



5th & 6th Grade

Date: _____

Series: God's Top Ten
Winter Year 1, Lesson 36

Honor God's Worship

Take Home Point: *Honor

God's Worship (the 3rd commandment in Augustine Numbering or the 4th commandment in Orthodox Numbering) *Repeat this phrase throughout the lesson.

Bible Event: Exodus 20:8-11; Matthew 4:4

Key Verses: Exodus 20:8, "Remember the day of worship by observing it as a holy day."

Hebrews 10:25, "We should not stop gathering together with other believers, as some of you are doing. Instead, we must continue to encourage each other even more as we see the day of the Lord coming."

We will help kids know:

- Ten key images that will help them remember the Ten Commandments.
- To honor God's worship is important because it is vital for spiritual health.
- Honoring God's worship means setting aside a day for worship with other believers and making a time for rest.
- We dishonor God's worship when we neglect attending worship services and keep ourselves so busy that we spend no time with God.

We will help kids feel:




- Excited to remember and review the memory game, recalling the Ten Commandments.
- Convicted of times when they dishonored God's worship.
- Comforted in the gospel of forgiveness through Jesus.
- Committed to honor God's worship.

We will help kids do:

- Share their favorite birthday meal and discuss spiritual food and health.
- Discuss spiritual health and the specific ways they can maintain it by honoring God's worship.
- Continue the art project depicting the Ten Commandments.

Kingdom Quest Year 1 - Lesson 36- 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Small Group Warm-Up 	3	While eating Twinkies, kids share their favorite birthday meal and discuss spiritual food and health.	<ul style="list-style-type: none"> • a Twinkie (or half Twinkie) per student • a birthday candle • Appendix A or B (p. 13 or 16)
Large Group 	4 6	Overview Dramatic Presentation: “The Hunkel Doobergood Talk Show”—Hunkel’s first guest is Trim Trudle who shares his health diet of Twinkies. A pastor or worship leader is Hunkel’s next guest sharing what it means to <i>*honor God’s day</i> as a means for <i>spiritual</i> health. *NOTICE: “Jenga®” block sets or block building games will be needed in small group, Lesson #37. Please notify suppliers, leaders, and students.	<ul style="list-style-type: none"> • Hunkel Doobergood Talk Show stage setting • overhead or power point presentation of “Top Ten Ways to Dishonor...” (p. 19) • volunteer actor for “Trim Trudle” • stuffing and extra size clothes to make Trim Trudle extra large • volunteer actor for a pastor or worship leader
Small Group Application 	4	Kids discuss how to <i>*honor God’s worship</i> while working on Ten Commandments craft project.	<ul style="list-style-type: none"> • Appendix A1 or B1 (p. 14 or 17) • scissors, markers, and glue • Ten Commandment stone tablets from lesson 33 • Ten Commandments for each kid (p. 15 or 18)

Safety and Security: Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

Small Group Warm-Up: 15 minutes



Purpose: *Get pointed in the right direction!* Build relationships and help guests feel at ease. Do the learning readiness activity that will point your group in the right direction for the lesson.

As kids gather: Listen to memory verses from last week and give coupons for memory verses, for remembering to bring Bibles, and for bringing a guest.

Christianity today has two ways of numbering the Ten Commandments. Your leader or supply coordinator will supply the appendix pages that give you the numbering system your church uses (either Appendix A or B). If you are using the Augustine Numbering (Appendix A), you are covering the third commandment today. If you are using the Orthodox Numbering, you are covering the fourth commandment today.

During this Warm-Up time, review the bizarre story that is a memory game. This is printed on the bottom of your appendix page and will help the kids learn a series of images that can help them recall the Ten Commandments. After only a few minutes of review, continue with the following.

Each student will need to have a Twinkie (or half Twinkie if you prefer). A birthday candle needs to be lit and placed in one Twinkie while you introduce the activity.

Discuss kids' favorite birthday meal, while eating Twinkies. Say:

The birthday candle in the middle of this Twinkie reminds us of a birthday cake. Let's have every person share what his or her favorite birthday meal is. While we do that, let's each enjoy our Twinkie.

After all have shared and the group has gotten to know one another better, continue with the following questions.

When we think about our favorite foods we think about how we need food to stay healthy, especially healthy food and not just junk food. What are some of the other things that we need to stay healthy? (Rest, exercise, shelter, clothing, sometimes medicine, etc.)

Physical health is important, but it is not the most important thing. Even though there are many messages around us that would try to convince us, the most important thing in life is not just satisfying the needs of our body.

Do you know what is more important than our physical health? It's our spiritual health. What are some things you think are important in keeping yourself spiritually healthy? Discuss as time allows.

Today we will learn that when we **honor God's worship*, we can become spiritually strong.

Large Group Overview: 20-30 minutes



Purpose: *Help kids observe what the Bible says. Present the Bible event in creative fashion. Help kids begin to interpret what it means.*

Dramatic Presentation: “The Hunkel Doobergood Talk Show”—Hunkel’s first guest is Trim Trudle who shares his health diet of Twinkies. A pastor or worship leader is Hunkel’s next guest sharing what it means to **honor God’s day* as a means for spiritual health.

Small Group Application: 20-25 minutes



Purpose: *Help kids map out the meaning of the Bible event in their lives. Use the questions to stimulate discussion, but don't feel tied to them. Allow the Holy Spirit to guide you. Include personal examples from your own faith journey. The example of Christ at work in your life will leave lasting impressions of how Christ can work in the children's lives.*

Use your Bibles! Children need to learn how to look up references and follow along when scripture is read aloud. Allow for quality time of prayer at the close of the lesson.

Observation Questions: What happened?

Have kids find Exodus 20:8-11.

According to verse 8, we should remember God’s day of worship by observing or keeping it as a _____ day. (Holy.)

One meaning for “holy” is to dedicate, to set aside or keep separate. How do we make the seventh day holy? (Exodus 20:10. Make it a day of worship and rest.)

Why did God make his holy day the seventh day of the week? (Exodus 20:11. God made all of creation in six days. He didn’t work on the seventh day. He stopped his work to bless this day and set it apart as holy.)

Interpretation Questions: What does this mean?

Why should we rest on God’s day? (Because God commanded us to for our spiritual as well as physical health. Because God rested on the seventh day of creation.)

Did God need to rest? (No.) So why did he say he rested? (He stopped his work so that, we like him, would rest one day of the week.)

Why should we **honor God's worship* and spend time with God in church according to Hebrews 10:25? *(We hear God's word to grow in spiritual understanding and we receive the encouragement of other believers. The Bible tells us that we need to spend time together on the Lord's Day to receive encouragement.)*

According to Matthew 4:4, what should we feed on to grow spiritually healthy? *(Our spirits must be fed by God's word. When we listen to his word and do what he says, he will help us grow.)*

Application Questions: What does this mean to me?

Application Activity:

Supplies: Appendix A1 or B1, scissors, markers, and glue, Ten Commandment stone tablets from lesson 33, Ten Commandments for each kid

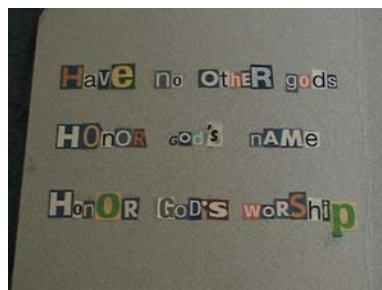
Discuss the following questions while kids color and cut out today's phrase from the Ten Commandments sheet.

How is honoring God's day of worship like spiritual exercise? *(It may take discipline and determination to make it a habit. It is good for us.)*

How is honoring God's day of worship good for us and good for God? *(We need rest and time with God. Worship and reading the Bible refresh us. When we spend time with God, it honors him.)*

Why is it important to say, "I love you, Lord," when we worship?

While kids are affixing the phrase, **Honor God's worship* onto their Ten Commandments craft project, ask them to repeat the take home point, **Honor God's worship* and to explain what this means to them personally. What steps will they take to better obey this commandment?



Closing Prayer:

Thank God that he set aside or made holy a day for us to rest and worship him. Pray that the Holy Spirit would bring refreshment to all and help all grow spiritually when they honor God's holy day.

Large Group Presentation: 20-30 minutes

The Hunkel Doobergood Talk Show Dramatic Presentation

The series, God's Top Ten, will use a spin-off from a television talk show format to present the topic. For our purposes, we are calling it the Hunkel Doobergood Talk Show, but feel free to rename it to better suit your setting (e.g. Sunday Morning Live, Early Morning with Hunkel, etc.). If a lady is the talk show host, it would be the Harriet Doobergood Talk Show

The set for this may be elaborate or as simple as you desire. It would be helpful to have a title sign, an interview desk and some chairs for guests. We would recommend that you have someone slightly off the set who could hold up the cue cards that say, "laugh," "applause" or "moan." These cue cards will be necessary to enhance the jokes. You may need to warm up the audience by practicing the signs. You might even have someone video record it as if it were a T.V. studio. The video clips could then be shown elsewhere to promote your 5th-6th grade program.

Hunkel Doobergood comes on stage with the opening joke.

Opening Joke

A sixth grader was growing tired of the school cafeteria food. Before buying his lunch ticket for the day, he said this to the cafeteria lady, "I'm tired of the same old food you serve here. Before I give you my dollar, tell me what we are going to have for lunch today."

"Oh," said the cafeteria lady as she pulled the dollar from his hand, "We have thousands of things to eat today."

"What are they," asked the sixth grader?

"Beans," said the cafeteria lady. (moan)

Introduction

We have a wonderful show for you this morning. We're talking about God's Top Ten for the next several weeks. Today we will talk about commandment number three (or four). This commandment is the key to spiritual health.

Show Twinkie with a candle in it.

Now we know that nutritious food is essential for our bodies to grow and develop in healthy ways. Which kind of makes me wonder, how healthy would we be if we ate nothing but Twinkies? We might find out later today as we interview Trim Trudle, an expert in Twinkie treats. All this will lead us to how we can watch our spiritual health by keeping commandment number three *(or four)*.

What is this commandment? **Honor God's worship*. This is how it is stated in Exodus 20:8-11. (Please read it from your Bible.)

"Remember the day of worship by observing it as a holy day. You have six days to do all your work. The seventh day is the day of worship dedicated to the LORD your God. You, your sons, your daughters, your male and female slaves, your cattle and the foreigners living in your city must never do any work on that day. In six days the LORD made heaven, earth, and the sea, along with everything in them. He didn't work on the seventh day. That's why the LORD blessed the day he stopped his work and set this day apart as holy."

Again, remember the day of worship by observing it as a holy day. This means to set it apart from all the other days.

To better understand what it means to honor God's worship, let's look at today's...

Try and create drama, suspense and build up with each one of the following.

Top Ten Ways to Dishonor God's Worship

10. Stay home from church because you'd rather watch cartoons.
9. Say you don't need to go to church because you can read your Bible at home, but ... you never do anyway.
8. Since just going to church doesn't make you a Christian, you say, "I don't need to go to church at all."
7. You're not going to church because you feel you can worship God while taking hikes in nature.
6. You avoid church because you think you know everything that will be said, but going to church is like eating spiritual food. Just because you've had one meal doesn't mean that is all you should eat your whole life.
5. You don't go to church because there are too many hypocrites there.
4. You say, "I don't go to church because I must stay home and cook dinner," but what good is it to stay physically healthy while spiritually starving to death?
3. You say, "It's more important to play or do sports."

2. You say, “Church is boring,” but you haven’t really concentrated on listening, praying or worshiping.
1. You say, “I need to sleep in,” but what you really need is to find spiritual rest spending time with God.

Trim Trudle the Twinkie Taste Tester

Guest Interview - #1

*This comic sketch will hopefully provoke kids to see how appalling and unhealthy a diet of only Twinkies would be. This sets up the next interview in which we see the importance of a spiritual diet. Spiritual health is why it is so important to *honor God's worship.*

The guest character, Trim Trudle, should be costumed with extra padding around his mid-section. Over this, wear an extra large shirt and tuck it inside of pants, perhaps even attaching it with safety pins. Stuffing, rag padding or an inner tube around Trim’s waist should give him an exaggerated and ridiculous look.

Hunkel Doobergood introduces his guest:

Hunkel: Today’s guest is a world expert in Twinkie taste testing. He has written a new diet book, yet to be on the Best Seller list, *The Twenty Twinkie-a-day Diet*. Welcome, if you will, Mr. Trim Trudle - the Twinkie Taste Tester.

Trim: Thank you, thank you. (Nods a greeting.)

Hunkel: Have a seat, Mr. Trim, that is, if you can. We’re interested in the latest health food crazes and the latest health food techniques. Your new book has attracted quite a bit of attention. Can you tell us about it?

Trim: Yeah... well, Hunkel, it’s all about Twinkies. I devised a plan that requires only twenty (20) Twinkies a day, or maybe a few more than that, and you’ll have all you need to be fit and healthy like me.

Hunkel: Like you? I see. Well, ah-h, how does it work?

Trim: Well, for breakfast, we start with three Twinkies over-easy.

Hunkel: You mean with eggs?

Trim: No, just cut them in half and be easy with them when you turn them over.

Hunkel: So, instead of eggs you have Twinkies?
Trim: Exactly.

Hunkel: Some people have bacon with their breakfast. Do you have some other breakfast items?
Trim: If you want to, you can put bacon bits on your Twinkies. I do. It's a delightful way to start the day.

Hunkel: Okay, so what do you have for lunch?
Trim: Not so fast. Make sure you have a mid-morning snack.

Hunkel: And what would that be?
Trim: Bite-sized Twinkies!

Hunkel: I've never heard of that!
Trim: Simple, start with three Twinkies and cut them down to bite-size and eat them.

Hunkel: I see, bite-sized Twinkies. Well then, what's for lunch?
Trim: Well, for lunch I usually have a Twinkie sandwich. Take one Twinkie, put it in the blender and make Twinkie salad. Spread it between two other Twinkies and there you have a Twinkie sandwich. For fruit, spread some jelly on top of another Twinkie. If you like chips, then sprinkle with potato chip crumbs. Voila! The perfect Twinkie lunch.

Hunkel: Uh-h, er-r, uh, interesting. Well, how about supper. Are you about ready for some meat and vegetables or something?
Trim: Not so fast. There's the mid-afternoon snack.

Hunkel: Mid-afternoon snack. Don't tell me. Twinkies, again.
Trim: You got it.

Hunkel: I would suppose bite-sized Twinkies.
Trim: That's right.

Hunkel: Three of them. Just like the mid-morning snack?

Trim: *No, of course not. It's an afternoon snack. Not three. Thirteen. You can reduce the calories by cutting them into bite-sized pieces. They will give you that Twinkie boost that only Twinkies can give.*

Hunkel: **Sounds, uh-h, well... interesting.** Give a slightly ill look.

So we're finally at dinner. Surely, we'll have some variety there. You'll have a salad?

Trim: *For sure. It's one sprig of parsley placed on top of a Twinkie.*

Hunkel: **Oh-h...Then you have some kind of meat.**

Trim: *Certainly. Meat tenderizer sprinkled across three Twinkies makes a delicious Twinkie steak.*

Hunkel: **A-h-h, Um-m. How about mashed potatoes or something simple?**

Trim: *Throw some Twinkies in a blender, add cream and sugar, plop it on your plate. There you have it - Twinkie mashed potatoes. Add some gravy if you'd like.*

Hunkel: **Well, Trim Trudle, you definitely are the Twinkie Taste Tester expert. I don't think I have the appetite to continue this conversation any longer. Can we have a hand of appreciation for Mr. Trudle?**

Trim exits or slides over to another chair.

Interview Worship Leader Character

Guest Interview- #2

The character to be interviewed might be one of your worship leaders, pastor or children's ministry leader. Obviously, it may be difficult for your pastor or worship leader to get away from worship service so you might find another adult or even teenager who would dress up like your pastor or worship leader and play that role.

The following dialogue may or may not be memorized by the actors. If they choose not to memorize it, they need to be so familiar with it that they can create their own conversation and still cover the main points. If Hunkel has a desk, the script can be in front of him and he can glance down to read the next question, thus guiding the ad-libbed conversation. The worship leader can have the script placed inside his open Bible.

Hunkel: Let us talk to our next guest who can really help us with our spiritual diet and health. That's because this person has a lot to do with our worship. He (she) is here to tell us all about what it means to honor God's worship. Will you please welcome our Pastor? Thank you for being with us, Pastor. As you know, this is an important topic for spiritual health. Can you tell us why?

Pastor: I think God can. One of the key verses to this is Exodus 20:8. When giving the Ten Commandments this is what God said, *"Remember the day of worship by observing it as a holy day."* Even God explained that there is a day set aside for worship and dedicated to the Lord. This is important because we should get our minds off our busyness, our hustle and bustle, or working all the time. We need to rest and recharge with the Lord.

Importance of rest

Hunkel: Yes, I know rest is important. After all, it was so important even God needed rest. He must have really been tired after he spent six days creating the universe. He must have just needed to take a break on the seventh day.

Pastor: No, that's not why he rested on the seventh day. God wasn't tired. He is all-powerful. God rested on the seventh day because he created a day of rest. He knew that we needed it. Life is much more than work, work, work and go, go, go. We need to stop and feed ourselves spiritually.

Spiritual nourishment: Encouragement from believers and from God

Hunkel: What do you mean feed ourselves spiritually?

Pastor: When we remember the day of worship and keep it as a holy day and spend time with God in church, we hear his word and we receive the encouragement of other believers. That's what it says in Hebrews 10:25. *"We should not stop gathering together with other believers, as some of you are doing. Instead, we must continue to encourage each other even more as we see the day of the Lord coming."* The Bible tells us that we need to spend time together on the Lord's Day to receive encouragement.

Hunkel: Well, I know it is encouraging to have people at church who like you and help you. But is that all there is to spiritual growth?

Pastor: No, it's not just people encouraging you, it's God encouraging you. In Matthew 4:4 Jesus says it this way. *"A person cannot live on bread alone but on every word that God speaks."* Our spirits must be fed by God's word encouraging us. When we listen to his word and do what he says, he will help us grow.

Forgiveness from Jesus is the most important spiritual nourishment

Hunkel: But it seems pretty hard to be in church every Sunday, hearing God's word and doing what he says. Even taking a break from our busy schedules. That's hard to do. Can anyone do that all the time?

Pastor: No, it is hard and we have many failures. That is why we need the most important ingredient for spiritual nourishment, that is, God's forgiveness. At church we hear how God gave his own Son. If we have faith in Jesus, our sins are forgiven – not so we're free to skip out on church but so that we have more power to keep his day of worship special.

Love the Lord. It's necessary for growth.

Hunkel: Well, Pastor, it seems to me like you know your subject pretty well. You know what it means to **honor God's worship* and keep God's day special. I can see how spiritual food, God's Word, combined with spiritual exercise, and living his word, will help all of us grow spiritually. Is there anything else you want to add?

Pastor: Yes, there is. Let me mention one last thing that is very important. It is very important to spend time with God and receive what Jesus has done for us, but there is one other thing we must do to grow spiritually. We must say to God in a very personal way, "I love you." We say this when singing songs to God, giving him our prayers, and even in our actions. We cannot grow as a follower of Jesus very well without honoring God's worship and saying to him, "I love you."

Hunkel: Well, thank you, Pastor, for telling us today about what it means to honor God's worship.

Let's close in prayer:

Dear God, thank you that you give us good food in your word and a place of worship to nourish us so we can grow spiritually. Help us to *really* worship you. Help us to say, "I love you." Thank you for sending us Jesus and a day of

**worship when we can remember all that he has done for us.
Help us now to slow down our busy lives and honor your
worship to make this day special. In Jesus' name, Amen.**

The Ten Commandments – Augustine Numbering

(Used by Roman Catholics and Lutherans)

Number	Commandment	For the memory game, picture...
1st	“You shall have no other gods before me. You shall not make for yourself a graven image.”	...a big, fat, stone idol. Out of it’s mouth flows the ...
2nd	“You shall not take the name of the LORD your God in vain.”	large block letters, N-A-M-E. They float down and land on a long, wooden church bench.
3rd	“Remember the Sabbath day, to keep it holy.”	The church pew begins to move.
4th	“Honor your father and your mother.”	It’s being pulled by your parents! Where is it going?
5th	“You shall not kill.”	They are pulling it across a very large knife!
6th	“You shall not commit adultery.”	The knife falls and stabs through a Playboy magazine.
7th	“You shall not steal.”	A huge fist grabs the magazine! Then...
8th	“You shall not bear false witness against your neighbor.”	Two very red ears come out of each side of the fist .
9th	“You shall not covet your neighbor’s household.”	Pop, one arm comes out and reaches for a lady driving a sports car, then, pop...
10th	“You shall not desire anything that is your neighbor’s.”	The other arm reaches for her house.

Narration

For the memory game, picture a big, fat, stone idol. Out of it’s mouth flows huge block letters... N-A-M-E. That spells “name.” The letters now float down and land on a long, wooden church bench. The church bench begins to move! Your parents are pulling it! Where is it going? They’re pulling it across a very large knife. The knife falls and stabs through a Playboy magazine. A huge fist grabs the magazine. Then, two very red ears come out of each side of the fist. POP! One arm comes out and reaches for a lady driving a sports car, then, POP, the other arm comes out and reaches for her house.

Appendix A1 – Augustine Numbering: Ten Commandments Craft

LOVE GOD...

- 1. Keep God #1**
- 2. Honor God's name**
- 3. Honor God's worship**

LOVE OTHERS

- 4. Honor parents**
- 5. Never murder**
- 6. Never commit adultery**
- 7. Never steal**
- 8. Never gossip**
- 9. Never covet someone's
household**
- 10. Never desire someone's stuff**

1. Keep God #1
2. HONOR GOD'S NAME
3. Honor God's worship
- 4. HONOR PARENTS**
5. Never murder
- 6. NEVER COMMIT
ADULTERY**
7. NEVER STEAL
8. Never gossip
- 9. NEVER COVET
SOMEONE'S HOUSEHOLD**
10. Never desire
someone's stuff

1. Keep God #1
2. HONOR GOD'S NAME
3. Honor God's worship
- 4. HONOR PARENTS**
5. Never murder
- 6. NEVER COMMIT
ADULTERY**
7. NEVER STEAL
8. Never gossip
- 9. NEVER COVET
SOMEONE'S HOUSEHOLD**
10. Never desire
someone's stuff

The Ten Commandments – Orthodox Numbering

(Used by Greek Orthodox and most Protestant churches)

Number or Word	Commandment	For the memory game, picture...
1st	"You shall have no other gods before me."	...a big, fat, stone idol. Someone is...
2nd	"You shall not make for yourself a graven image."	...hitting the idol with a chisel.
3rd	"You shall not take the name of the LORD your God in vain."	Some large block letters, N-A-M-E, float out of the idol's mouth...
4th	"Remember the Sabbath day, to keep it holy."	and land on a long, wooden church bench. What is happening?
5th	"Honor your father and your mother."	It is being pulled by your parents!
6th	"You shall not kill."	They are pulling it across a very large knife.
7th	"You shall not commit adultery."	The knife falls and stabs through a Playboy magazine.
8th	"You shall not steal."	A huge fist grabs the magazine! Then, pop...
9th	"You shall not bear false witness against your neighbor."	two very red ears come out of the big fist. And...
10th	"You shall not covet your neighbor's household or you shall not desire anything that is your neighbor's."	out of the ear comes an arm that reaches for a lady in her house.

Narration

For the memory game, picture a big, fat, stone idol. Someone is using a hammer and chiseling pieces out of the idol. Out of the idol's mouth flows huge block letters... N-A-M-E. They spell "name." The letters now float down and land on a long, wooden church bench. The church bench begins to move! Your parents are pulling it! Where is it going? They're pulling it across a very large knife. The knife falls and stabs through a Playboy magazine. A huge fist grabs the magazine. Then, two very red ears come out of each side of the fist. Then, all of a sudden, one arm comes out of the ear and reaches for a lady in her house.

Appendix B1 – Orthodox Numbering: Ten Commandments Craft

LOVE GOD...

- 1. Keep God #1**
- 2. Make no idols**
- 3. Honor God's name**
- 4. Honor God's worship**

LOVE OTHERS

- 5. Honor parents**
- 6. Never murder**
- 7. Never commit adultery**
- 8. Never steal**
- 9. Never gossip**
- 10. Never covet someone's family or stuff**

1. Keep God #1
2. MAKE NO IDOLS
3. Honor God's name
- 4. HONOR GOD'S
WORSHIP**
- 5. HONOR PARENTS**
6. Never murder
- 7. NEVER COMMIT
ADULTERY**
8. NEVER STEAL
9. Never gossip
10. Never desire
someone's stuff

1. Keep God #1
2. MAKE NO IDOLS
3. Honor God's name
- 4. HONOR GOD'S
WORSHIP**
- 5. HONOR PARENTS**
6. Never murder
- 7. NEVER COMMIT
ADULTERY**
8. NEVER STEAL
9. Never gossip
10. Never desire
someone's stuff

Top Ten Ways to Dishonor God's Worship

10. Stay home from church because you'd rather watch cartoons.
9. Say you don't need to go to church because you can read your Bible at home, but ... you never do anyway.
8. Since just going to church doesn't make you a Christian, you say, "I don't need to go to church at all."
7. You're not going to church because you feel you can worship God while taking hikes in nature.
6. You avoid church because you think you know everything that will be said, but going to church is like eating spiritual food. Just because you've had one meal doesn't mean that is all you should eat your whole life.
5. You don't go to church because there are too many hypocrites there.
4. You say, "I don't go to church because I must stay home and cook dinner," but what good is it to stay physically healthy while spiritually starving to death?
3. You say, "It's more important to play or do sports."
2. You say, "Church is boring," but you haven't really concentrated on listening, praying or worshiping.
1. You say, "I need to sleep in," but what you really need is to find spiritual rest spending time with God.