



Date: _____
Series: Jesus' Miracles
Spring, Year 2, Lesson 57

Jesus Walks on Water

Take Home Point: *Jesus helps us when we're afraid.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: Matthew 14:22-23

We will help children know:

- Jesus helps us when we are afraid.
- Jesus is with us all the time.

We will help children feel:




- Happy that Jesus is always with us.
- Secure in knowing Jesus will help us when we are afraid.

We will help children do:

- Participate in acting out the Bible Event.
- Eat a snack that reminds us of being afraid.
- Make a craft of Jesus walking across the water.
- Play a learning game called *Jesus Is With Us* and a movement game called *Out of the Boat*.
- Take home a copy of *God Talk at Home* to reinforce learning today's Take Home Point: ***Jesus helps us when we're afraid**. This is a longer Take Home Point and can be broken down into two parts: ***Jesus helps us** (children repeat, "Jesus helps us") **when we're afraid** (children repeat, "when we're afraid").

Kingdom Quest Year 2 - Lesson 57 - 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (5-10 minutes)	3	Transition Time	<ul style="list-style-type: none"> toys of your choice
Large Group Opening (5-10 minutes) 	3	Sing (Optional)	<ul style="list-style-type: none"> songs of your choice
	3	Puppet Presentation	<ul style="list-style-type: none"> Bubba puppet and a stuffed elephant
	4	Bible Reading	<ul style="list-style-type: none"> children's picture Bible
Small Group Application (10 minutes—each activity) 	6	Activity 1: Acting Out Bible Event	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> children's picture Bible
	9	Activity 2: Snack	<i>Activity 2: Snack</i> <ul style="list-style-type: none"> napkins cups of water vanilla wafer cookies brown tube frosting
	10	Activity 3: Craft	<i>Activity 3: Craft</i> <ul style="list-style-type: none"> Copies of Appendix A on cardstock, 1 per child Copies of Appendix B on cardstock, 1 per 6 children Blue tissue paper pieces Glue Tape Crayons or markers
	11	Activity 4: Learning Game Movement Game	<i>Activity 4: Games</i> <i>Learning Game</i> <ul style="list-style-type: none"> None <i>Movement Game</i> <ul style="list-style-type: none"> Optional: tape for floor
Large Group Wrap-Up (5-10 minutes) 	13	Review Lesson and Take Home Point	<ul style="list-style-type: none"> songs of your choice
	13	Pray	
	14	Sing (Optional)	

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: You may use singing as a large group activity and to gather attention. The opening puppet presentation is a quick overview introducing the Bible Event and Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.

Singing: Use music of your choice.

Puppet Presentation

Supplies:

- Children's picture Bible
- Bubba's stuffed elephant

Bubba Learns Who Helps Us When We're Afraid

Presenter: Boys and girls, let's call out Bubba.

Kids call for Bubba. **Bubba... Bubba... Bubba.**

Bubba enters with stuffed elephant.

Presenter: Hi, Bubba.

Bubba: Hi. Aren't you going to say 'hi' to my elephant?

Presenter: Of course. Hi, elephant. Why do you always have your elephant with you?

Bubba: Because my elephant helps me when I am afraid.

Presenter: He does? Tell us about it.

Bubba: When there is a big storm outside, I get afraid.

Presenter: You mean when there is lots of lightning and thunder?

Bubba: Yes. It makes me afraid. Then my elephant sleeps with me.

Presenter: Does that help you?

Bubba: It helps me a little.

Presenter: But you are still afraid?

Bubba: Yes, maybe a little.

Presenter: Did you know that sometimes even I am afraid?

Bubba: Then you need to get an elephant.

Presenter: No. What I do is call on Jesus.

Bubba: What?

Presenter: Today we are going to read how Jesus helped his friends when they were afraid in a storm.

Bubba: What did he do?

Presenter: Well, listen and I will read to you how Jesus walked on the water and helped his friends when they were afraid.

Presenter: See what I am holding? This is the Bible. It is God's word. Everything in the Bible is true. Now I am going to read about our lesson from the Bible. Let's put on our listening ears.

Read the Bible Event from a children's picture Bible

Presenter: Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.

Presenter: Bubba, will you help us sing our song of the week?

Bubba: Sure, I love to sing.

Song: to the tune of *Mary Had a Little Lamb*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**CALL on JE-sus WHEN a-FRAID,
WHEN aFRAID, WHEN aFRAID.
CALL on JE-sus WHEN a-FRAID.
HE helps US ev'ry TIME.**

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help us when we are afraid. Help us when we are afraid.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for three-year-olds should be one to six or fewer. Divide into groups of six with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of up to twelve. The ratio will be maintained at one to six.

Activity 1: Acting Out the Bible Event

Supplies:

- Children's picture Bible

Jesus Walks on Water

Matthew 14:22-23

Introduction

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them, too.

Go to the other side of the lake.

- Jesus and his special friends, the disciples, had just finished a very tiring day. Jesus wanted to be alone. He told his disciples, "We are by a lake. You get in the boat and travel to the other side. I will meet you there later."
- Jesus continued, "I'm going to stay here and pray." So Jesus waved good-bye to the disciples. Let's wave.
- The disciples climbed into the boat. Pretend to climb into the boat.
- They took out their oars or paddles. Pretend to take out the oars and put them in the water. They used these oars to move the boat. Move your oars or paddles so we can move across the water.

Storm comes up.

- While they were in the boat, the wind began to blow and the boat began to rock. Let's rock the boat a little tiny bit.

- The wind blew harder and the boat rocked more. Can we rock a little bit more?
- The wind blew harder yet! The boat was tossed up and down and back and forth on the sea! Rock your boats more. Rock harder; it was a very bad storm.
- The disciples wanted to get across the lake in a hurry, so they put their oars deep in the water. Let's take our oars and row deep and hard. Pretend that we must get to the other side of the lake as soon as possible. Work hard!
- The wind was pushing them around, so they couldn't get to the other side quickly. They rowed harder. Now, row even harder. We don't like this storm.
- But still the storm pushed them back. They were so tired and so scared. What would they do?

Jesus walks on water.

- Then one of the disciples looked through the pouring rain and wind. He saw the strangest thing. He said, "It looks like someone is walking on the water and they are walking toward us. Everyone look." Point your fingers and look over the water.
- It was someone walking on the water toward them. Someone screamed, "It's a ghost." Let's scream, "It's a ghost!"
- Everyone was afraid. But it was not a ghost. Do you know who it was? It was Jesus. He was walking on top of the water! Let's walk very carefully.
- But no one can walk on top of the water. It's impossible. Repeat after me. "Oh, no." Oh, no.

Jesus invites Peter to walk on the water.

- When Jesus heard his friends crying, he said, "Don't be afraid." Say, "Don't be afraid." Don't be afraid.
- "It is I." It is I. "I am Jesus." I am Jesus.
- Then Peter, one of Jesus' friends said, "If it is you, let me come out and see you." So, Jesus waved his hand like this. Let's wave our hand and say, "Come here, Peter." Come here, Peter.
- Peter climbed out of the boat. Can you climb out of the boat? When his feet touched the water, they did not sink. He was walking on the water! Can you pretend to walk on the water like Peter?
- Peter started walking toward Jesus. Closer and closer. He was looking right at Jesus' face. Then he looked down at the water. He thought, "I can't be walking on the water. Oh, no, I'm scared."
- Peter began to sink and he cried out, "Help." You cry out "Help!" Help!

- Just then Jesus reached down, grabbed him and pulled him back up. Let's pretend we are getting pulled out of the water. Jesus said, "Don't be afraid. I am Jesus. You'll be okay."

Jesus' friends were amazed.

- Jesus and Peter walked back to the boat and got in. Let's get back in the boat.
Everyone was watching in amazement. When they reached the boat, everyone said, "It's a miracle. Jesus must be God's Son." Let's say, "Jesus must be God's Son." Jesus must be God's Son.

Jesus helps us when we're afraid.

- Jesus helped his friends so they were not afraid anymore. If you are ever feeling afraid ask Jesus to help you. He loves you and wants to take care of you. Let's practice the Take Home Point. I'll say it first and you repeat after me: *Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.

Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help us when we are afraid. Help us when we are afraid.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Let's sing our song of the week.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

CALL on JE-sus WHEN a-FRAID,
WHEN aFRAID, WHEN aFRAID.
CALL on JE-sus WHEN a-FRAID.
HE helps US ev'ry TIME.

Take Home Point:

- Let's practice the Take Home Point. I'll say it first and you repeat after me: *Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.

Activity 2: Snack

Supplies:

- Napkins
- Cups and water
- Vanilla wafer cookies
- Brown tube frosting

Before class, make a sample “bug.” Put two dots of frosting for eyes near one edge. Put one or two legs on the sides.

BE AWARE OF ANY FOOD ALLERGIES CHILDREN MAY HAVE BEFORE YOU GIVE THEM ANY FOOD TO EAT.

Today we are going to eat a snack that might remind us of something we are afraid of. Before we eat our snack, let’s fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help us when we are afraid. Help us when we are afraid.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus’ name. In Jesus’ name.
Amen. Amen.

Sometimes people are afraid of things. Some are afraid of the dark. Some are afraid of high places. Some people are afraid of bugs. Today our snack looks like a pretend bug. Hold up sample “bug.” Jesus tells us not to be afraid because he is with us. Pass out napkin, cup of water and two cookies to each child. **Now do not eat your cookies yet.** I am going to put two eyes and two legs on them so they look like bugs, then you can eat them. If you were afraid of bugs, what could you do? We learned today that anytime you are afraid, you can call on Jesus to help us. Even if we cannot see him, we know he is there and he helps us.

Let’s practice the Take Home Point. I’ll say it first and you repeat after me:
*Jesus helps us, Jesus helps us, when we’re afraid, when we’re afraid.

Let’s sing our song of the week.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

CALL on JE-sus **WHEN** a-FRAID,
WHEN aFRAID, **WHEN** aFRAID.
CALL on JE-sus **WHEN** a-FRAID.
HE helps **US** ev’ry **TIME**.

Activity 3: Craft

Children take pride in making something themselves. Resist trying to do too much for children so that they can say, "I did it myself."

Supplies:

- Copies of Appendix A on cardstock, 1 per child
- Copies of Appendix B on cardstock, 1 per 6 children
- Blue tissue paper, cut or torn in random sizes
- Tape
- Glue sticks
- Crayons or markers

Before class, cut out the Jesus in Appendix B, leaving white space around edges. Also, cut out (from cardstock scraps) pieces about ½" x 2" for the pull tab to be taped on the back of Jesus. Cut a straight slit in Appendix A that goes from the edge of the boat to about 1" from the edge of the paper. This will be used to "walk" Jesus across the water.

Today we have been learning that Jesus walked across the water to help his scared disciples. That is what our craft is today. First I want you to color Jesus, the men and the boat. Then we will glue the blue tissue paper on the water. While the children are gluing, bend your scrap piece of cardstock (approximately ½" x 2") and tape it to the back of Jesus. As you slide Jesus across the picture, it will look like he is walking on water. Now watch how Jesus can walk across the water to help his disciples. Demonstrate Jesus walking on the water.

Let's practice the Take Home Point. I'll say it first and you repeat after me:

***Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.**

Let's sing our song of the week.

Song: to the tune of *Mary Had a Little Lamb*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**CALL on JE-sus WHEN a-FRAID,
WHEN aFRAID, WHEN aFRAID.
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HE helps US ev'ry TIME.**

Let's pray now. Fold your hands and repeat after me:

**Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help us when we are afraid. Help us when we are afraid.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.**

Activity 4: Games

Choose one or both games to play. Children with lots of wiggles should play the Movement Game first.

Learning Game

Supplies:

- none

Today we are going to play a game called *Jesus Is With Us*. After you answer the questions, you can do the actions.

1. Is Jesus with us when we are swimming? Yes. Let's move our arms like we do when we go swimming.
2. Is Jesus with us when we sleep at night? Yes. Let's close our eyes and snore.
3. Is Jesus with us when we ride in the car? Yes. Let's beep our horn.
4. Is Jesus with us when we think of scary things? Yes. Let's make a scared face.
5. Is Jesus with us when we are at Grandma's house? Yes. Let's give ourselves a big hug like Grandma does.
6. Is Jesus with us when we help Daddy build things? Yes. Let's hammer and saw a pretend board.
7. Is Jesus with us when we ride our bikes? Yes. Show me how you pedal a bike.
8. Is Jesus with us when we climb a tree? Yes. Show me how you would climb a tree.
9. Is Jesus with us when we eat our food? Yes. Let's pretend to eat our cereal.
10. Is Jesus with us all the time? Yes. Let's say, "Thank you Jesus."

Movement Game

Supplies:

- Optional: tape to make outline of boat

Today we are going to play a game called *Out of the Boat*. Have children sit in a circle or an outline of a boat made with tape on the floor. This game is played like Duck, Duck, Goose. One child walks around the outside of the circle or boat, touching each head. As he does, child will say, "In the boat, in the boat, in the boat, until child says, "Out of the boat." Child touched will get up, run around the circle and child chasing will sit where touched child was.

Remember that everyone was scared when they were in the boat. When they saw Jesus walking on the water, Jesus told Peter to get out of the boat. Jesus helped him when he was afraid, and he could even walk on the water.

Let's practice the Take Home Point. I'll say it first and you repeat after me:
*Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.

Let's sing our song of the week.

Song: to the tune of *Mary Had a Little Lamb*
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In Jesus' name. In Jesus' name.
Amen. Amen.

Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter reviews the lesson with questions or by supplying key parts of the lesson with some words left out. Children are to supply the answers as the presenter shares the Bible Event.

**See if you know the words I'm thinking of when I tell the Bible Event.
If you know it, you may say it out loud without raising your hand.**

Jesus was tired from teaching all day. He wanted to be alone. He told the disciples to go across the sea by getting into a boat or a train? (Boat.) It was night when the disciples were crossing the lake in the boat. Something made the boat rock. Was it a storm or a sea monster? (A storm.) When the boat started to rock, were the disciples happy or were they afraid? (Afraid.) Jesus came to help them. How did Jesus get to the boat, by walking on the water or swimming? (He walked on the water.) Jesus did another miracle by walking on the water. He loved his disciples and did not want them to be afraid. When he got there, Peter wanted to get out of the boat and see Jesus. Did Jesus tell him to take a train or come to him and walk on the water? (Walk on the water.) Jesus helped Peter and the disciples when they were afraid.

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help us when we are afraid. Help us when we are afraid.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Lesson Song:

Let's sing our song of the week.

Song: to the tune of *Mary Had a Little Lamb*

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**CALL on JE-sus WHEN a-FRAID,
WHEN aFRAID, WHEN aFRAID.
CALL on JE-sus WHEN a-FRAID.
HE helps US ev'ry TIME.**

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me:

*Jesus helps us, Jesus helps us, when we're afraid, when we're afraid.

Lead the children in singing songs from a CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out God Talk at Home.

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Jesus helps us when we're afraid.

