



**Date:** \_\_\_\_\_  
**Series:** Jesus Goes to the Cross  
Winter Year 1, Lesson 48

# Jesus is Alive!

## **Take Home Point:** \*Jesus is alive!

\*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

## **Bible Event:** Luke 24:1-12

### **We will help children know:**

- Jesus died on the cross, but on the third day became alive again!
- Jesus' friends found the tomb empty and their sadness turned to joy.
- Even though we cannot see Jesus, he is alive!

### **We will help children feel:**

- Happy that Jesus is alive.
- Secure in knowing that Jesus is always with us.

### **We will help children do:**

- Watch a puppet presentation that introduces the Bible Event.
- Participate in acting out the Bible Event.
- Eat a butterfly snack.
- Make a butterfly craft.
- Play a game called *Catch the Rock*.
- Take home a copy of *God Talk at Home* to reinforce the learning of today's Take Home Point: \***Jesus is alive!**

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Warm-Up</b> (10 minutes)	3	Transition Time	<ul style="list-style-type: none"> <li>• your choice of toys</li> </ul>
<b>Large Group Opening</b> (5-10 minutes)  	3	Puppet Presentation	<ul style="list-style-type: none"> <li>• Judy</li> <li>• masking tape rolled up to look like a cocoon</li> <li>• completed butterfly craft project</li> </ul>
<b>Small Group Application</b> (10 minutes—each activity)  	6 8 9 10	Activity 1: Bible Event  Activity 2: Snack  Activity 3: Craft  Activity 4: Game	<p><i>Activity 1: Bible Event</i></p> <ul style="list-style-type: none"> <li>• children's picture Bible</li> </ul> <p><i>Activity 2: Snack</i></p> <ul style="list-style-type: none"> <li>• two squares of saltine crackers per child</li> <li>• red rope licorice</li> <li>• napkins, cups and water</li> </ul> <p><i>Activity 3: Craft</i></p> <ul style="list-style-type: none"> <li>• one coffee filter per child</li> <li>• washable markers</li> <li>• spray water bottle</li> <li>• one spring-type clothespin or large paper clip per child</li> <li>• <i>optional</i>—6" piece of pipe cleaner or chenille, one per child</li> </ul> <p><i>Activity 4: Game</i></p> <ul style="list-style-type: none"> <li>• two buckets, bowls or clean wastebaskets</li> <li>• paper grocery sacks</li> <li>• newspaper</li> <li>• masking tape</li> <li>• <i>option:</i> volleyballs</li> </ul>
<b>Large Group Wrap-Up</b> (5-10 minutes)  	12	Review the Take Home Point  Pray  Sing	<ul style="list-style-type: none"> <li>• your choice of music</li> <li>• craft example from Activity 3</li> </ul>

## **Warm-Up** (Prior to class and first 10 minutes of the session.)

*Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.*

## **Large Group Opening** (5-10 minutes)



*Purpose: The opening puppet presentation will be an attention grabber that helps gather the children. This is not an extensive presentation but a quick overview introducing the Bible Event and the Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the "joke" but use it to call attention to the Bible Event.*

## **Puppet Presentation:**

### **Judy is Sad... Then Happy**

*Supplies: Judy puppet, a bit of masking tape rolled up like a cocoon, completed craft for the day*

**Presenter: Boys and girls, let's call for Judy.**

Kids call for Judy. **Judy...Judy...Judy.**

Judy: Hi, everyone.

**Presenter: Hi, Judy.**

Judy: Hey, what is in your hand?

**Presenter: It's a butterfly and it is very special to me.**

Judy: Oh, I wish I had my pink pony. It's very special to me.

**Presenter: Well, Judy, this is even more special than a pink pony.**

Judy: More special than a pink pony? How can that be?

**Presenter: This butterfly helps remind us of Jesus.**

Judy: How?

**Presenter: Do you remember that Jesus died on the cross?**

Judy: Yes, that was very sad.

**Presenter: It was sad. But Jesus did not stay dead.**

Judy: What happened?

**Presenter: Well, they put him in a cave...**

Judy: What's a cave?

**Presenter: In Jesus' time it was a place where they bury people who are dead. It's like a big hole in the side of the hill. Then they rolled a rock in front of it.**

Judy: So is that where Jesus is now?

**Presenter: No. Jesus became alive again. The cave was opened so everyone could see Jesus was alive!**

Judy: I'm glad he's alive.

**Presenter: Yes, he is alive today. That is why it reminds me of this butterfly.**

Judy: What do you mean?

**Presenter: This butterfly came from something that looks like this. Show masking tape cocoon.**

Judy: It looks yucky. What is it?

**Presenter: It's a cocoon and it reminds me of a cave.**

Judy: Like the one they put Jesus in?

**Presenter: Yes, in a way. This cocoon looks like there is nothing in it that is alive. But then, out of it comes a beautiful butterfly. The butterfly reminds me that Jesus was dead but he became alive. Everyone was happy.**

Judy: Can I have a butterfly?

**Presenter: Judy, today you can make a butterfly to remind you of Jesus.**

Judy: I love Jesus. And I love butterflies.

**Presenter: When you make your butterfly, say the special words: \*Jesus is alive! Butterflies remind us that Jesus came out of the cave and is alive today.**

Boys and girls, let's practice the Take Home Point. I'll say it first and you repeat it after me. \*Jesus is alive! Jesus is alive!

Now let's sing our new song for the week. Judy, will you help?

Judy: Sure, I love to sing.

**Song:** to the tune of *Farmer in the Dell*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

**JESus IS aLIVE!**  
**JESus IS aLIVE!**  
**HE CAME to SAVE us ALL.**  
**JESus IS aLIVE!**

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,  
We love you. We love you.  
You gave us Jesus. You gave us Jesus.  
Jesus died. Jesus died.  
Now he's alive. Now he's alive.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

# Small Group Application (30-40 minutes)



**Purpose:** Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for two-year-olds should be one to five or fewer. Divide into groups of five with one shepherd or have a slightly larger group with two shepherds. Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of ten. The ratio will be maintained at one to five.

## Activity 1: Bible Event

*Supplies: children's picture Bible*

### Part One: Read the Bible Event

Read about Jesus on Easter in the picture Bible.

### Part Two: Act Out the Bible Event

*Supplies: Children's' Picture Bible*

Hold up a children's picture Bible.

**This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them too.**

Jesus' body was put in a cave.

- **After Jesus died on the cross, his body was put in a cave. What do you think it was like in the cave? Do you think it was light or dark? Wait for answer. That's right, it was dark in the cave.**
- **Some men rolled a very big rock in front of the cave. Let's pretend to roll a heavy rock in front of the cave.**
- **Jesus told everyone he would come back after three days. Let's count to three... one...two...three.**

Mary and her friends find that Jesus is gone.

- **After three days, Mary and her friends went to the cave. The big rock was rolled away and Jesus was not in the cave! Mary and her friend were very surprised and afraid. Who moved the rock? Show me a surprised face.**
- **When she looked into the cave, Jesus was not there. She was really surprised. Show another really surprised look.**

- Mary and her friends were both surprised and afraid. They wondered, “What happened to Jesus?”

An angel has good news.

- An angel was at the cave. Pretend to be an angel. Hold your arms out like this.
- The angel said: “Do not be afraid. Jesus is not here. He has become alive just as he said.” The women knew this was wonderful news. They went to tell the other friends that even though Jesus had died on the cross, he is alive now. The angel said they would soon see Jesus alive! Let’s point upward and say, “Jesus is alive.” **Jesus is alive!**
- The women ran from the place where the angel talked to them. Let’s pretend to run.

The women tell everyone the good news.

- The women were excited because the angel told them, “Jesus is alive.” Could it be true? They wanted to tell the other friends of Jesus. When they saw their friends, they pointed toward the cave and exclaimed, “Jesus is alive.” Point and say, “Jesus is alive.” **Jesus is alive!**
- When the women told Jesus’ friends that he was alive, at first they didn’t believe. They still had their sad faces on. Make a sad face.
- Now make a happy face because Jesus’ friends found out it is true.
- Jesus is alive! Soon Jesus would show himself to his friends.

Jesus is with us today.

- Boys and girls put your hands over your eyes.
- We can’t see anything when we have our eyes closed, can we? But do we know people are still around us, even with our eyes closed? Yes.
- Now uncover your eyes.
- Can you see Jesus standing here? No, you can’t. But is he here even if you can’t see him? Yes! Someday he says we can see and meet him just as he is. Let’s say the Take Home Point together, \*Jesus is alive! **Jesus is alive!**

## Part Three: Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,  
We love you. We love you.  
You gave us Jesus. You gave us Jesus.  
Jesus died. Jesus died.  
Now he's alive. Now he's alive.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

**Song:** to the tune of *Farmer in the Dell*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

JESus IS aLIVE!  
JESus IS aLIVE!  
HE CAME to SAVE us ALL.  
JESus IS aLIVE!

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me:  
\*Jesus is alive! Jesus is alive!

## **Activity 2: Snack**

*Supplies: two square saltine crackers per child, red rope licorice separated into strands and cut into 3" pieces, two per child; napkins, cups and water*

Boys and girls, today we are going to eat a snack that looks like a butterfly. Before we eat our snack, let's fold our hands and say a prayer.

Dear God, Dear God,  
We love you. We love you.  
You gave us Jesus. You gave us Jesus.  
Jesus died. Jesus died.  
Now he's alive. Now he's alive.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

*BE AWARE OF ANY FOOD ALLERGIES BEFORE YOU GIVE THE CHILDREN ANY FOOD TO EAT.*

Pass out a napkin, and cup of water to each child.

**I want to show you how our snack can look like a butterfly.**

Put two saltine crackers together by touching points to each other so that they are two diamond shapes, side by side. These will be the butterfly's two wings. Then lay two pieces of red licorice in the middle to look like antennae. Pass out two crackers and two pieces of licorice to children as you tell them the following:

**A butterfly used to be a worm. Then, when it went inside its cocoon, or cave, it came back out a beautiful alive butterfly. This reminds us of Jesus' death and being put in a cave. Three days later Jesus rose from the dead. Go ahead and eat your snack now.**

**Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Jesus is alive! Jesus is alive!**

**Song:** to the tune of *Farmer in the Dell*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

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### **Activity 3: Craft**

*Supplies:*

- *coffee filter, one per child*
- *washable markers*
- *spray water bottle*
- *clip-style clothespin or large paper clip, one per child.*

*Optional—one 6" pipe cleaner per child to make antennae for your clothespin butterfly—will not work with paperclips. Bend in middle and curl the two ends outward in a small semi-circle then clip with the clothespin after clipping the filter.*

**Boys and girls, today we are going to make and decorate a beautiful butterfly. The butterfly is something that changes from a dead-looking cocoon to a butterfly that is alive. First, I want you to make lots of dots with the markers on your paper (*coffee filter*). When you are finished with dots, we will spray some water on it to make the dots grow.**

Spray enough to mist the filter, not dripping wet. When finished spraying, take paper clip or clothespin and clip it in the middle of the filter. If adding antennae, form as above and clip with the clothespin.



Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Jesus is alive! Jesus is alive!

**Song:** to the tune of *Farmer in the Dell*

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**HE CAME to SAVE us ALL.**  
**JESus IS aLIVE!**

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,  
We love you. We love you.  
You gave us Jesus. You gave us Jesus.  
Jesus died. Jesus died.  
Now he's alive. Now he's alive.  
Thank you, thank you, thank you. Thank you, thank you, thank you.  
In Jesus' name. In Jesus' name.  
Amen. Amen.

## Activity 4: Learning Game

*Supplies:*

- two buckets, wastebasket or bowls
- masking tape
- newspaper
- paper grocery sacks

*Option: volleyballs for rocks*

Make “rocks” by stuffing newspaper in the grocery sack and taping it shut. Keep it in a rounded shape so that you can roll it away from the cave or tomb.

Before class, tape a starting line and finish line about five feet apart from each other. Make two sets if you have more than four children playing at the same time.

**Boys and girls, today we learned that when Mary went to the grave of Jesus, the big rock had been rolled away. Today we are going to play a game called *Catch the Rock*. We are going to try to roll these pretend rocks right into the bucket. One of you will be on each line. One person will roll the rock and the other person will try to catch it in the bucket.**

Don't keep score or emphasize winning—just play for fun. Make sure each child does both the rolling and catching.

**Let's practice the Take Home Point. I'll say it first and you repeat after me. \*Jesus is alive! Jesus is alive!**

**Song:** to the tune of *Farmer in the Dell*

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In Jesus' name. In Jesus' name.  
Amen. Amen.**

# Large Group Wrap-Up (5-10 minutes)



## Lesson Review:

Presenter shows the craft and compliments the children for doing a wonderful job. He/she reviews the Take Home Point: **\*Jesus is alive!**

## Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

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Jesus died. Jesus died.

Now he's alive. Now he's alive.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

## Lesson Song:

**Song:** to the tune of *Farmer in the Dell*

*Capitalized letters indicate emphasis on that syllable when the rhyme is sung.*

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*Lead them in three songs on a tape or CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out the God Talk at Home.*

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