



**Kingdom Quest Seminar
Session One**

From “WOW” to “AHA!”

What Are the Essential Ingredients that Make a Lesson Sizzle!



**The “WOW” ...the attention grabber!
The “AHA”...the take-home life application!
What happens in between that makes a lesson
sizzle?**



Throughout every lesson are:
Principles of HIGH IMPACT DISCIPLESHIP

High Impact Discipleship *is experiencing the love of Jesus in such a complete way that you love the Lord your God with all your HEART, with all your SOUL, with all your MIND, and with all your STRENGTH. And LOVE YOUR NEIGHBOR as yourself. How?*

Essential Ingredients

- Touch the _____.
- Open the _____.
- Teach the _____.
- Involve the _____.
- Equip to _____.

TOUCH THE HEART

Principle: Connect with _____.

Kids encounter a Biblical truth at a deeper level by encountering it emotionally as well as rationally. Kids need to talk about how they feel when they encounter certain life situations. This also helps build relationships in the small group. Therefore, one of the most valuable skills for a shepherd is how to listen and ask the right types of questions.

Principle: Tickle the _____.

The more the student is aware of his need, the more he will be receptive to what God is providing to meet that need. This is most effective at the beginning of a lesson and should grab their attention. Kingdom Quest uses the 15-minute Warm-Up for this in the elementary ages and puppets in preschool ages.

OPEN THE SOUL

Principle: Keep _____ the _____ of every lesson.

Every Bible event points to Jesus, because he is the central message of the Bible and the only hope for our rescue and our transformation.

Principle: Give kids _____ to respond.

Kids today live in a fast-paced world. Even their Kingdom Quest experience moves at a steady clip. But kids need time to slow down and consider what God is saying to them. They need time to think. They need time to respond to the claims of the gospel. They need time set aside to pray.

TEACH THE MIND

Principle: _____ one main point.

It is better to emphasize one point that sticks with kids than to teach so many concepts they cannot grasp the main idea. John 16:12 says, *"I have many more things to say to you, but they are too much."* Read the Take Home Point several times throughout the lesson."

Principle: _____ learning experiences together.

Lessons are more effective when the learning activities are directed toward a main point. Teaching metaphors should tie together as well. For example, an aluminum can be used as a Warm-Up and then later used to make a craft.



INVOLVE THE BODY

Principle: Use multiple _____.

The more senses used in teaching (hearing, seeing, touching, tasting, smelling), the more effective the learning:

- We remember 5-10% of what we hear.
- 25% of what we see and hear.
- 40-60% of what we act out.
- 80-90% of what we directly experience.

Principle: Involve kids in _____ activities that _____ God's truth.
“Tell me and I’ll forget. Show me and I may remember. Involve me and I’ll understand.”

EQUIP TO SERVE

Principle: Every lesson leads to _____. End with the Aha!

There should be a balance between information and application. It is not just what we know, but how we encounter God and are changed into his likeness. This is application. Jesus’ messages were a balance between doctrine and practice, knowing and doing.

