



# God Talk At Home

**This Week's Kingdom Quest Lesson:**  
Elijah under the Juniper Tree

**Take Home Point:**  
Stop feeling sorry for yourself—let God help you.

## Drive Time Home

Tickler Question: What kind of hats were made in Small Group Warm-Up? (*"Poor me" hats.*)  
What did they change into during Small Group Application? (*"God can do it" hats.*)

*Select questions and adapt for your family.*

## God Time at Home

**FOR STARTERS:** Have family members gather around for a family dessert. While enjoying dessert, ask: "Is our family usually in better moods after we eat or before we eat? Why?" Discuss. "How about when we are tired? Do any of us get more cranky when we're tired?" Discuss. "Elijah had a great victory, but after that, was very exhausted. He was tired and hungry. He felt very sorry for himself, but God sent angels to help him. After rest, food and encouragement, he was ready to continue the Lord's work."

**READ THE BIBLE:** 1 Kings 19:1-18

**KEY VERSE:** Psalms 42:5, *"Why are you discouraged, my soul? Why are you so restless? Put your hope in God, because I will still praise him. He is my Savior and my God."*

**TALK ABOUT IT:** Why was Elijah so discouraged he wanted to die? (*1 Kings 19:1-4. Queen Jezebel was so angry that God had destroyed her prophets of Baal that she wanted to kill Elijah. He fled into the wilderness alone.*) How did God provide for Elijah when he was discouraged and sleeping under the broom plant? (*1 Kings 19:5-7. God sent an angel to minister to Elijah. The angel provided food and water and watched over him while he slept.*) Where did Elijah go to meet with God after he had been strengthened? (*1 Kings 19:8-9. He went into a cave on Mt. Horeb.*) What did God ask Elijah? (*1 Kings 19:9. What are you doing here?*) How did Elijah answer? How was he having a "poor me party"? (*1 Kings 19:10. He told God that the Israelites had abandoned God's promises, torn down God's altars and killed God's prophets. Elijah was the only one left and they were trying to kill him.*) What were the three things God sent to Elijah but he was not in? (*1 Kings 19:11-12. God was not in the fierce wind, the earthquake or the fire.*) What was God in that Elijah heard? (*1 Kings 19:12-13. A quiet whispering voice.*) How would you have felt in his situation? What lies did Elijah believe? (*That he was the only one left who loved God and that God was not with him*) Why do you think God showed Elijah the fierce wind, the earthquake and the fire, but spoke to Elijah in a quiet whisper? (*To show Elijah that God was powerful but he also comes to us in a quiet way.*) How did God give Elijah encouragement? (*1 Kings 19:15-18. He told Elijah to anoint Elisha as a prophet to help him and told him there were 7,000 people in Israel who still obeyed God.*)

**PRAYER POWER:** Thank God that he brings us encouragement in his word. Pray for the Holy Spirit to help each child know the truth and not believe the lies the devil may tell him/her.

## Family Time Option

*One day this week, try...*

**FAMILY TIME OPTIONS:** Wrap a candy bar or some other treat in giftwrap and a bow. Let this be a "poor me," pity party gift. Place it on the refrigerator. Anytime anyone is having their own "poor me" party and thinking only of the negative, another family member can bring this "gift" to them to gently remind them that they have many more good things to remember than bad – the best of which is God's love for them in Christ Jesus.

## "Discovery Digs" Lesson 5