



**Date:** \_\_\_\_\_  
**Series:** Jesus Is the King  
Winter Year 1, Lesson 43

# Series Review

**Take Home Point:** \*Crown Jesus King of your life.

\*Repeat this phrase throughout the lesson.

**Bible Event:** Jesus' life showed he was truly the promised King.

**Key Verse:** Matthew 27:11: "Jesus stood in front of the governor, Pilate. The governor asked him, 'Are you the king of the Jews?' 'Yes, I am,' Jesus answered."

**We will help kids know:**

- A review of Jesus' life and ministry from the Gospel of Matthew, showing Jesus to be the King.
- As we trust Jesus as our Savior, we can follow him as King of our lives.

**We will help kids feel:**

- Excited about knowing the Bible, especially what is reviewed today.
- Confident of their relationship with God through faith in Christ.

**We will help kids do:**

- Play games that challenge them to know and remember Bible events.
- Pray and open their hearts to receive the grace of God's forgiveness and Jesus as King of their lives.

# THIS LESSON'S ROADMAP

DESTINATION	PAGE #	DISCOVERIES ON YOUR JOURNEY	SUPPLIES NEEDED
<b>Small Group Warm-Up</b> 	3	Kids play the game "Crown Him the King" (similar to the game "Connect Four"). This game is a review for the Bible events primarily from the Gospel of Matthew.	<ul style="list-style-type: none"> <li>• "Crown Jesus the King" Question List (pages 6-9)</li> <li>• game sheet (page 10)</li> <li>• two different sets of tokens symbolizing crowns for each group. These tokens could be checker pieces, pennies and nickels, or two different types of small candies.</li> </ul>
<b>Large Group</b> 	4  11-12  12-14  15  16	<b>Overview</b>  <b>Puppet Presentation:</b> "Gordy Gives Up His Crown"  <b>Interactive Drama:</b> "Who's King of Your Life?"  <b>Puppet Presentation Conclusion:</b> "Gordy Gives Up His Crown"  <b>Interactive Game:</b> "Crown Him King" ( <i>optional</i> )	<ul style="list-style-type: none"> <li>• Gordy with tokens from small group warm-up taped to his hands</li> <li>• chair draped in a cloth to make it appear as a throne. Label the chair "Throne of Your Life."</li> <li>• paper crown</li> <li>• soccer ball</li> <li>• set of game controls from a video game</li> <li>• school paper with a large "A" written on it</li> <li>• marker</li> <li>• box (<i>optional</i>)</li> <li>• Frisbee (<i>optional</i>)</li> </ul>
<b>Small Group Application</b> 	4-5	Continue playing the review game started in small group warm-up.	<ul style="list-style-type: none"> <li>• same supplies used in small group warm-up</li> </ul>

# Small Group Warm-Up: 15 minutes



**Purpose:** *Get pointed in the right direction! Build relationships and help guests feel at ease. Do the learning readiness activity that will point your group in the right direction for the lesson.*

Play the game “Crown Him the King,” which is similar to the game “Connect Four.” This game is a review for the Bible events primarily from the Gospel of Matthew. For the game you will need a “Crown Jesus the King” Question List, a game sheet, and two different sets of tokens symbolizing crowns. These tokens could be checker pieces, pennies and nickels, or two different types of small candies.

*The object of the game is for one of the two teams to get four crowns in a row on the game sheet. To be able to place a crown on the game sheet, a team must be able to answer a question correctly.*

Divide your group into two teams, and give each team a set of crown tokens. Explain the rules of the game.

**Today we are going to play the game, “Crown Him the King.” To play the game each team takes turns answering review questions from the life of Jesus mostly found in the book of Matthew in the Bible. If a team answers a question correctly, they place a token on the game sheet. The object of the game is to get four tokens in row while blocking the opposing team from getting four in a row.**

**If a team gives an incorrect answer to a question, the opposing team has a chance to answer that question. If the opposing team answers the question correctly, they can place a token on the board and then receive another turn.**

**Each person on the team takes a turn answering a question. Each team is allowed four passes. A pass allows a person to pass a question he cannot answer to another team member.**

*Don't feel like you need to complete all of the questions during this time. This activity is designed to continue in small group application.*

Before going to large group, introduce the take home point for the day.

**Today in large group we will learn we should *\*crown Jesus King of your life.* What do you think it means to “crown Jesus King of your life”? (Objectively listen to all answers to get an idea of what kids already know.)**

## Large Group: 20-30 minutes



**Purpose:** *Help kids observe what the Bible says. Present the Bible Event in creative fashion. Help kids begin to interpret what it means.*

### Overview

#### **Puppet Presentation:** “Gordy Gives Up His Crown”

Gordy sneaks more game tokens as a means to win the game.

#### **Interactive Drama:** “Who’s King of Your Life?”

A child volunteer illustrates what kinds of things people often place on the “Throne of Your Life.”

#### **Puppet Presentation Conclusion:** “Gordy Gives Up His Crown”

Gordy learns that we can place Jesus on the throne of our lives instead of trivial things to bring true contentment.

#### **Interactive Game:** “Crown Him King” *(optional)*

This is an option for those churches that would like to spend more time in large group reviewing Bible events.

## Small Group Application: 20-25 minutes



**Purpose:** *Help kids map out the meaning of the Bible event in their lives. Use the questions to stimulate discussion, but don't feel tied to them. Allow the Holy Spirit to guide you. Include personal examples from your own faith journey. The example of Christ at work in your life will leave lasting impressions of how Christ can work in the children's lives.*

*Use your Bibles! Children need to learn how to look up references and follow along when scripture is read aloud. Allow for quality time of prayer at the close of the lesson.*

### **Observation Questions: What happened?**

Continue playing the review game using the observation questions on pages 6-9.

### **Interpretation Questions: What does this mean?**

**Think of some of the people Jesus met during his life in ministry on earth. How were their lives different after they met Jesus?** *(Answers will vary but could include the disciples, people whom he healed, or people who opposed him. Help kids discover that peoples' lives were changed when they recognized Jesus to be the King of God's kingdom on earth. Help the children discuss the ways these peoples' lives were different.)*

## **Application Questions: What does this mean to me?**

**Have you crowned Jesus King of your life?** *(Children should not be forced to give a “correct” answer. Hopefully, they are led to the challenge of following Jesus as the King of their lives.)*

**How do you crown Jesus King of your life?** *(Just like Gordy did in large group, you just ask him. When you trust Jesus as King, you trust him to be your Savior. He will forgive your sins and give you the power to follow him. He will then be on the throne of your life instead of other things.)*

**Why is it important to crown Jesus King of your life?** *(He is the **only way** to be saved and to have true joy and contentment.)*

**What are ways others can see that Jesus is the King of your life?**

**Remember, Jesus came as King to rule our lives. \*Let’s crown him as King of our lives.**

### Closing Prayer:

Give children the opportunity to pray for all of their needs. Let them pray to follow Jesus as king of their lives. Close with the following.

**Dear Jesus, thank you for being a king who came into this world to give your life for us. Because of that, we can be forgiven and be a part of your kingdom. Now we ask that you would be King over the throne of our life. If there is anyone here who does not know you as King in his life or has never prayed that, we ask that you would help that person trust you right now. We pray that you would rule as King in our hearts. In Jesus’ name, Amen.**

**Safety and Security:** Safety and security procedures are important for each church to carefully define and implement according to their unique needs. The security, safety, illness and accident procedures described in this curriculum are provided for example purposes only and may not be appropriate, applicable or adequate for every situation. Each church is responsible for determining whether any security, safety, illness and accident procedures contained in the curriculum are appropriate, applicable or adequate for its unique situation. The activities described in this curriculum require adult supervision and may not be suitable for each child and each situation. Each church is responsible for ensuring that adequate adult supervision is provided for all activities and for determining whether an activity is appropriate for each child and each situation. Kids Kount Publishing disclaims all liability for the implementation of any procedures or the performance of any activities described in this curriculum.

## **“Crown Jesus the King” Question List**

**Note:** *Perhaps your group did not study all of the Bible events covered in the following questions. Please select according to what you have covered.*

1. **Ancestors are people whose family you are born into. For example, your parents, grandparents, and great grandparents are your ancestors. One of Jesus’ ancestors was Abraham. Which of the following are ancestors of Jesus? (Hint: There are three.)** *(Matthew 1:1-6.)*
  - a. **Isaac**
  - b. **Jacob**
  - c. Moses
  - d. Goliath
  - e. **David**
  
2. **The Bible says people walked in darkness. This means they did not understand and follow God’s ways. They were waiting for the light, and the light finally came. Who was the light?** *(John 1:9. Jesus.)*
  
3. **Mary was supposed to have a baby but she wasn’t married to Joseph. The baby inside her was God’s Son. How did Joseph find out that this was God’s plan and he was supposed to marry Mary and be a father to Jesus?** *(Matthew 1:20-23. An angel appeared to him in a dream.)*
  
4. **The angel told Joseph that God wanted the baby’s name to be \_\_\_\_\_? (Hint: This name means “Savior.”)** *(Matthew 1:21)*
  - a. Messiah
  - b. Emmanuel
  - c. **Jesus**
  
5. **Describe the place where Jesus was born.** *(Luke 2:7. A barn or a place where there was a manger.)*
  
6. **Kings are usually born in great palaces, but Jesus was born in a barn. This helps to show what kind of king he would be. Would he be a king interested in:**
  - a. **Serving others.**
  - b. Having others serve him.
  
7. **When Jesus was born, the angels announced the birth to a special group of people. They did not announce the birth to famous and important world leaders. Who was the first group that heard Jesus was born?** *(Luke 2:8-12. Shepherds.)*
  
8. **What did the shepherds do after the angels left them?** *(Luke 2:15.)*
  - a. They went back to sleep.
  - b. **They went to Bethlehem to see what the angels were talking about.**
  - c. They argued with each other about whether they had really seen angels or not.
  
9. **What did the shepherds do when they returned home after seeing baby Jesus?** *(Luke 2:20.)*

- a. They quit their jobs as shepherds and became pastors.
  - b. **They glorified and praised God for what they had seen.**
  - c. Went back to bed.
10. Sometimes we feel broken on the inside. We are broken by sin in our world. We can feel sad on the inside because of the bad we have done or because of the bad things in this world. What did God do to help fix our brokenness?
- a. He helped us invent bandages.
  - b. He told us to work harder at trying to be good.
  - c. **He sent his Son Jesus, to be our king and give his life for us.**
11. How did the wise men know a king had been born? (*Matthew 2:1-2. They had seen a star in the east and had come to worship him.*)
12. Herod was the ruling king when Jesus was born. What did he want to do if he could find baby Jesus? (*Matthew 2:13*)
- a. Worship Jesus.
  - b. **Kill Jesus.**
  - c. Ask Jesus if he could borrow his crown.
13. How did the wise men know not to return to Herod and tell him where the baby was? (*Matthew 2:12. God warned them in a dream.*)
14. What was the message John the Baptist preached? (*Matthew 3:2-3.*)
- a. Recycle and don't litter.
  - b. **Repent and prepare for the Lord.**
  - c. If you do more good things, you will earn God's love.
15. Though Jesus came to John to be baptized, Jesus had never sinned. What did John say about baptizing Jesus? (*Matthew 3:14.*)
- a. "It's about time you got here."
  - b. "How long can you hold your breath underwater?"
  - c. **"I need to be baptized by you. Why are you coming to me?"**
16. What miraculous thing happened as soon as Jesus was baptized? (*Matthew 3:16-17.*)
- a. Fire came down from heaven.
  - b. **God's said, "This is my Son, whom I love—my Son with whom I am pleased."**
  - c. **A dove appeared.**
17. Who tempted Jesus when he went into the wilderness? (*Matthew 4:1-11.*)
- a. John the Baptist.
  - b. The Pharisees.
  - c. **The devil.**
18. The devil tempted Jesus to think more about food and forget about his mission on earth. The devil challenged Jesus to turn rocks into what? (*Matthew 4:3. Bread.*)

19. The devil tempted Jesus to use God's promises in the wrong way. He told Jesus to throw himself down from the temple and claim the promise that God would protect him. Jesus answered him by: (*Matthew 4:7.*)
- Telling him to be quiet.
  - Arguing with him.
  - Telling him what God's Word, the Bible, said.**
20. The devil invited Jesus to bow down and worship him. Jesus again told the devil what the Bible said. He said: (*Matthew 4:10.*)
- "Scripture says, 'Don't bow down to anyone.'"
  - "Scripture says, 'Satan is a liar.'"
  - "Scripture says, 'Worship the Lord your God and serve only him.'"**
21. Here are four names. Three of these are names of disciples. One name is not that of a disciple. Pick the one that is not: Peter, Andrew, John, or Luke. (*Matthew 4:18-22. Luke.*)
22. What were the disciples doing when Jesus called them to follow him? (*Matthew 4:18. They were fishing.*)
23. Jesus told the disciples they would have a new job. They wouldn't be fishing for fish anymore. What would they be fishing for? (*Matthew 4:19. People, they would be fishers of men.*)
24. Jesus says that we are like something that is a seasoning. When this seasoning is put on food it adds flavor. What is this seasoning we are like? (*Matthew 5:13.*)
- Pepper.
  - Salt.**
  - BBQ sauce.
25. Jesus says you are the \_\_\_\_\_ of the world. This is something that gets rid of darkness. What is it? (*Matthew 5:14. Light.*)
26. The Bible calls Jesus our priest. That means he will be one to speak up for us when we pray to the Father. We remember this when we end our prayers with: (*Hebrews 4:14*)
- "Amen and Hallelujah!"
  - "In Jesus' name. Amen."**
  - "I have my fingers crossed. Amen."
27. True or false. When Jesus the king healed people, he always touched them. (*False. Matthew 7:28-8:17. Sometimes he just spoke the word. Sometimes those who were to be healed touched him.*)
28. True or false. Jesus didn't just heal people from the nation of Israel. He also healed people who were enemies to Israel, such as Romans. (*True. Matthew 8:5.*)

29. Once a rich, young man came to Jesus and asked what he should do to get to heaven. When he claimed he had kept all of the commandments, Jesus said he should do one more thing. What was it? (*Matthew 19:21.*)
- Sell all he had and follow him.***
  - Stop lying about keeping all of the commandments.
  - Go to church more often.
30. When the rich man walked away because he couldn't give up his riches to follow Jesus, Jesus said it was harder for a rich man to get into heaven than for what animal to go through an eye of a needle? (*Matthew 19:24.*)
- Donkey
  - Camel***
  - Dinosaur
31. Since it is impossible to get a camel through the eye of a needle, "then who can be saved?" That is what the disciples asked. What was Jesus' answer? (*Matthew 19:26.*)
- "Everything is possible for God."***
  - "You just get a really small camel."
  - "No one can be saved."
32. Jesus saw large crowds and felt sorry for the many who were sick and the many who did not know him. What did he tell the disciples to ask the Lord to do so the people would be helped? (*Matthew 9:38.*)
- Ask God to send workers to help them.***
  - Make them stop complaining.
  - Ask God for help in what to do.
33. True or false. Jesus gave power to his disciples to go out and help people. They could cure the sick and force demons out of people. (*True. Matthew 10:8.*)
34. Will everyone be happy to receive the followers who come in Jesus' name? (*Matthew 10:22-23.*)
- Yes, everyone will be glad to hear the good news of Jesus.
  - No, some people will hate the messengers and try to kill them.***
  - They will like them if they bring plenty of candy.
34. True or false. Jesus called his disciples to follow him, but he never meant for kids to follow him. (*False.*)
35. The Pharisees sometime taught that people could get to heaven by just doing more religious things and keeping more religious rules. Did Jesus agree or disagree with this? (*Matthew 23:1-10. Jesus disagreed.*)
36. Jesus said, "Come to me, all who are tired from carrying heavy loads, and I will give you \_\_\_\_\_." (*Matthew 11:28.*)
- more to carry.
  - rest.***
  - peanut butter sandwiches.
37. True or false. Jesus said, "You will find rest for yourselves because my yoke is easy and my burden is light." (*Matthew 11:29-30*) That meant Jesus did everything necessary for us to have a friendship with God. (*True.*)

**“Crown Jesus the King”  
Game Sheet**


# **“Gordy Gives Up His Crown”**

## Puppet Presentation

**Mr. King:** Welcome, kids, to Kingdom Quest! We are reviewing so much of what we have learned about Jesus’ life. We have spent a lot of time in the Gospel of Matthew. There we have learned that Jesus is the King. Let’s ask Gordy to come up and tell us some of the things he has learned.

*(Kids chant, “Gor-dy! Gor-dy! Gor-dy!”)*

Gordy: *(Enters with some tokens from the small group warm-up game taped to his hands.)*

**Mr. King:** Gordy, what have you learned about Jesus as the King?

Gordy: I have learned that I need some more crowns.

**Mr. King:** You need some more crowns?

Gordy: Yes, like these in my hands.

**Mr. King:** Why do you need more?

Gordy: So I can win the game and get big cash prizes. You know—cash, candy, cars. The usual. Do you have any of these crowns?

**Mr. King:** I’m sorry, I don’t. But you know the rules of the game. You have to answer the questions right before you can put down a crown.

Gordy: Well, I thought I might have a couple crowns just in case everyone looked the other way and one of them accidentally slipped out of my hand and landed on the board. Hey! Look over there!

**Mr. King:** *(Glances the other away.)* Where? Oh, Gordy! Don’t try those silly tricks during these games. It won’t work.

Gordy: It worked on you.

**Mr. King:** Yes, but there is something more important that we want to learn about crowning Jesus the King.

Gordy: More important than winning the game?!

**Mr. King:** Absolutely. We want to learn how we can crown Jesus King of our lives. That’s much more important than any game.

Gordy: How do you do that?

Mr. King: Let me show you. We are going to watch a special dramatic presentation called “Who’s the King of Your Life?” After that, I will ask some questions to see if you understand how Jesus can be the King of your life.

## “Who’s the King of Your Life?”

### Interactive Drama

#### Props:

- *chair draped in fabric to make it appear as a throne should be placed in the center of the stage. It should be labeled, “Throne of Your Life.” **Set this chair up in advance.***
- *paper crown*
- *soccer ball*
- *set of game controls from a video game*
- *school paper with a large “A” written on it*

Select a volunteer from the audience and give him/her a false name so the kids will not think personally of the child but understand this is an example.

Mr. King: Thank you for volunteering. Everyone, use your imaginations with me. Let’s imagine that this is Suzy. How do you do, Suzy?

**Now everyone imagine that this chair here is the throne of Suzy’s life. It’s like this throne is in Suzy’s heart. Whatever is on this throne is boss of her life.**

*(Puts a crown on Suzy’s head.)* **Suzy is queen of her life, and she will put things on this throne that will make her happy. These things will be some of the most important things to her and will help determine what choices she makes in life. Suzy, what are you going to put on the throne of your life?**

**Well, since I’m making up the story, I’ll tell you what you will put there. The first thing you will put there is soccer. As you know, Suzy is very good at soccer so let’s put soccer on the throne of her life. Let’s have her live for soccer.** *(Hands soccer ball to child and she places it on the throne.)*

**Suzy, how do you like living for soccer?** *(Accept any answer from the child.)*

I suppose it's true that soccer may not be enough to keep your life fulfilled. Let's try something else like playing video games. *(Hands video game controls to child and she places them on the throne.)*

Suzy, maybe playing more games and getting more toys will make you happy. Maybe *sitting* that on the throne of your life while playing video games would be good. What do you think of that?

No, I guess that wouldn't work either. After a while you would get tired and bored with it. I don't think God designed us just to live for video games.

Suzy, let's try this. *(Hand her a paper marked with an "A.")* I can see that you are an excellent student and you make A's. Let's put making good grades at the center of your life. If you can just make good grades, maybe that will be the focus your life and you'll be happy. That could be the purpose of your life.

What do you think, kids? Is just making good grades important enough to be the very throne of your life? You're right. I don't think so.

Suzy, I think you have a problem here. I see you are wearing a crown so you must be in control. You are trying different things on the throne of your life that would be the things to rule over your life. But I don't think you have the right thing yet.

Kids, what do you think is the right thing? Or *who* do you think it is? Right! It's Jesus.

Suzy, is soccer a bad thing? Of course not. Is playing games a bad thing? Of course not. Is making good grades a bad thing? Of course not. These are wonderful things, but they are not supposed to be the most important things in your life.

What is supposed to be most important? God made you so you could be friends with him and do things his way. That's why God sent his Son Jesus to give his life for you. Jesus wants to be King over all you do.

Jesus claimed to be a king. In Matthew 27, the governor, Pontius Pilate asked him, "*Are you the king of the Jews?*" *'Yes, I am,' Jesus answered.*" But Jesus was a different kind of king. He was a king who came to serve and to give his life for his people. *(Take the crown off Suzy's head and draw a cross on it. Then set the crown on the throne.)* Jesus said, "I have come so that you can have life and have the very best life possible." That happened when Jesus died on the cross for

**our sins. We can have the very best life possible when we make Jesus King and let him rule on the throne of our life.**

**What should you do with the soccer ball? Should you still play? Sure! But let's put the soccer ball at the bottom of the throne. Remember that you can use your soccer playing to give glory to God. When you kick a goal, you can give thanks to God who helped you do it.**

**What should you do with the video game controls? Let's put them at the foot of the throne as well. Do you think God would want us to have fun and play games? Of course! But he wants to make sure that's not all we live for.**

**What should you do with your good grades? Should you try to make good grades? Of course! Let's put this at the foot of the throne because it shouldn't be the most important thing in your life. When we have Jesus sitting on the throne of our lives, he can help us do well in school.**

**So now we see Suzy who has crowned Jesus the King of her life. He is on the throne and she is not putting all these other things there. Let's clap for Suzy.**

## **“Gordy Gives Up His Crown”**

### **Puppet Presentation Conclusion**

Gordy: Mr. King, how do we have Jesus on the throne of our lives?

**Mr. King: It’s pretty simple, Gordy. You just ask him. As a matter of fact, I ask him every day of my life. Asking him to be on the throne of my life reminds me that I want him, not me, to be in control.**

Gordy: You mean you just say, “Jesus, I want you to be King of my life”?

**Mr. King: That’s right.**

Gordy: But what if he’s King of my life and I still do dumb stuff, like not following him in everything I do.

**Mr. King: Gordy, he still wants to be King of your life. But remember this: Jesus is the King who died on the cross to pay the punishment for all your sin. When you trust him as King, you trust him to be your Savior. He will forgive your sins and give you the power to follow him. He’ll be on the throne in your life instead of these other things.**

Gordy: Oh, okay! Then I think it would be cool if we all crowned him as King to the throne of our lives.

**Mr. King: Let’s do that. Gordy, why don’t you pray and you can say it for all of us.**

Gordy: Dear Jesus, thank you for coming to be King in our world. Thank you for wanting to be King in our lives. I give up my crown and I give up crowning other stuff and give it all to you. Please be my King and sit on the throne of my life. Thank you for forgiving me and loving me. Amen.

## **“Crown Him King”**

### **Interactive Game (Optional)**

*This game is a review of the past lesson's key verses.*

Place a box on the throne used in the interactive drama. The box should be tipped to its side so it is easy to throw a Frisbee into. The Frisbee should be marked with a crown and a cross.

Have eight competitors come forward to make two teams, such as boys versus girls. Each team can consult one another for answers. Regularly change the players on each team. For example, after a group has been up front for a time, they can be replaced by tagging their own replacements.

The contest involves the teams guessing the missing word in the Bible verse. The first team to guess correctly will have an opportunity to throw the Frisbee from a distance of eight feet and land it in the box. The team with the most scores wins.

Questions for the game are as follows.

1. **A verse in the Old Testament talks about when Jesus will come. It says, “The people who walk in darkness will see a bright \_\_\_\_\_. (Isaiah 9:2. Light.)**
2. **Matthew 1:21 says, “She will give birth to a son, and you will name him Jesus, because he will save his people from their \_\_\_\_\_. (sins)**
3. **John 3:16 says, “God loved the world this way: He gave his only \_\_\_\_\_ so that everyone who believes in him will not die but will have eternal life.” (Son)**
4. **Luke 2:20 says, “As the \_\_\_\_\_ returned to their flock, they glorified and praised God for everything they had seen and heard.” (shepherds)**
5. **John 10:10 says, “A thief (Satan) comes to steal, kill, and destroy. But I came so that my sheep will have \_\_\_\_\_ and so that they will have everything they need.” (life)**
6. **When Jesus was baptized a voice came from heaven and said, “This is my \_\_\_\_\_, whom I love.” (Matthew 3:17. Son.)**
7. **Hebrews 4:12 says, “God’s word...is sharper than any two-edged \_\_\_\_\_.” (sword)**
8. **“Come, follow me!” Jesus said, “I will teach you how to catch \_\_\_\_\_ instead of fish. (Matthew 4:19. People.)**
9. **Matthew 5:16 says, “Let your \_\_\_\_\_ shine before people.” (light)**
10. **Matthew 11:28 says, “Come to me, all who are tired from carrying heavy loads, and I will give you \_\_\_\_\_. (rest)**