *Row, Row, Row Your Boat*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**LOVE GOD and LOVE oth-ERS.**

**LOVE them EV-ery DAY.**

**WE can FOL-low AND o-BEY.**

**LOVE them EV-ery DAY.**

## **Take Home Point:**

Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Love God. Love others. Love God. Love others.

*Lead the children in singing songs from a CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out God Talk at Home.*

**Love God**

**Love God**

**Love God**

**Love Others**

**Love Others**

**Love Others**

**Love God**

**Love God**

**Love God**

**Love Others**

**Love Others**

**Love Others**