



**Date:** \_\_\_\_\_  
**Series:** Jesus' Miracles  
Spring, Year 2, Lesson 54

# Jesus Calms the Storm

**Take Home Point:** \*Jesus is powerful.

\*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

**Bible Event:** Matthew 8:23-27

**We will help children know:**

- Jesus has the power to calm a storm.
- Jesus helped the disciples who were afraid.
- Jesus helps us when we are afraid.

**We will help children feel:**

- Confident because Jesus is so powerful.
- Jesus will help us not be afraid.

**We will help children do:**

- Participate in acting out the Bible Event.
- Eat a snack that reminds us of a stormy and a calm sea.
- Make a craft that shows a stormy sea and a calm sea.
- Play a learning game called *Jesus is Powerful* and a movement game called *Boat Toss*.
- Take home a copy of *God Talk at Home* to reinforce learning today's Take Home Point: \***Jesus is powerful.**

Kingdom Quest Year 2 - Lesson 54 - 1

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Warm-Up</b> (5-10 minutes)	3	Transition Time	<ul style="list-style-type: none"> <li>• toys of your choice</li> </ul>
<b>Large Group Opening</b> (5-10 minutes) 	3 3 4	Sing (Optional) Puppet Presentation Bible Reading	<ul style="list-style-type: none"> <li>• songs of your choice</li> <li>• Judy puppet and piece of poster board</li> <li>• children's picture Bible</li> </ul>
<b>Small Group Application</b> (10 minutes—each activity) 	5 7 9 10	Activity 1: Acting Out Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Learning Game Movement Game	<p><i>Activity 1: Bible Event</i></p> <ul style="list-style-type: none"> <li>• children's picture Bible</li> </ul> <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> <li>• napkins</li> <li>• cups of water</li> <li>• graham crackers</li> <li>• white canned frosting</li> <li>• craft sticks (for spreading frosting)</li> </ul> <p><i>Activity 3: Craft</i></p> <ul style="list-style-type: none"> <li>• Copies of Appendix A on cardstock</li> <li>• Black or gray liquid paint; medium-light blue liquid paint</li> <li>• Paper plates for paint</li> <li>• Cotton swabs</li> <li>• Newspaper</li> <li>• Colors or markers</li> </ul> <p><i>Activity 4: Games</i></p> <p><i>Learning Game</i></p> <ul style="list-style-type: none"> <li>• none</li> </ul> <p><i>Movement Game</i></p> <ul style="list-style-type: none"> <li>• 8 foot rope</li> <li>• hula hoop</li> <li>• 1 beanbag</li> </ul>
<b>Large Group Wrap-Up</b> (5-10 minutes) 	12 12 12	Review Lesson and Take Home Point Pray Sing (Optional)	<ul style="list-style-type: none"> <li>• songs of your choice</li> </ul>

## **Warm-Up** (Prior to class and first 10 minutes of the session.)

*Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.*

## **Large Group Opening** (5-10 minutes)



*Purpose: You may use singing as a large group activity and to gather attention. The opening puppet presentation is a quick overview introducing the Bible Event and Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.*

**Singing:** Use music of your choice.

## **Puppet Presentation**

*Supplies:*

- Children’s picture Bible
- Piece of poster board

### **Judy Learns Jesus is Powerful**

**Presenter:** Boys and girls, let’s call out Judy.

Kids call for Judy. **Judy...Judy...Judy.** Judy comes out .

**Presenter:** Hi, Judy.

Judy: What do you have in your hand?

**Presenter:** I was going to make a special noise with this.

Judy: Why?

**Presenter:** It’s part of the Bible Event. It reminds us of what happened to Jesus. Want to hear the noise? (Shake poster board.)

Judy: Wow! That’s a scary noise. It reminds me of a noisy storm.

**Presenter:** It does remind us of a storm. A big loud crash of thunder sounds like this...(Shake poster board again.)

Judy: Oh, no. Where’s my pink pony? I need her if I am going to be in a storm.

**Presenter: Why, Judy?**

Judy: My pink pony always helps me be brave.

**Presenter: Well, we are going to find that Jesus' friends, the disciples, also were afraid of a storm.**

Judy: Did they have a pink pony?

**Presenter: No. They had something much more powerful than a storm.**

Judy: What did they have?

**Presenter: Jesus. He is more powerful than a storm. All he had to do was tell the storm to be quiet and it stopped!**

Judy: Wow!

**Presenter: See what I am holding? This is the Bible. It is God's word. Everything in the Bible is true. Now I am going to read about our lesson from the Bible. Let's put on our listening ears.**

Read the Bible Event from a children's picture Bible.

**Presenter: Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.**

**Presenter: Judy, will you help us sing our song of the week?**

Judy: Sure, I love to sing.

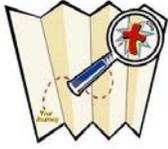
**Song:** to the tune of *Mary Had a Little Lamb*  
*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**JESus IS so POWErFUL,  
POWErFUL, POWErFUL.  
JESus IS so POWErFUL.  
He TAKES good CARE of US.**

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,  
We love you. We love you.  
You are so powerful. You are so powerful. 0  
You are with us. You are with us.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

# Small Group Application (30-40 minutes)



**Purpose:** Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for three-year-olds should be one to six or fewer. Divide into groups of six with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of up to twelve. The ratio will be maintained at one to six.

## Activity 1: Acting Out the Bible Event

Supplies:

- Children's picture Bible

### Jesus Calms the Storm

Matthew 8:23-27

#### Introduction

Hold up a children's picture Bible.

**This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them, too.**

#### Jesus gets into a boat.

- Jesus had been traveling around for many days, teaching and preaching. Let's walk around and come back to our places.
- When evening came, Jesus and the disciples got into a boat. Let's pretend to step into a boat. Now we are sailing out into the lake.
- Jesus was very tired; so tired, he fell asleep. Let's all yawn and pretend to go to sleep.

#### A big storm comes.

- Suddenly, a huge storm came up on the lake. The wind was blowing. Let's wave our arms and blow like the wind.
- The waves swept over the boat! The waves rocked the boat back and forth. Let's pretend we are rocking in a boat.
- The disciples were very scared. They were hanging onto the side of the boat. They shouted for help. Let's shout, "Help! Help! The boat is going to tip over."

### The disciples wake Jesus.

- The disciples knew that Jesus was God's Son. They knew he could do anything. They knew that Jesus would help them if they asked. They went to where Jesus was sleeping at the bottom of the boat. This is what they said: "Wake up! Wake up!" Let's say that together.
- They said, "We're going to drown! We're going to drown!" Let's all say that.
- "Jesus, save us! Jesus, save us!" Let's say that, too.
- Jesus looked at them and said, "You of little faith, why are you so afraid?" Jesus wanted the disciples to believe in him even if he was sleeping.

### Jesus stops the storm.

- Jesus got up from his nap. He put out his arms and told the wind to stop. What do you think happened? The wind stopped! Let's put out our arms and say, "Wind, stop!"
- Jesus told the waves to stop. What do you think happened? The waves stopped. Let's put out our arms and say, "Waves, stop!"
- Jesus put out his arms and told the storm to stop. What do you think happened? The storm stopped! Let's put out our arms and say, "Storm, stop!"
- What had happened was a miracle! It was something only God could do. Jesus spoke to the wind and the waves. He made the storm stop. He is more powerful than the storm! The disciples were amazed. They sat down in the boat and said, "Jesus is powerful." Let's say that.

### The disciples are amazed.

- The disciples were shocked and amazed that the wind, the waves and the storm obeyed Jesus. When the storm came they were afraid. But now they felt safe. They were amazed. Show me your amazed face. (Hands on cheeks, mouth open.)
- They said, "Jesus is powerful!" Let's say that, too.
- They asked, "What kind of man is this? Even the wind, the waves and the storm obey him!" It was a miracle that only God can do. Jesus is God's Son. Jesus is powerful. Let's say that. "Jesus is powerful".

## Pray, Sing and Review the Take Home Point

### Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You are so powerful. You are so powerful.

You are with us. You are with us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Let's sing our song of the week.

**Song:** to the tune of *Mary Had a Little Lamb*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**J**Esus **I**S so **P**OWer**F**UL,  
**P**OWer**F**UL, **P**OWer**F**UL.  
**J**Esus **I**S so **P**OWer**F**UL.  
He **T**AKES good **C**ARE of **U**S.

### Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.

## Activity 2: Snack

*Supplies:*

- *Napkins*
- *Cups and water*
- *Graham crackers*
- *Can of white frosting*
- *Craft sticks, 1 per child*

*Before class, frost two halves of graham crackers with frosting. One should be all messy (stormy cracker) and the other should be smooth.*

<p><i>BE AWARE OF ANY FOOD ALLERGIES CHILDREN MAY HAVE BEFORE YOU GIVE THEM ANY FOOD TO EAT.</i></p>
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Today we are going to eat a snack that reminds us of the stormy waves and calm sea. Before we eat our snack, let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,  
We love you. We love you.  
You are so powerful. You are so powerful.  
You are with us. You are with us.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

Did you know that when it gets really stormy, the waves get all white and frothy or bubbly? Pass out a napkin, cup of water, craft stick and half a graham cracker to each child. I am going to plop some frosting on your graham cracker. We are going to pretend it is the sea where Jesus was. I want you to spread it around with your stick. First you can make it really stormy (show "stormy" cracker), and then you can smooth it out like this cracker (hold up smooth cracker). Then it will look like it did after Jesus calmed the storm. When you are finished calming your storm, you can eat your snack. If you need help, let me know.

Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.

Let's sing our song of the week.

**Song:** to the tune of *Mary Had a Little Lamb*  
*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

JESUS IS so POWERFUL,  
POWERFUL, POWERFUL.  
JESUS IS so POWERFUL.  
He TAKES good CARE of US.

## Activity 3: Craft

Children take pride in making something themselves. Resist trying to do too much for children so that they can say, "I did it myself."

Supplies:

- Copies of Appendix A on cardstock, one per child
- Gray or black liquid paint; medium-light blue liquid paint
- Paper plates for paints
- Cotton swabs
- Markers or crayons
- Newspaper

Today we have been learning that Jesus is so powerful he can stop wind, rain and waves. On the left side of our picture, there is a terrible storm. We are going to crunch up a piece of newspaper (about a quarter of a single sheet) and dip it in the dark paint. You will stamp some dark clouds in the sky on the stormy side. Next, you will take the cotton swab and dip it into the blue paint to make raindrops. You can paint some of the water too. When you are finished with the stormy side, you can paint the water on the calm side. Then you can color the sun and sky. If you want to draw a little boat on the water, do that too.

Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.

Let's sing our song of the week.

**Song:** to the tune of *Mary Had a Little Lamb*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

JESUS IS so POWERFUL,  
POWERFUL, POWERFUL.  
JESUS IS so POWERFUL.  
He TAKES good CARE of US.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,  
We love you. We love you.  
You are so powerful. You are so powerful.  
You are with us. You are with us.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

## Activity 4: Games

Choose one or both games to play. Children with lots of wiggles should play the Movement Game first.

### Learning Game

Supplies:

- none

When the disciples were afraid of the storm, they knew they could ask Jesus to help them. They knew that Jesus is powerful. Today we are going to play a game called *Jesus is Powerful*. After you answer the questions, you can do the actions.

1. Jesus is powerful. He helps us do everything. Let's bend down and touch our toes.
2. Jesus is powerful. He helps us do everything. Let's waddle and quack like a duck.
3. Jesus is powerful. He helps us do everything. Let's scratch our head.
4. Jesus is powerful. He helps us do everything. Let's pretend to sleep. Close your eyes and snore.
5. Jesus is powerful. He helps us do everything. Let's jump up and down.
6. Jesus is powerful. He helps us do everything. Let's hop like a frog and say "ribbit, rabbit."
7. Jesus is powerful. He helps us do everything. Let's rub our eyes and cry like a baby.
8. Jesus is powerful. He helps us do everything. Let's wag our tails and bark like a dog.
9. Jesus is powerful. He helps us do everything. Let's run from here to there.
10. Jesus is powerful. He helps us do everything. Let's spin around.

### Movement Game

Supplies:

- Eight foot rope
- One hula hoop
- 1 beanbag

Jesus is so powerful that he can help us do anything. Today we are going to play a game called *Boat Toss*.

Make a line with the rope. Children will stand behind the rope.

The hula hoop is a pretend boat. We are going to take turns trying to toss the beanbag into the pretend boat (6 feet away). The beanbag reminds us of a pillow to sleep on. If the beanbag lands in the "boat," everyone will run to this side of the room and pretend to sleep (indicate the left side of the room). If the beanbag lands outside the "boat," it reminds us of the storm. You will all run to this side of the room (right side of the room) and pretend to be in a boat, tossing around in a big storm. Keep playing until everyone has a turn.

Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.

Let's sing our song of the week.

**Song:** to the tune of *Mary Had a Little Lamb*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

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Let's pray now. Fold your hands and repeat after me:

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You are with us. You are with us.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
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# Large Group Wrap-Up (5-10 minutes)



## Lesson Review:

Presenter reviews the lesson with questions or by supplying key parts of the lesson with some words left out. Children are to supply the answers as the presenter shares the Bible Event.

See if you know the words I'm thinking of when I tell the Bible Event.  
If you know it, you may say it out loud without raising your hand.

Jesus was talking and preaching all day long. He was very tired. He and the disciples came to a lake and got on something that floats. Was it a boat or a turtle? (A boat.) Then Jesus fell asleep. What came while Jesus slept, a bad storm or a flying hippopotamus? (A bad storm.) The wind blew. The boat was tossed around. Were the disciples happy or afraid? (Afraid.) They woke up Jesus because they were afraid the boat was going to sink. What did Jesus tell the storm to do? (Stop.) Did the storm stop? (Yes.) Was this a miracle? (Yes.)

## Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,  
We love you. We love you.  
You are so powerful. You are so powerful.  
You are with us. You are with us.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

## Lesson Song:

Let's sing our song of the week.

**Song:** to the tune of *Mary Had a Little Lamb*  
*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

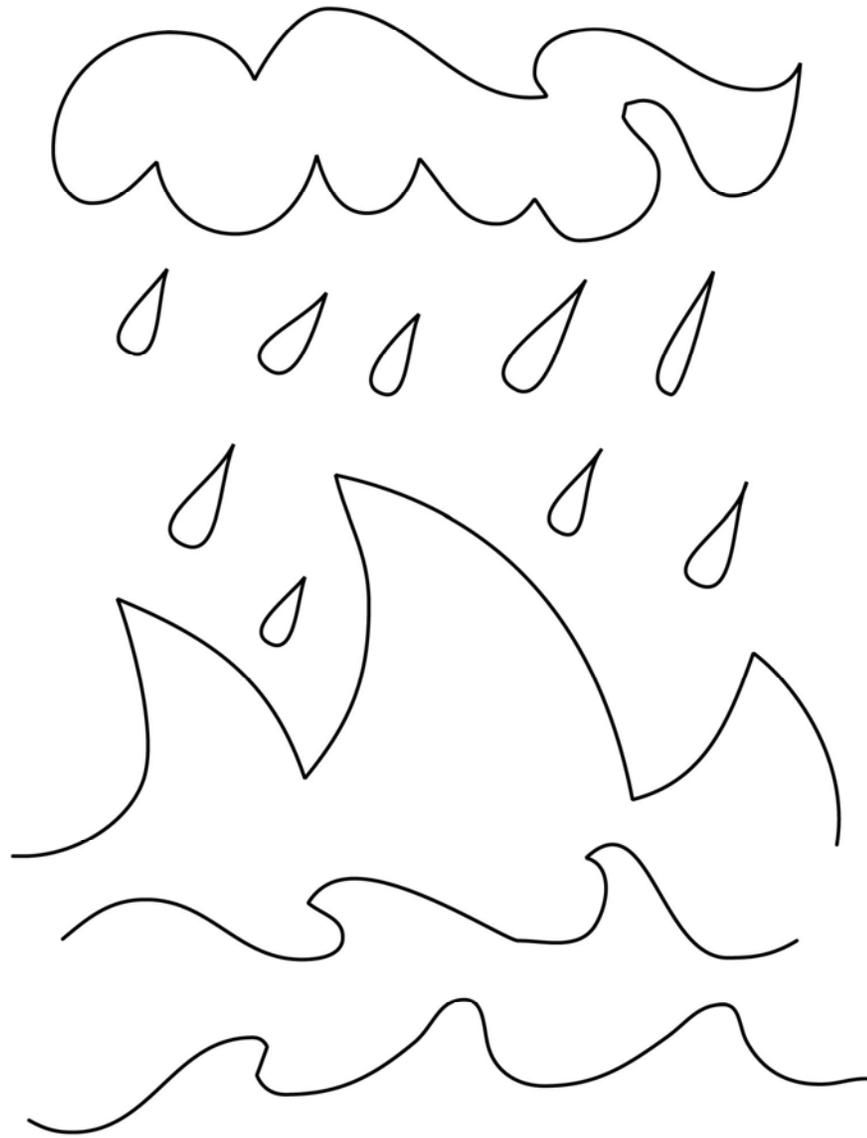
JESUS IS so POWERFUL,  
POWERFUL, POWERFUL.  
JESUS IS so POWERFUL.  
He TAKES good CARE of US.

## Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: \*Jesus is powerful. Jesus is powerful.

*Lead the children in singing songs from a CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out God Talk at Home.*

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**Jesus is  
Powerful**

