



Date: _____
Series: David
Summer, Year 2, Lesson 7

David and Goliath

Take Home Point: * God helps me be brave.

*Repeat this phrase throughout the lesson. Leaders say the phrase and the children repeat it.

Bible Event: 1 Samuel 17:1-50

We will help children know:

- God helped David defeat Goliath, the giant.
- God will help them do big things.
- They can pray to God and he will help them be brave when they are facing big challenges.

We will help children feel:




- Brave because God can use them.
- Secure because God watches over them.

We will help children do:

- Participate in acting out the Bible Event.
- Eat a snack that reminds them of David's slingshot and rocks.
- Make and decorate a shield.
- Play a learning game called *God Helps You Be Brave* and a movement game called *Rock the Giant*.
- Take home a copy of *God Talk at Home* to reinforce learning today's Take Home Point: ***God helps me be brave.**

Kingdom Quest Year 2 - Lesson 7 - 1

THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
Warm-Up (5-10 minutes)	3	Transition Time	<ul style="list-style-type: none"> toys of your choice
Large Group Opening (5-10 minutes) 	3	Sing (Optional)	<ul style="list-style-type: none"> songs of your choice
	3	Puppet Presentation (<i>Optional</i> : video during puppet presentation)	<ul style="list-style-type: none"> Bubba puppet with a birthday party invitation taped to his hand
	4	Bible Reading	<ul style="list-style-type: none"> <i>optional</i>: video from Beginners Bible: <i>The Story of David and Goliath</i>, Sony Wonder, 1996 (see link in lesson to order) children's picture Bible
Small Group Application (10 minutes—each activity) 	6	Activity 1: Acting Out Bible Event	<i>Activity 1: Bible Event</i> <ul style="list-style-type: none"> children's picture Bible
	8	Activity 2: Snack	<i>Activity 2: Snack</i> <ul style="list-style-type: none"> napkins cups of water cereal shaped like rocks or grapes Optional: string licorice
	9	Activity 3: Craft	<i>Activity 3: Craft</i> <ul style="list-style-type: none"> Paper plates, one per child 1" x 5" pieces of cardstock, one per child crayons or markers sticker that says "God helps me be brave." or permanent marker Optional: foil pieces and glue sticks
	10	Activity 4: Learning Game Movement Game	<i>Activity 4: Games</i>
	11		<i>Learning Game</i> <ul style="list-style-type: none"> none <i>Movement Game</i> <ul style="list-style-type: none"> masking tape three beanbags
Large Group Wrap-Up (5-10 minutes) 	13	Review Lesson and Take Home Point	<ul style="list-style-type: none"> songs of your choice
	13	Pray	
	14	Sing (Optional)	

Warm-Up (Prior to class and first 10 minutes of the session.)

Young children this age need a time to get acquainted with the new surroundings as they enter the classroom. Provide a variety of calm activities and toys, such as blocks, play centers and simple puzzles. These activities create an environment that helps young children let go of Mom and Dad. If necessary, Mom and Dad may play with them for a few minutes and then leave.

Large Group Opening (5-10 minutes)



Purpose: You may use singing as a large group activity and to gather attention. The opening puppet presentation is a quick overview introducing the Bible Event and Take Home Point. Early childhood humor is also used. Bubba often says something silly about elephants. Judy says something silly about pink ponies. Let the children enjoy the “joke” but use it to call attention to the Bible Event.

Singing: Use music of your choice.

Puppet Presentation

Supplies:

- children's picture Bible
- Party invitation taped to Bubba's hand

God Helps Bubba Be Brave

Presenter: Boys and girls, let's call out Bubba.

Kids call Bubba. **Bubba...Bubba...Bubba.** Bubba comes out with an invitation taped to his hand.

Presenter: Hi, Bubba. Thank you for joining us.

Bubba: It's great to be here. I'm having a wonderful day.

Presenter: You are? Why?

Bubba: I got invited to my friend's birthday party! He said I could bring my elephant, too!

Presenter: Wow, that's great. Is that the invitation in your hand?

Bubba: Yes. Will you read it?

Presenter: This is a birthday invitation for later today. Your friend is going to have a clown at the birthday party.

Bubba: Did you say a clown?

Presenter: Yes. A clown.

Bubba: Aaaaaagh! (*Hides away.*)

Presenter: Bubba, come back. What's wrong?

Bubba: (*Peeks at the audience.*) Are there clowns out here? I'm afraid of clowns. Even my elephant is afraid of clowns.

Presenter: Bubba, tell me why you are afraid of clowns.

Bubba: Because they are scary looking.

Presenter: They are?

Bubba: Yes. They have white faces and wild hair. They even have scary balloons that pop.

Presenter: If you are afraid, did you know we have a great big God and he can help you be brave?

Bubba: Even with big scary clowns?

Presenter: Sure.

Bubba: What do I do when I'm scared?

Presenter: Pray to God. Say, "Dear God, please help me be brave."

Bubba: Does it work?

Presenter: Sure. It worked for a little boy named David. He had to fight a big giant named Goliath.

Bubba: Was the giant as scary as a clown?

Presenter: More scary, but God is bigger than the giant, and he helped David be brave. God helped David win over the giant. [If using the video, say the following: Let's watch the Bible Event on this video.] If not using the video, say the following:

See what I am holding? This is the Bible. It is God's word. Everything in the Bible is true. Now I am going to read about our lesson from the Bible. Let's put on our listening ears.

Video: Show God helping David as he fights Goliath from the video by Beginner's Bible: *The Story of David and Goliath*, produced by Sony Wonder 1996. This video is available from various sources or search the internet via your favorite search engine.

Video name: The Story of David and Goliath
Start time after opening title: 19:15
Spoken Cue: end of song..."I have a Giant of a God with me."
End time: 24:35
Spoken Cue: "He always remembered the comforting words of God."
Total length of clip: 5:20

Presenter: Bubba, did you see how our big God helped David be brave?

Bubba: He sure did. And Goliath was scarier than a clown.

Presenter: We know God helped David be brave, and we know that he can help us be brave. Before you and your elephant go to the birthday party, say a prayer asking God to help you be brave.

Bubba: Ok, I will.

Presenter: Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Presenter: Bubba, will you help us sing our song of the week?

Bubba: Sure, I love to sing.

Song: to the tune of *London Bridge*
Capitalized words or syllables indicate down beat in each measure for emphasis.

GOD helps ME be BIG and BRAVE,
BIG and BRAVE, BIG and BRAVE.
GOD helps ME be BIG and BRAVE.
THANK YOU, G-od.

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help me be brave. Help me be brave.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Small Group Application (30-40 minutes)



Purpose: Young children learn best by repetition. Review the Bible Event and practice the Take Home Point as you rotate through the activities.

The shepherd to child ratio for three-year-olds should be one to six or fewer. Divide into groups of six with one shepherd or have a slightly larger group with two shepherds.

Groups rotate from activity to activity. Another option, especially for larger churches, is to provide a leader at each activity table with a shepherd leading a group of up to twelve. The ratio will be maintained at one to six.

Activity 1: Acting Out the Bible Event

Supplies:

- Children's picture Bible

David and Goliath

1Samuel 17:1-50

Introduction

Hold up a children's picture Bible.

This is the Bible. It is God's word. Let's act out what it says in the Bible. When you see me do the actions, you do them, too.

David listens to God.

- David was a young boy who loved God. He wanted to go with his brothers to fight in a war for King Saul against God's enemies. David listened to God when God told David to stay home. God wanted David to take care of the sheep. Let's make the sound sheep make.
- After many days, God decided to send young David to help his brothers. David was told by his father to take lunch to his brothers. Let's look in our pretend lunch box.

David sees Goliath.

- When David arrived with the lunches, he saw something really scary. The other army sent out a great big giant to fight David's brothers and the other soldiers. The giant's name was Goliath and he was over 9 feet tall! That is taller than the ceiling! Goliath yelled mean things at King Saul's army and called them bad names. Let's cover our ears so we cannot hear them.

- The giant was so evil that he even called God bad names. Let's cover our mouths. No one should say mean things about God.
- The giant was so big and scary that he shook his fists at King Saul's army. Everyone was afraid. Let's put our hands on our face and look afraid.

David was not afraid of the giant.

- Even though God was with King Saul's army, they were scared. They ran away from the giant. Let's pretend to run away. Run in place.
- David did not understand why they would run away. David knew that God was with them. David went to King Saul and told him he would fight the evil giant. David prayed to God and asked him to protect him. Let's fold our hands and bow our heads.
- King Saul gave David his own sword, a shield and a spear. But David was so small, those things were too big for him. He went to a stream and picked up five smooth stones. Let's pretend to pick up five stones. One...two...etc.

David kills the giant.

- David was going to use his slingshot to fight the giant. It holds a rock while you swing it around like this. Make wide circles above your head. Everyone swing your slingshot.
- David walked right up to the giant. He told Goliath that he had God on his side. Goliath laughed at David. The giant said, "You are just a little boy. I will squash you flat." David said, "God is with me. He will help me be brave." Then David put a rock in his slingshot and spun it around and around. Let's make our pretend slingshot go around and around.
- David made the rock in the slingshot fly toward Goliath. The rock went up high and hit Goliath in the forehead. Bam! Down went Goliath. Let's all fall on the ground.
- David had killed the bad giant. David won because he trusted God. Let's clap and cheer.

Pray when you are afraid.

- Do you think you will ever have to fight a giant like Goliath? No, but other things might make you afraid. Sometimes things will scare you. Just remember that God helps us be brave. We only have to ask him to help us. He loves us and wants to help us.
- Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Pray, Sing and Review the Take Home Point

Prayer:

Let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help me be brave. Help me be brave.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Let's sing our song of the week.

Song: to the tune of *London Bridge*

Capitalized words or syllables indicate down beat in each measure for emphasis.

GOD helps ME be BIG and BRAVE,

BIG and BRAVE, BIG and BRAVE.

GOD helps ME be BIG and BRAVE.

THANK YOU, G-od.

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Activity 2: Snack

Supplies:

- Napkins
- Cups and water
- Cereal shaped like rocks or seedless grapes
- Option: string licorice

BE AWARE OF ANY FOOD ALLERGIES CHILDREN MAY HAVE BEFORE YOU GIVE THEM ANY FOOD TO EAT.

Today we are going to eat a snack that will remind us of David's slingshot. Before we eat our snack, let's fold our hands and say a prayer. Repeat after me.

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help me be brave. Help me be brave.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Today we are learning how little David fought a big giant with a slingshot and rocks. See this cereal (or grape)? It reminds us of the rock that David used. If using the licorice: This string of licorice reminds us of the slingshot.

Pass out napkin, cup of water, cereal or grapes, and one piece of licorice to each child.

Now let's eat our slingshots.

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Let's sing our song of the week.

Song: to the tune of *London Bridge*

Capitalized words or syllables indicate down beat in each measure for emphasis.

**GOD helps ME be BIG and BRAVE,
BIG and BRAVE, BIG and BRAVE.
GOD helps ME be BIG and BRAVE.
THANK YOU, G-od.**

Activity 3: Craft

Children take pride in making something themselves. Resist trying to do too much for children so that they can say, "I did it myself."

Supplies:

- Paper plates
- Cardstock pieces 1" wide and 5" long
- Crayons or markers
- Permanent marker or sticker that says "God helps me be brave."
- Option: foil cut into squares or diamond shapes for decorating. Will also need glue sticks if using this option.

Before class, put sticker on front of plate or write "God helps me be brave." The front of the plate will be the back of the shield. On same side, tape cardstock piece about 3" from top edge in middle of plate. This will form a handle so child can hold onto shield.

King Saul gave David his shield to help protect him from the giant. But David did not need it because he had God's help. Today we are going to make a pretend shield. You can color it any way you want.

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Let's sing our song of the week.

Song: to the tune of *London Bridge*

Capitalized words or syllables indicate down beat in each measure for emphasis.

GOD helps ME be BIG and BRAVE,
BIG and BRAVE, BIG and BRAVE.
GOD helps ME be BIG and BRAVE.
THANK YOU, G-od.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help me be brave. Help me be brave.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Activity 4: Games

Choose one or both games to play. Children with lots of wiggles should play the Movement Game first.

Learning Game

Supplies:

- none

Today we are going to play a game called **God Helps You Be Brave**. After you answer the questions, you can do the actions. (Children may answer the questions yes or no. They are not all afraid of the same thing. Be patient if children want to tell you about something that scared them.)

1. God helps you be brave if you are afraid of something. Are you afraid of the dark? Let's close our eyes so it is dark. Now open them.
2. God helps you be brave if you are afraid of something. Are you afraid of trying a new food? Pretend to eat something and say, "yum, yum."
3. God helps you be brave if you are afraid of something. Are you afraid of telling the truth when you know you will get in trouble? Let's say, "I'm sorry."
4. God helps you be brave if you are afraid of something. Are you afraid of going to a new place? Let's knock on a pretend door.
5. God helps you be brave if you are afraid of something. Are you afraid of a big dog? Let's bark like a dog.
6. God helps you be brave if you are afraid of something. Are you afraid of falling down when you run? Let's run in place.
7. God helps you be brave if you are afraid of something. Are you afraid of hopping frogs? Let's hop like a frog.
8. God helps you be brave if you are afraid of something. Are you afraid of clowns? Let's make a silly face like a clown would.
9. God helps you be brave if you are afraid of something. Are you afraid of birds? Let's flap our wings like a bird.
10. God helps you be brave if you are afraid of something. Are you afraid of riding a horse? Let's sound like a horse.

Movement Game

Supplies:

- Masking tape
- Three beanbags

Before class, tape an outline of a figure that is 9 feet tall on the wall or floor

Today we are going to play a game called ***Rock the Giant***. We will take turns being David. You will walk right up to that giant and say, "I am not afraid. God is with me." Then you will throw the beanbags at the giant, trying to hit his head. Make sure all children get a chance to play.

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. ***God helps me be brave.***

Let's sing our song of the week.

Song: to the tune of *London Bridge*

Capitalized words or syllables indicate down beat in each measure for emphasis.

GOD helps **ME** be **BIG** and **BRAVE**,
BIG and **BRAVE**, **BIG** and **BRAVE**.
GOD helps **ME** be **BIG** and **BRAVE**.
THANK YOU, G-od.

Let's pray now. Fold your hands and repeat after me:

Dear God, Dear God,
You are with us. You are with us.
We love you. We love you.
Help me be brave. Help me be brave.
Thank you, thank you, thank you. Thank you, thank you, thank you.
In Jesus' name. In Jesus' name.
Amen. Amen.

Large Group Wrap-Up (5-10 minutes)



Lesson Review:

Presenter reviews the lesson with questions or by supplying key parts of the lesson with some words left out. Children are to supply the answers as the presenter shares the Bible Event.

See if you know the words I'm thinking of when I tell the Bible Event. If you know it, you may say it out loud without raising your hand.

David was a young boy who loved God. David took care of sheep or frogs? (Sheep.) One day he brought something to help his brothers who were fighting in the army. Was it lunch or a basket of flowers? (Lunch.) David was surprised to see that the army was afraid of someone. Who were they afraid of, spiders or a big giant named Goliath? (A giant named Goliath.) David knew that God would help him be brave and defeat the giant. David did not use a sword or a shield or a spear to fight the giant. Did he use a slingshot to throw a rock or did he use water balloons? (A slingshot and a rock.) David defeated the bad giant. He knew that he had special help. Did God or David's mommy make David brave? (God.) Will God help us be brave when we pray to him? (Yes.)

Lesson Prayer:

Let's fold our hands and pray. Repeat after me.

Dear God, Dear God,

You are with us. You are with us.

We love you. We love you.

Help me be brave. Help me be brave.

Thank you, thank you, thank you. Thank you, thank you, thank you.

In Jesus' name. In Jesus' name.

Amen. Amen.

Lesson Song:

Let's sing our song of the week.

Song: to the tune of *London Bridge*

Capitalized words or syllables indicate down beat in each measure for emphasis.

**GOD helps ME be BIG and BRAVE,
BIG and BRAVE, BIG and BRAVE.
GOD helps ME be BIG and BRAVE.
THANK YOU, G-od.**

Take Home Point:

Let's practice the Take Home Point. I'll say it first and you repeat after me: *God helps me be brave. God helps me be brave.

Lead the children in singing songs from a CD until parents begin arriving. Let parents know that they are welcome to join in. Dismiss by handing out God Talk at Home.

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