



Date: _____

Series: Jesus Helps Us
Winter Year 1, Lesson 37

Jesus Calms the Storm (Part One)

Take Home Point: *Jesus helps us.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: Matthew 8:23-27

We will help children know:

- Jesus has the power to calm the storm. Jesus is God.
- Jesus helps the disciples who thought they would drown.
- Jesus helps us when we are scared.




We will help children feel:

- Confident in asking Jesus for help.
- Secure in knowing Jesus will help.

We will help children do:

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a snack that looks like little boats.
- Make a wind stick.
- Play a game called "Jesus Helps Us."
- Take home a copy of *God Talk at Home* to reinforce the learning of today's
Take Home Point: ***Jesus helps us.**

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> your choice of toys
Large Group Opening (5-10 minutes) 	3	Puppet Presentation	<ul style="list-style-type: none"> Judy puppet weather costume opposite of today's weather—anything suggesting rain, snow or sunshine
Small Group Application (10 minutes—each activity) 	6 8 9 10	Activity 1: Bible Event Activity 2: Snack Activity 3: Craft Activity 4: Game	<p><i>Activity 1: Bible Event</i></p> <ul style="list-style-type: none"> children's picture Bible <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> mandarin oranges or apple slices (<i>option:</i> round doughnuts cut in half) napkins, cups and water <p><i>Activity 3: Craft</i></p> <ul style="list-style-type: none"> Appendix A, one copy for three children two or three colors of crepe paper streamers (<i>option:</i> ribbons) cut into 24" lengths, five per child one straw per child tape stapler crayons or washable markers <p><i>Activity 4: Game</i></p> <ul style="list-style-type: none"> none
Large Group Wrap-Up (5-10 minutes) 	12	Review the Take Home Point Pray Sing	<ul style="list-style-type: none"> your choice of music craft example from Activity 3

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.

Puppet Presentation:

Supplies: Judy and her seasonal costume

Judy Learns That God Calms the Storm

Judy needs to have some article of clothing or umbrella—or something to signify the weather she would like it to change to—something different than the weather currently is in your local area today.

Presenter: Boys and girls, shall we call out Judy?

Kids call: **Judy... Judy... Judy.** Judy comes out in the weather costume of the day.

Presenter: Hi, Judy, look how you are dressed.

Judy: Can you tell that I'm getting ready for a day out in the _____. (Insert sunshine, rain, snow... whatever is opposite of the current weather.)

Presenter: But, Judy, it is not... (sunny, raining, snowing) outside right now.

Judy: But I want it to be like that! I promised my pink pony that we could go play outside.

Presenter: Just because you want it to be that way, doesn't mean that it is going to happen.

Judy: I think I should be able to tell the weather what to do and it would do it. I want to be able to tell it to _____ (snow, rain, be sunny) right now.

Presenter: Judy, I don't think that will work. The weather doesn't obey people when we tell it to change.

Judy: I guess the only thing that obeys me is my pink pony.

Presenter: Did you know that the weather obeys Jesus?

Judy: What?

Presenter: Jesus is God's Son. Once there was a big storm and he told the wind to stop. Guess what happened?

Judy: What?

Presenter: It stopped! And he told the waves to get smaller. Guess what happened?

Judy: What?

Presenter: The waves got smaller. He also told his disciples not to be afraid. Guess what happened?

Judy: What?

Presenter: They stopped being afraid. They knew Jesus was powerful and he would take care of them.

Judy: Then I'm going to ask Jesus to change the weather to _____ (*snow, rain, sunshine*). Would he do it for me?

Presenter: He has the power to, but he will only do what is best for us. For that, we are thankful. Judy, can you repeat after me, **Jesus helps us?*

Judy: Jesus helps us.

Presenter: Good. Now, kids, repeat after me. **Jesus helps us. Jesus helps us.* Judy, will you help me teach the kids a new song?

Judy: Sure, I love to sing.

Presenter: Great. Here it is.

Song: to the tune of *Farmer in the Dell*

Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

**JESus CALMed the STORM.
JESus CALMed the STORM.
JESus HELPS us ALL the TIME.
JESus CALMed the STORM.**

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You can do anything! You can do anything!

You help us and love us. You help us and love us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name, In Jesus' name,

Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

Activity 1: Bible Event:

Supplies: Children's picture Bible

Part One: Read the Bible Event

Read about Jesus calming the wind and waves from a children's picture Bible.

Part Two: Act Out the Bible Event

Supplies: Children's' Picture Bible

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.

Jesus was tired.

- **Jesus was teaching people all day and he was very tired. Let's yawn like we are tired.**
- **He got in a boat with his disciples and told them to row the boat to the other side of the lake. Let's row our pretend boat.**

A storm comes.

- **Jesus was so tired he fell asleep in the boat. Pretend you are sleeping.**
- **While Jesus was sleeping, a huge storm came. The waves were splashing in the boat. Let's make our arms look like waves by making them go up and down. Splash all around.**

- The wind was blowing very hard. Let's make the sound of the wind. Blow and move your arms.
- The special friends of Jesus, the disciples, were rocking back and forth in the boat until they thought the boat might turn over. Let's rock back and forth in our pretend boat.

The disciples are afraid.

- The disciples were very afraid of the storm. They thought the boat would tip over and they would drown. They said, "Ahhh!" Let's say, "Ahhh!"
- They woke up Jesus. Let's stretch our arms like we just woke up.
- The disciples asked Jesus to help them. Jesus said, "Why are you afraid?" Then Jesus put his arms out and told the storm to stop. Put your arms out and say, "stop."

Jesus stops the storm.

- Do you think the storm stopped when Jesus told it? Yes, it did! Slap your knees loudly and then softly; and then stop.
- The waves stopped splashing in the boat. The wind stopped blowing. Make a loud blowing wind noise and get softer and softer.
- The boat stopped rocking. Rock fast and then slow to a stop.
- Jesus' disciples were amazed! They knew that Jesus was someone really special because even the wind and waves obeyed him.

Disciples are surprised.

- The disciples looked at each other with surprise and wonder. They saw that the wind and the waves had obeyed Jesus. Let's make our faces look like something wonderful has happened.
- They said to each other, "Surely this must be God's Son."

Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

We love you. We love you.

You can do anything! You can do anything!

You help us and love us. You help us and love us.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name, In Jesus' name,

Amen. Amen.

Song: to the tune of *Farmer in the Dell*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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JESus HELPS us ALL the TIME.
JESus CALMed the STORM.**

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: *Jesus helps us. Jesus helps us.

Activity 2: Snack

Supplies: mandarin oranges or apples cut in slices, (option, round doughnuts cut in half), napkins, cups and water

Boys and girls, today we are going to eat a snack that reminds us of little boats, just like the boat in today's Bible Event. But before we eat our snack, let's say a prayer.

**Dear God, Dear God,
We love you. We love you.
You can do anything! You can do anything!
You help us and love us. You help us and love us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name, In Jesus' name,
Amen. Amen.**

Pass out napkins and orange or apple slices and a cup of water.

<p><i>BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.</i></p>
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Go ahead and eat your snack while I tell you about the boat Jesus and his followers, or disciples, were on. When the storm started, Jesus was asleep on the boat. His disciples became very afraid. They asked Jesus to help them. Jesus told the storm to stop. He helped his disciples. He can help us, too.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Song: to the tune of *Farmer in the Dell*

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Activity 3: Craft

Supplies:

- *copy of Appendix A, one per every three children—cut out before class*
- *one straw per child*
- *two or three colors of crepe paper streamers (option—ribbons) cut into 24” pieces – five per child*
- *tape*
- *stapler*
- *crayons or washable markers*

Before class begins, create colored sets of streamers by stapling five streamers into a set. Then, tape the stapled set of streamers to one end of the straw. Prepare one straw for each child.

Boys and girls, we are learning how Jesus calmed a storm. The storm was on the water and the waves were really big and the wind was blowing really hard. Today we are going to make a wind stick that will show us how hard the wind is blowing.

Now you can color the pictures of Jesus and the storm and then we will staple them on the streamers of your wind sticks.

While the children are coloring the pictures, (or before class, if you have time) staple or tape the two phrases somewhere on each child's streamer. Put the child's name on also. As the coloring is finished, staple or tape the colored pictures on the streamers.

Now that your wind sticks are finished, let's see how well they work. Hold them up high but don't move them. Are they blowing in the wind? No, they are not. Now you can wave them back and forth—see how they move? That is how hard the wind was blowing when Jesus' friends were afraid in the boat. Jesus told the wind to stop. Stop moving your wind sticks. That is how quiet Jesus made the wind.

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Let's sing our song: to the tune of *Farmer in the Dell*
Capitalized letters indicate emphasis on that syllable when the rhyme is sung.

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JESus HELPS us ALL the TIME.
JESus CALMed the STORM.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
We love you. We love you.
You can do anything! You can do anything!
You help us and love us. You help us and love us.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name, In Jesus' name,
Amen. Amen.

Activity 4: Learning Game

Supplies: none

Boys and girls, today we are going to play a game called "Jesus Helps Us." I will tell you how Jesus helps us and you will do the action.

1. Jesus helps us jump up and down.
2. Jesus helps us spin around.
3. Jesus helps us scratch our head.
4. Jesus helps us sleep in our bed.
5. Jesus helps us touch our toes.
6. Jesus helps us beep our nose.
7. Jesus helps us hop like a frog.
8. Jesus helps us bark like a dog.
9. Jesus helps us run, run, run. (run in place)
10. Remember, Jesus is number 1. (Hold up one finger.)

Let's practice the Take Home Point. I'll say it first and you repeat after me. *Jesus helps us. Jesus helps us.

Song: to the tune of *Farmer in the Dell*
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Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: ***Jesus helps us.**

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

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Lesson Song:

Song: to the tune of *Farmer in the Dell*

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Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.

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