



**Date:** \_\_\_\_\_  
**Series:** Pass the Promise  
Year 1, Lesson 2

# Cain and Abel

**Take Home Point:** \*Don't let sin be your master—follow God!  
\*Repeat this phrase throughout the lesson.

**Bible Event:** Genesis 4:1-16

**Key Verse:** Genesis 4:7b: "Sin is ready to attack you. Sin wants you. But you must rule over it." (NCV)

**We will help kids know:**

- The Bible event of Cain killing Abel.
- The blood of Abel called out for justice and the blood of Jesus calls out for forgiveness.
- Cain sinned by not whole-heartedly honoring God, being jealous, deceiving his brother, murdering, and being indifferent.
- Our power over sin is trusting in Jesus, who lifts our sin away.

**We will help kids feel:**

- Convicted of how dangerous sin can be.
- Comforted that Jesus' life for us gives us forgiveness and the power to master sin.




**We will help kids do:**

- Play a hiding game and discuss how easy it is to hide sin.
- Identify ways that our sin might hurt family members close to us.
- Experience through a simple science trick how Jesus can lift the sin out of our lives.

**Kingdom Quest - Malaysia "Pass the Promise" Series Lesson 2 - 1**

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# THIS LESSON'S ROADMAP

| DESTINATION   | PAGE #                               | DISCOVERIES ON YOUR JOURNEY  | SUPPLIES NEEDED  |
|---|--------------------------------------|--|--|
| <b>Small Group Warm-Up</b><br>       | 3                                    | Sin is disobedience to God. When we sin we can feel bad inside and want to hide. The children will play the game "Who's Holding the Ice?" and discover it is dangerous to hide sin and continue practicing it.   | <ul style="list-style-type: none"> <li>ice cube for each group</li> </ul>  |
| <b>Large Group</b><br>               | 4<br><br>8-10<br><br>10-14<br><br>15 | <b>Overview</b><br><br><b>Puppet Presentation:</b><br>"Dao Dao and the Biscuit Tin"<br><br><b>Interactive Drama:</b><br>"Cain, Abel, and Master Sin"<br><br><b>Puppet Presentation:</b><br>"Dao Dao and the Biscuit Tin"<br>Conclusion   | <ul style="list-style-type: none"> <li>Dao Dao</li> <li>football with a tape cross on it</li> <li>Master Sin, a character dressed in a black robe with a thin black covering over his head so he looks shadowy.</li> <li>Cain, an actor dressed in period costume and carrying a "cangkul"</li> <li>table and chair</li> <li>large ice cube that was made in a margarine tub. A plate or pan will keep it from melting on the table.</li> <li>two sections of four-foot black yarn</li> <li>one four-foot section of red yarn</li> <li>salt shaker full of salt</li> <li>poster board on an easel or taped to the wall.</li> <li>thick black marker</li> </ul> |
| <b>Small Group Application</b><br> | 4-6<br><br><br><br><br><br>6-7       | Use red yarn to spell answers to questions. Red represents the blood of Jesus. Ice represents the cold-heartedness of sin.<br><br><br><br><br><br><b>Memory Verse Learning:</b> "String the Verse"<br>Genesis 4:7b will be learnt for three weeks to emphasize that Jesus gives us power to master over sin. | <ul style="list-style-type: none"> <li>ice cubes in a tub or bowl for each group</li> <li>10-inch sections of red yarn for each child (Have at least 7 sections for each group.)</li> <li>salt</li> <li>8 carton cards with Bible verse already prepared</li> <li>8 blindfolds</li> </ul>  |

# Small Group Warm-Up: 15 minutes



**Purpose:** *Get pointed in the right direction!* Build relationships and help guests feel at ease. Do the learning readiness activity that will point your group in the right direction for the lesson.

*Supplies needed: ice cube for each group*

## **“Who Is Holding the Ice?”**

Have children gather in a close circle with hands behind their backs and facing the center of the circle. Choose one person to be “it” and have him stand in the center. Have him close his eyes while you place an ice cube in the hands of another child in the circle. She passes it to someone else and the ice cube continues to be passed around. The object of the game is not to be caught holding the ice. The person who is “it” has three tries to guess who is holding the ice cube.

The players can try to fool “it.” They can do this by pretending to pass the ice off to another person’s hand while still holding it behind their back. That person, in turn, can continue to pass the imaginary ice cube. However, sometimes the real ice cube is being passed. Since the ice cube is cold and wet to hold, facial expressions can give away who is holding the ice.

Alternate with new players in the center. After seven minutes of playing, gather the children in a circle around the ice cube. Ask the following questions:

**What did it feel like when you were holding the ice cube and you did not want to get caught with it?** *(Nervous. Sneaky. Excited. Cold.)*

**Do you think it would hurt to hold an ice cube in your hand for a long time? Why?** *(Yes, because it might begin to freeze my skin. No, maybe it would melt.)*

**Sin is doing things that are against God’s rules. It is disobeying God. Examples might be disobeying our parents or teachers. How is sin like the ice cube?** *(Sometimes we try to hide it. It can hurt when we hold it too long. It makes us feel cold.)*

**Have you ever tried to hide a sin and felt badly inside? Did you feel cold? Does anyone want to share a story about that?** *(It is sometimes helpful if you tell a personal story from your life.)*

**Today we are going to find out how dangerous it is to hide a sin or to continue practicing sin. We will watch the very first family who ever lived have a bad fight. One of the brothers was mastered by sin and did something terrible. We will learn *\*don’t let sin be your master—follow God!***

## Large Group: 20-30 minutes



**Purpose:** *Help kids observe what the Bible says. Present the Bible Event in creative fashion. Help kids begin to interpret what it means.*

**Supplies needed:** *Dao Dao; football with a tape cross on it; Master Sin, a character dressed in a black robe with a thin black covering over his head so he looks shadowy; Cain, an actor dressed in period costume and carrying a “cangkul,” table and chair; large ice cube that was made in a margarine tub. A plate or pan will keep it from melting on the table.; two sections of four-foot black yarn; one four-foot section of red yarn; salt shaker full of salt; poster board on an easel or taped to the wall; thick black marker*

### Overview

#### **Puppet Presentation:** “Dao Dao and the Biscuit Tin”

Dao Dao broke a biscuit tin and tried to make excuses and blame his sister. Teacher shows him that he doesn’t have to let sin be his master.

#### **Interactive Drama:** “Cain, Abel, and Master Sin”

The Bible event from Genesis 4:1-16 is acted out by Cain and Master Sin. A science experiment is used to show how Jesus’ death has the power to lift sin.

#### **Puppet Presentation:** “Dao Dao and the Biscuit Tin” Conclusion

## Small Group Application: 20-25 minutes



**Purpose:** *Help kids map out the meaning of the Bible event in their lives. Use the questions to stimulate discussion but don't feel tied to them. Allow the Holy Spirit to guide you. Include personal examples from your own faith journey. The example of Christ at work in your life will leave lasting impressions of how Christ can work in the children's lives.*

*Use your Bibles! Children need to learn how to look up references and follow along when scripture is read aloud. Allow for quality time of prayer at the close of the lesson.*

**Supplies needed:** *ice cubes in a tub or bowl for each group; 10-inch sections of red yarn for each child (Have at least 7 sections for each group.); salt*

Pass out a 10-inch section of red yarn to each child. (Each group needs to have at least seven of these sections of yarn.) The kids will use the yarn to spell the answers to the observation questions. Ice cubes are also needed for the end of this activity.

## **Observation Questions: What happened?**

Read Genesis 4:3-4.

**Both Cain and Abel sacrificed to the Lord. Who gave their best? (Abel.) How can you tell? (Verse 4 said Abel brought the choice parts.)**

**Which brother did not give his best to the Lord? (Cain.)**

Have several children spell out the word "Cain" using their sections of red yarn.

**When God was not pleased with Cain's offering, Cain was angry and disappointed. In verse 7, God gave him a warning. He said, "Sin is lying outside your door ready to attack." Don't let sin be your \_\_\_\_\_. (master)**

Have the group write "master" using their sections of red yarn.

**Did sin master Cain? Check verse 8. What did he do? (Kill.) Write your answer with your yarn.**

**When God asked Cain, "Where is your brother?" Cain said, "I don't know." This was a \_\_\_\_\_. (lie) Write your answer with your yarn.**

**In verse 9, Cain asked the question, "Am I supposed to take care of my brother?" Did Cain care or not what happened to his brother? (He did not care.) Write your answer with your yarn.**

## **Interpretation Questions: What does this mean?**

**When Cain killed Abel, some blood got on the ground. Could that blood really talk? (No.)**

**But God said, "His blood cries out to me." What did that mean? (God saw what Cain did to Abel. Cain needed to have a consequence.)**

**What consequence did God give to Cain? (He made him a wanderer. But He also put a mark on him and protected him from anyone else taking revenge on him.)**

## **Application Questions: What does this mean to me?**

**First John 1:7 says, "And the blood of his Son Jesus cleanses us from every sin." What does the blood of Jesus do? (It cleanses us from all sin.)**

**Does the blood of Jesus call out, "Forgive them"? (Yes!)**

**Do we need God's forgiveness for some of the mean things we might have done to our brother or sister? Or even Mom or Dad? Who can give examples of some of those things we might do and need forgiveness for?**

Collect responses from the kids. As they give their responses, have some ice cubes ready so they can be placed in the center of the group and the kids can let their yarn drop onto the top of the cube. Salt the cube so the children can pick up the ice with their yarn. (See picture at right.) Say:

**The ice reminds us of the cold-heartedness of sin, but the red yarn reminds us of Jesus' blood and how Jesus can lift sin.**

If time permits, talk about how it is important to not hide sin or pretend we don't care. If we hurt our brother or sister, we must admit to God that it is wrong and we need forgiveness. We should also admit to our family member that we need his forgiveness too. We should care for that person instead of hurting him.



Let the children discuss common examples in their families. It is helpful if you illustrate this in your life as well. Remind them:

***\*Don't let sin be your master—follow God!***

## **Memory Verse Learning: 5 minutes**

**Purpose:** Help kids to memorize and keep scriptures at heart. Using creative ways to help kids enjoy learning the key verse and in small group setting.

**Supplies needed:** 8 carton cards with Bible verse already prepared; 8 blindfolds

**Memory Verse:** Genesis 4:7b - "Sin is ready to attack you. Sin wants you. But you must rule over it."

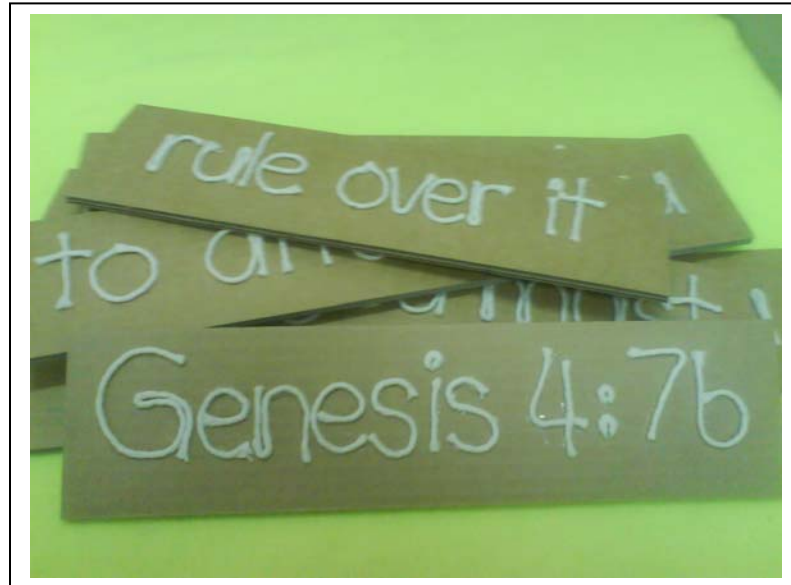
**MV Presentation:** "String the Verse"

Tell the children that for today's memory verse, you will need 8 volunteers who is confident with one of their sense – touch. By feeling and touching the carton card, the child is to tell the words of that section he/she is having. To let their "touch" senses to work well they need definitely to be blindfolded. Now open for volunteers.

After blindfolding the volunteers, the shepherd tells everyone that she is now handing over the first card to a volunteer for him to guess. Everyone is to listen carefully. The shepherd is to make sure the guess is correct and then have everybody repeat the words to the Bible verse. This go on to the next card-guess. But when everyone repeat,

they are to repeat from the first card then to the next, in correct sequence so that the small group learns the memory verse.

When all volunteers have guessed, before they open their blindfolds, the shepherd unscramble the carton cards. Now have the group arrange the carton cards in the order of the memory verse. End with a “high-5” or give one another a pat on the back.



#### Prayer Time:

Have the kids pray for special needs in their families. Have them pray that sin would not be a master over them and the power of Jesus' forgiveness would lift that sin so it does not make them hard and cold-hearted to their family members.

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## Large Group Presentation

### “Dao Dao and the Biscuit Tin”

#### Puppet Presentation

**Take Home Point: *\*Don’t let sin be your master—follow God!***

*(Teacher will need the football with the cross on it as he continues to link the theme, “Pass the Promise.”)*

**Teacher:** Boys and girls, welcome to Sunday school. Remember last week when we saw how God passed the promise to Adam and Eve. Even though they sinned, God would send them a Savior.

This week we are looking at their family and a huge sin committed by the oldest son against his younger brother. Once again we see how God wants to pass the promise to this family of how He can rescue them from sin.

Let’s see if Dao Dao would like to be a part of our Bible event as we see how God passes the promise to the first family. Dao Dao, are you there?

Dao Dao: *(Enters.)* I’m here, Teacher. Hey, bring the football over here!

**Teacher:** Good. I would like you to be a part of today’s lesson.

Dao Dao: Well, then hold it right here.

**Teacher:** Where?

Dao Dao: Here!

*(Teacher holds football in front of Dao Dao.)*

Dao Dao: *(Talking in kung fu -sounding language.)* Hoooh.....! Hooook.....! Yah...  
*(Kung fu hits on the football.)*

**Teacher:** What are you doing?

Dao Dao: Practicing kung fu.

**Teacher:** Are you getting ready for a tournament?

Dao Dao: No, I’m getting ready for my sister, Mun Mun.

**Teacher:** What? You’re not going to hit Mun Mun are you?



Dao Dao: Just as soon as I get home!

**Teacher: Dao Dao, you shouldn't do that.**

Dao Dao: Okay. Just as soon as I get home and my mom and dad aren't looking.

**Teacher: What I mean is that fighting and hitting your sister is wrong. You would be letting sin be a master over you.**

Dao Dao: Well, I'll let my kung fu master over her!

**Teacher: Stop, stop, stop! Dao Dao, tell us what happened.**

Dao Dao: Mun Mun told on me.

**Teacher: What did you do?**

Dao Dao: Nothing.

**Teacher: Nothing?**

Dao Dao: Well, nothing much. I found a biscuit.

**Teacher: Where?**

Dao Dao: In the biscuit tin.

**Teacher: What did you do?**

Dao Dao: I ate it, of course.

**Teacher: Just one biscuit?**

Dao Dao: Well, that biscuit had another biscuit that was a friend who wanted to come along.

**Teacher: So you ate two biscuits.**

Dao Dao: Yeah, there was another friend.

**Teacher: You mean you ate three biscuits?**

Dao Dao: Six friends!

**Teacher: Oh. So you ate seven biscuits.**

Dao Dao: Right.

**Teacher:** I suppose this was right before dinner.

Dao Dao: Nope, I didn't get dinner.

**Teacher:** Why?

Dao Dao: I dented the biscuit tin.

**Teacher:** You mean you snuck biscuits before dinner and then dented the biscuit tin?

Dao Dao: Yeah, but my sister, Mun Mun, told my mom (on me). It's all her fault! I hid the dented biscuit tin at the bottom of the trash until Mun Mun saw it. Then she asked Mom who spoiled the biscuit tin. I was busted. But I'm going to get even.

**Teacher:** Dao Dao, I don't think so. If you decide to hit your sister, you're adding one more wrong thing on top of the others you have already done. The Bible says that you are letting sin be your master.

Dao Dao: No, I'm the master—the master of karate. Now if I can just find Mun Mun I'll...

**Teacher:** Dao Dao, you don't need to use kung fu. You don't need to do something mean to Mun Mun. Here's what you need. You need to learn from the Bible about one brother who let sin master him and he did something very bad to his brother.

Dao Dao: Hmm. I wonder if his brother told on him.

**Teacher:** Dao Dao, you can go back and listen to the Bible event and I'll talk to you afterwards.

*(Dao Dao exits.)*

# **“Cain, Abel, and Master Sin”**

## **Interactive Drama**

### **CHARACTERS:**

**Teacher:** Bible reader and narrator

**Cain:** Dressed in period costume and carrying a hoe (designating his job as a farmer).

**Master Sin:** Character dressed in a black robe with a thin black covering over his head so he looks shadowy. The thin black material should be sheer enough for him to see through.

### **PROPS:**

- A table should be available for Cain to sit behind.
- A large ice cube that was made in a margarine tub should sit in front of Cain on the table. A plate or pan will keep it from melting on the table. The science trick of lifting the ice with yarn after salt is applied needs to be tested beforehand.
- Two sections of four-foot black yarn.
- One four-foot section of red yarn.
- Saltshaker full of salt.
- Poster board behind the table for Master Sin to write the word “MASTER” one letter at a time. This poster board can be on an easel or taped to the wall.
- A thick black marker.

**Teacher:** **This is the story of two brothers, the first two sons of Adam and Eve. With us today we have one of those brothers, Cain, the oldest brother. But we don’t have his brother, Abel.**

**Cain:** Well, don’t ask me where he is. Am I my brother’s keeper?

**Teacher:** **Maybe we’ll find the answer to that.**

**We do have a shadowy character. This character (*pointing to Master Sin*) represents sin and how sin wants to be a master over us. So we will call him Master Sin.**

**Cain:** Oh, phooey. There’s nothing to that.

**Teacher:** **Well, let’s see. Genesis 4. Adam and Eve had two children. Their first child they named Cain.**

**Cain:** Yep, that’s me.

**Teacher:** **Cain was a farmer.**

**Cain:** Yee-haw!

**Teacher:**     **Their other son they named Abel. Abel was a shepherd.**

Cain:           Who cares? Stinky ole sheep anyway!

**Teacher:**     **Cain brought some crops to the Lord as an offering.**

Cain:           Well, I knew I was supposed to give something to God so I had some leftover corn and oats and barley that—well—I thought would do just fine. After all, I knew I should give God something.

**Teacher:**     **Abel also brought a sacrifice to God, but he took the firstborn of his animals and the choicest part of the meat for his offering. He gave God his very best.**

*(At this time, Master Sin writes the letter “M” on the poster board and begins to tie one end of the black yarn to Cain’s right wrist. He will soon be making a marionette puppet out of Cain. He does this as the dialogue continues. He operates directly behind Cain. The dialogue continues even while Master Sin does his actions.)*

Cain:           Well, how did I know God wanted my best stuff? And why should he have it anyway?

**Teacher:**     **The Lord approved of Abel and his offering, but he did not approve of Cain and his offering. So Cain became very angry and disappointed.**

*(Master Sin writes the letter “A” and grabs the yarn holding Cain’s arm. He guides Cain’s arm as a puppeteer so his hand is placed on the ice block.)*

Cain:           Wow! This is cold! But it’s just like how I feel inside when my brother Abel gets all the credit from God and I don’t get any. Why does God have to like his offering better than mine?

**Teacher:**     **Then the Lord asked Cain, “Why are you angry, and why do you look disappointed? If you do well, won’t you be accepted? But if you don’t do well, sin is lying outside your door ready to attack. It wants to control you, but you must master it.”**

*(Master Sin ties the other black string on Cain’s left wrist.)*

Cain:           Well, I’m not worried about any sin trying to be my master. I can’t believe that sin could control me. I’ll just do what I want anyway.

**Teacher:**     **Then Cain talked to his brother, Abel. He talked him into going to the field. Later when they were in the field, Cain attacked his brother and killed him.**

*(Master Sin writes the letter “S” and with the string, moves Cain’s other hand onto the ice.)*

Cain: Boy, was my brother stupid! I suggested that we go to the field and he came right along without questioning a bit. I looked at him and I was sick and tired of seeing his face. I felt cold and hard towards him inside. It was kind of like this ice. Boy, it's hurting my hands! *(Removes his hands from the ice.)*

But all I could think about was getting rid of Abel. So when my stupid younger brother turned around—ka-pow! It was quick and easy. No more brother, no more problems.

**Teacher: Then the Lord asked Cain, “Where is your brother, Abel?” Cain answered, “I don’t know.”**

*(Master Sin writes the letter “T.” He also grabs the yarn holding the hands and controls them by placing them on the ice again.)*

Cain: Well, maybe it was just a little lie. I mean I wasn’t for sure where he was. Maybe someone moved his body after I left. I don’t know.

**Teacher: Then Cain answered back to God, “Am I supposed to take care of my brother?”**

*(Master Sin writes the letter “E.”)*

Cain: Well...Am I in charge of my brother? *(Lifts his hands off the ice again.)* I’m not my brother’s keeper. Someone else should take responsibility for him.

**Teacher: Not only did Cain lie about knowing what happened to Abel, he also didn’t care. The answer to Cain’s question, “Am I supposed to take care of my brother?” is “Yes, of course you’re supposed to take care of your brother!”**

**So the Lord asked, “What have you done? Your brother’s blood is crying out to me from the ground. So now you are cursed from the ground, which has received the blood of your brother whom you killed. When you farm the ground, it will not longer yield its best for you. You will be a fugitive, a wanderer on the earth.”**

Cain: Oh, it’s not fair! My punishment is more than I can stand! Poor me. Why do I have it so bad? Now I’ll just have to wander around the land.

*(Master Sin writes the letter “R.” He puppets Cain’s hands to the ice.)*

Cain: I feel so cold and hard inside. I’m worried. What will happen to me? What if someone finds me when I’m wandering around and wants to take revenge on me and kill me because I killed my brother?

**Teacher:** The Lord said to Cain, “No one should take revenge on Cain and kill him.” The Lord put a mark on Cain that told anyone meeting him not to kill him. Then Cain left the Lord’s presence and wandered in the land east of Eden.

*(Master Sin uses the puppet strings to show he has controlled Cain and that Cain’s hands are on the ice cube.)*

**Teacher:** So you see, boys and girls, Cain did let sin become his master. Sin controlled him. Cain murdered his brother, and God said the blood of his brother that was spilled on the ground called out to him for justice. Cain’s brother was a good man and had done nothing wrong against Cain. Yet, Cain killed him. So we say this was innocent blood that touched the ground and called out to God for justice.

Boys and girls, do we have problems in our families today? Yes. Why is that? Because we have sin in our families too. Sometimes sin can control us. Sin is like this big ice cube here. It’s cold and hard if you held it, and it can make our hearts become cold and hard toward other people. When sin becomes our master, we become like it—cold and hard.

But God passed the promise to us that helps us not let sin be a master over us. You see God sent someone to this world that was a perfect man. It was God’s own Son. He was innocent but he, too, was killed. *(While talking, he puts the red yarn on the ground.)* His blood hit the ground and called out to God, “Forgive them and take their sin away!” So this is what happened. *(Carries the red yarn to the block of ice. He sprinkles salt on the surface of the ice and then lays six inches of yarn on it. As he sprinkles more salt, the yarn will quickly freeze to the ice. He will be able to lift the “sin” with the yarn. This demonstrates Jesus’ blood lifting our sin. You could even quickly tie one end of the red yarn to the “Pass the Promise” football to demonstrate how this promise is passed through the Old Testament.)*

When Jesus gave His life for us on the cross and poured out His blood, it has the power to lift any of our sin from us so sin would not be our master. Since God forgives us of our sin, sin is no longer our master. So take that, Master Sin!

*(Teacher rips the poster board in half and Master Sin exits along with Cain. Continue with puppet presentation conclusion.)*

## **“Dao Dao and the Biscuit Tin”**

### **Puppet Presentation Conclusion**

Dao Dao: *(Enters.)* Wow! That was cool, Teacher! You just lifted that ice—I mean, sin—right off the table.

Teacher: **That’s what the power of Jesus’ blood does for us. If we trust Jesus as our Savior...**

Dao Dao: I do!

Teacher: **I know you do. We say, “I want to follow you, God.”**

Dao Dao: Yeah, I want to follow God.

Teacher: **We say, “We *\*don’t want sin to be our master—we want to follow God!*”**

Dao Dao: Even if it means not to kung fu my sister?

Teacher: **Especially that.**

Dao Dao: Oh, I guess so. Besides, I’d probably get in even more trouble!

Teacher: **You sure would. Sin always gets us in trouble—even if we don’t get caught.**

Dao Dao: And even if we don’t get biscuits.

Teacher: **Right, Dao Dao. Let’s pray.  
Dear God, we’ve done some wrong things. But we don’t want sin to be my master. We don’t want to end up like Cain, who killed Abel. We trust Jesus. Please forgive me. I want to follow you and do what you want. In Jesus’ name. Amen.**

**Let’s all go back to our groups. Maybe we can even practice that special trick of lifting the ice cube with the yarn.**



# Supplies:

## Quantity (✓)

### Small Group Warm-Up:

- ice cube for each group

### Large Group:

- Dao Dao
- football with a tape cross on it
- Master Sin, a character dressed in a black robe with a thin black covering over his head so he looks shadowy. The thin black material should be sheer enough for him to see through.
- Cain, an actor dressed in Old Testament costume and carrying a hoe
- table and chair
- large ice cube that was made in a margarine tub. A plate or pan will keep it from melting on the table.
- two sections of four-foot black yarn
- one four-foot section of red yarn
- salt shaker full of salt
- poster board behind the table. This poster board can be on an easel or taped to the wall.
- thick black marker

### Small Group Application:

- ice cubes in a tub or bowl for each group
- 10-inch sections of red yarn for each child (Have at least seven sections for each group.)
- salt



### Memory Verse Learning:

- 8 carton cards with Bible verse already prepared
- glue gun or PVA glue
- thick strings
- 8 blindfolds

#### MAKING OF MV CARTON CARDS

- Prepare 8 carton box cards of size: 8X30cm
- Divide Bible verse into 6 sections and write onto carton card in large print.
- Use the glue gun (or PVA glue) to go over the first letter and immediately affix the string on it.
- Do for the rest of the letterings.
- In completion, the string-letterings should look like an embossed print on the carton cards.