



Shepherd's Path

A Shepherd's Personal Devotions

Pass the Promise Series, Lesson 7

Lesson Title: The First Sin and The First Promise

Take Home Point: Don't hide sin; confess it to Jesus.

Warm-Up:

Think back to a time in your childhood when you did something you were not supposed to do and your parents found out. They asked, "Did you do this?" And you said, "Not me!" And they asked, "So who did?" And you said, "I don't know; it must have been somebody else. But it wasn't me!" They knew it was you, you knew it was you, but you wouldn't take the blame. That conversation sounds silly now, doesn't it? (I hope it does!) Interesting, isn't it, that even when we know we have done wrong, we want to avoid guilt and consequences.

Read: Genesis 3

Observation (What happened?):

In verse 8, what did Adam and Eve do when God came to them?

Who received the consequences for the deception and disobedience in Genesis 3? What were the consequences?

Interpretation (What does it mean?):

What was the real temptation Satan put before Eve in Genesis 3:5?

Why do you think it was their nakedness that Adam and Eve noticed after eating the fruit? Do you think it was only their physical nakedness?

Insight:

Was Satan lying when he told Eve that they would know the difference between good and evil? Not really; in fact, God says the same thing in Genesis 3:22. But it was knowledge from the experiential side of doing evil and knowing how far short of good they now were. Imagine the first time feelings! Guilt, shame, blame, sorrow, fear, failure, anxiety, separation, regret, cover-up, defensiveness – none of these had ever been known to Adam or Eve prior to their disobedience. In an instant their hearts and minds must have been flooded with the crushing reality that everything was different in a dreadful way. Imagine the turmoil and confusion about these new, unpleasant thoughts and feelings. And because we sin too, we face the same thoughts, feelings, and turmoil. How thankful we can be that Jesus offers freedom from the guilt of sin as well as the consequences! What a wonderful gift from our gracious God!

Application (What does it mean to me?):

How do you respond when you get caught doing something you were not to do? How do you think God wants you to respond, both to him and to the person(s) you wronged?

One of the most powerful weapons we have against Satan's temptation is Scripture. If you are not already memorizing Bible verses, find a system and start using it. (There are books and card methods available to help you, or you can develop your own.)

Kingdom Quest Year 1, Lesson 7